

Structures of the BTEC Level 1 Introductory qualifications in Health and Social Care

Key

C Core skills unit

S Sector skills unit

Unit (number and title)	Unit Size (GL/TQT)	Certificate (180 GL/TQT)	Diploma (360 GL/370 TQT)
Group A units			
1 Being Organised*	30	C	C
2 Developing a Personal Progression Plan	30	C	C
3 Working with Others	30		C
4 Researching a Topic*	30		C
Group B units		take 3 units from Group B	take 6 units from Group B
5 Finding Out About Health and Social Care Services to Meet Specific Needs	40	S	S
6 Communication Skills for Health and Social Care	40	S	S
7 Making Healthy Snacks When Caring for People	40	S	S
8 Advising Others About Healthy Lifestyles	40	S	S
9 Providing a Creative Activity When Caring for People	40	S	S
10 Supporting Others to Use Adapted Equipment Safely	40	S	S
11 Measuring Older Adults' Fitness Levels for Everyday Tasks	40	S	S
12 Visiting a Health and Social Care Setting	40	S	S

* unit title to be confirmed