7 Ways to keep creative at home

1 Create storyboards, mind-maps and mood boards

Sometimes you just need to get some ideas on paper. A storyboard, mind-map or mood board can help you visualise your outcomes; you could make samples and prototypes, models or mock-ups. Annotations and descriptions are also helpful to remind you of your thought process, as are diagrams and notes.

2 Be inspired by others

Conduct research to help you develop your own creative style by looking at relevant websites and materials by different people in the creative industry. For example, watch interviews with prominent artists, performers and creative practitioners online. You can find sources of inspiration everywhere you look – even when watching TV or on social media.

3 Ask for friendly feedback

Test your ideas out on the people that know you best – friends and family. Asking for feedback is a great way to test out ideas before you start your work. Take advantage of emailing and video calling for this one if you can. Make sure you record their feedback for reflection later.

4 Experiment

Using different, unfamiliar styles and materials is a great way to expand your creative approach and generate new ideas. Try out some new techniques to see how you feel about them.
You might find a new favourite!

5 Positive reflection

Writing about your experiments, feedback and experience is a great way to bring the whole project together. Reflect on your ideas, explain how they are being developed and how you plan on executing them practically.

6 Practise, practise, practise

Whether it's playing a musical instrument, rehearsing a script, working with software and tools or perfecting your skills, take the time to practise. Ensure that you take regular breaks and perhaps take turns practising different things to keep the work exciting and creative.

7 Use online tutorials and resources

Whilst trips to museums, galleries, theatres, cinemas aren't practical at the moment, there are plenty of ways you can make use of this material online. Watch various live-streams (such as National Theatre) on Youtube, take a look at virtual galleries and museums. You can even look up online tutorials to develop or hone different skills.

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