



Sport



Sport

Do you enjoy being active, keeping fit, learning about wellness or coaching others? Would you like to have a career in sports, physical activity or nutrition?

Studying a BTEC in Sport is a great way to learn about working in the sport and physical activity sector. There are so many careers involved in sport – sports coach, sports therapist and sports psychologist, to name a few.

On BTEC Sport courses you'll learn in and outside the classroom, getting to grips with the theory behind sport as well as getting involved in playing it. This will give you a well-rounded understanding of the subject, whilst also providing a unique platform to explore and nurture a whole range of transferable skills for yourself and your career.

[**Learn more about Sport options**](#)

Career options

Personal Trainer/Fitness Instructor

Nutritionist

Psychologist

Sports Analyst

Sports Media

Leisure Manager

Sports Coach

Outdoor Activities Instructor

Sports Development

Health and Wellbeing Coach

Sports Therapy

Sports Event Management

Top 5 skills

1. Communication and reflection
2. Decision-making and problem-solving
3. Teamwork
4. Organisation
5. Leadership



CASE STUDY



Megan Piechowiak

Studied: BTEC International L3 in Sport, at Jumeirah English Speaking School.

Course highlights: Building on technical understanding of the subject as well as gaining valuable practical experience.

Next steps: Graduated with BSc in Sport, Physical Education and Coaching Science and PGCE. Now a PE Teacher.

Progression map: Sport

BTEC

1st First
TA Tech Award

Dip Diploma
Nat National

TOE Technical Occupational Entry
AAQ Alternative Academic Qualification

HNC Higher National Certificate
HND Higher National Diploma

Apprenticeship

T Level





Example Progression Route

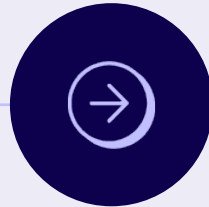
Job Role: Sports Development



- ♦ BTEC Level 2 Technical Occupational Entry for Leading Community Activity (Diploma)



- ♦ BTEC Level 3 National Extended Diploma in Sports Coaching and Development (2019)



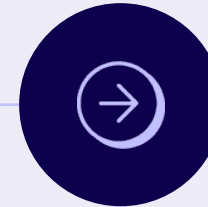
- ♦ BTEC Higher Nationals Community Coaching for England (2023) - RQF (HTQ)

OR

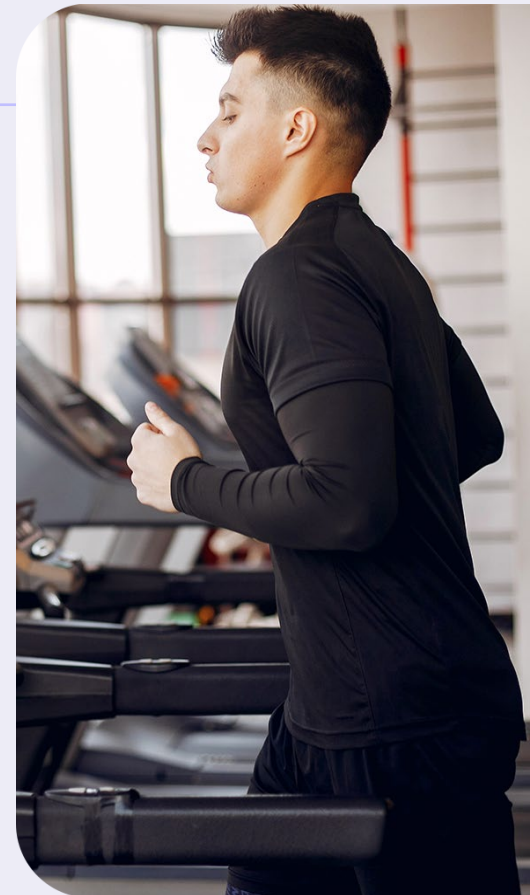
- ♦ BTEC Level 4 Higher National Certificate in Sport - Coaching and Participation Manager (2027)

OR

- ♦ Sports Coach (L4)



- ♦ BTEC Level 5 Higher National Diploma in Sport - Coaching and Participation Manager (2027)





Example Progression Route

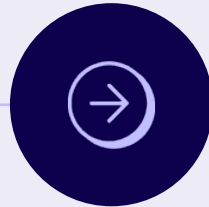
Job Role: Sports Coach



- ♦ BTEC Level 2 Technical Occupational Entry for Leading Community Activity (Diploma)



- ♦ BTEC Level 3 National Extended Diploma in Sports Coaching and Development (2019)



- ♦ BTEC Higher Nationals Community Coaching for England (2023) - RQF (HTQ)

OR

- ♦ BTEC Higher Nationals High Performance Coaching for England (2023) - RQF (HTQ)

OR

- ♦ Sports Coach (L4)





Example Progression Route

Job Role: Sports Performance Analyst



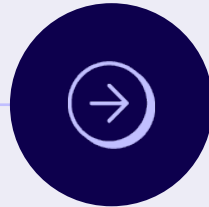
- ♦ BTEC Level 2 Technical Occupational Entry for Leading Community Activity (Diploma)



- ♦ BTEC Level 3 National Diploma Sport and Exercise Science (2016 and 2017)

OR

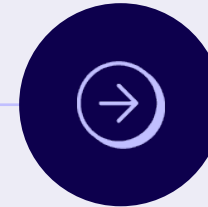
- ♦ BTEC Level 3 National Extended Diploma in Sports Coaching and Development (2019)



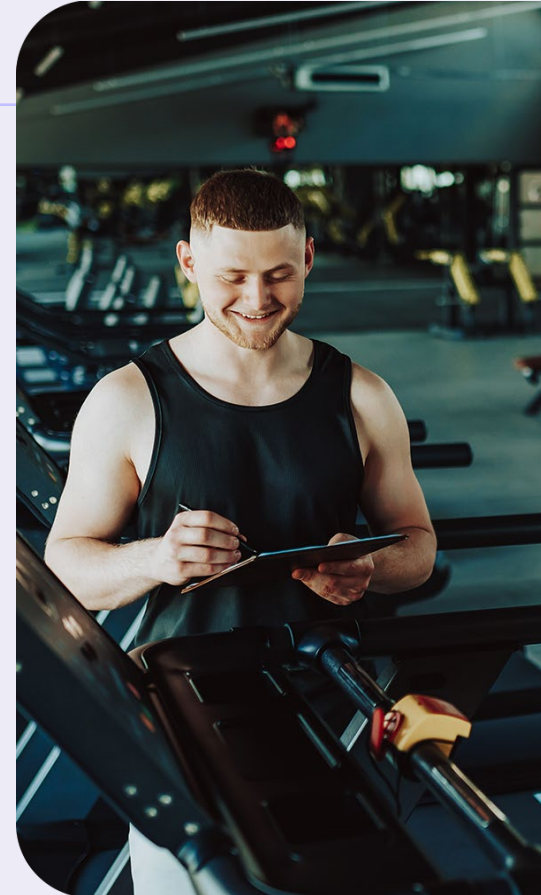
- ♦ BTEC Higher Nationals Community Coaching for England (2023) - RQF (HTQ)

- ♦ BTEC Higher Nationals High Performance Coaching for England (2023) - RQF (HTQ)

- ♦ Sports Coach (L4)



- ♦ BTEC Level 5 Higher National Diploma in Sport and Exercise Science (Coaching and Performance Analysis)





Example Progression Route

Job Role: Strength and Conditioning Coach



- ♦ BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma)



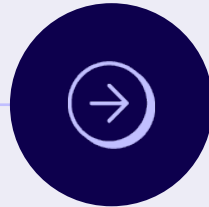
- ♦ BTEC Level 3 National Diploma Sport, Fitness and Personal Training (2019)

OR

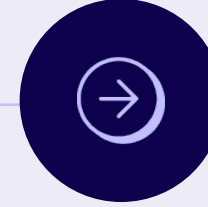
- ♦ BTEC Level 3 National Diploma Sport and Exercise Science (2016 and 2017)

OR

- ♦ BTEC Level 3 Technicals Personal Trainer (2025)



- ♦ BTEC Higher Nationals Level 4 HNC Sport and Exercise Science – Strength and Conditioning with Advanced Exercise Prescription (2027)



- ♦ BTEC Higher Nationals Level 5 HNC Sport and Exercise Science – Strength and Conditioning with Advanced Exercise Prescription (2027)





Example Progression Route

Job Role: Community Sports Leader



- ♦ BTEC Level 2 Technical Occupational Entry for Leading Community Activity (Diploma)



- ♦ BTEC Level 3 National Extended Diploma in Sports Coaching and Development (2019)



- ♦ BTEC Higher Nationals Community Coaching for England (2023) - RQF (HTQ)



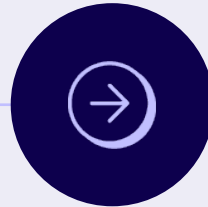


Example Progression Route

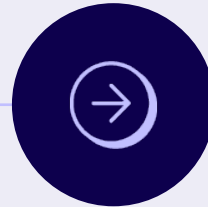
Job Role: Health and Wellbeing Coach



- ♦ BTEC Level 2 Technical Occupational Entry for Gym Instructors (Diploma)



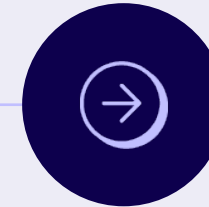
- ♦ BTEC Level 3 National Diploma Sport, Fitness and Personal Training (2019)



- ♦ BTEC Level 4 Higher Nationals HNC Sport – Health and Wellbeing Coach (2027)

OR

- ♦ BTEC Higher Nationals Community Coaching for England (2023) - RQF (HTQ)



- ♦ BTEC Higher Nationals Level 5 HND Sport – Health and Wellbeing Coach (2027)





Example Progression Route

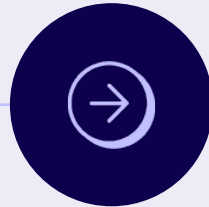
Job Role: Sports Event Management



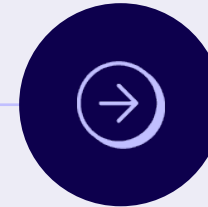
- ♦ BTEC Level 2 Technical Occupational Entry for Leading Community Activity (Diploma)



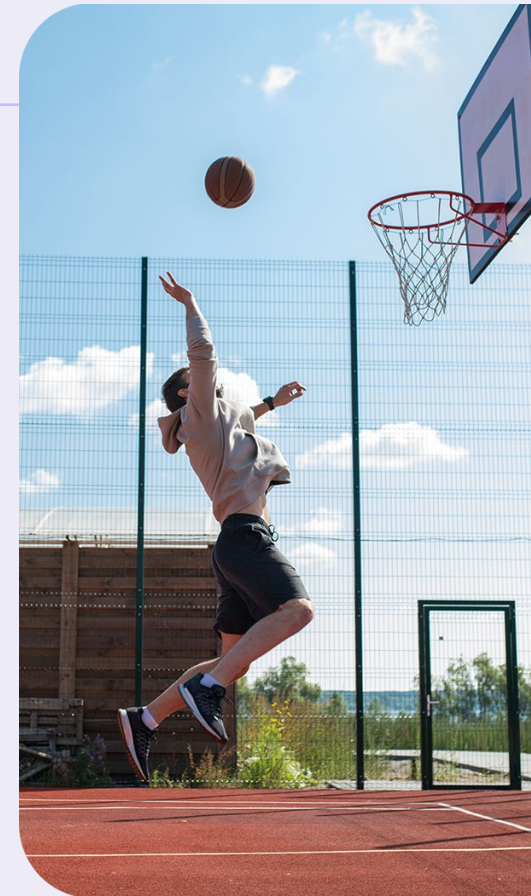
- ♦ BTEC Level 3 National Extended Diploma in Sports Coaching and Development (2019)



- ♦ BTEC Level 4 Higher National Certificate in Sport - Coaching and Participation Manager (2027)



- ♦ BTEC Level 5 Higher National Diploma in Sport - Coaching and Participation Manager (2027)





Take your next step: Speak to your
local education provider.