



Jack Targett

HNC/HND in Sport and Exercise Science

City of Bath College - England

What did you gain from your Higher National?

The HND has been more than a simple qualification - it has guided me down the route of what I wanted to do in my career.

How have these skills made a difference in your career?

Now working in professional sport.

Do you have any career tips or advice for current or prospective Higher National students?

Volunteer for experience and take all opportunities you are offered.

What does your current role involve?

Working in **professional sport at Bristol Rugby** as a Sports Massage Therapist. Leading other therapists and recovery strategies.

What are your future plans?

Continuous development within my field to expand my knowledge and bring more to the team.