

Website Exemplar

Foundation Project Unit: P101

Topic: Design and make a low
fat product suitable to sell
in a market

Project Proposal form

Learner Name

Learner number

Centre Name

Centre Number

Teacher Assessor

Date

29/3/11

Unit LEVEL 1 FOUNDATION PROJECT 2PJ10Proposed project title Design and make a low fat product suitable to sell in a market.

Section One: Title, objective, responsibilities

Title or working title of project (in the form of a question, commission or design brief)

Can a recipe for a low fat product be developed and modified to produce an original, new product suitable to sell in a supermarket?

Project objectives (eg, what is the question you want to answer? What do you want to learn how to do? What do you want to find out?):

The question I want to answer is whether I can produce a low fat product which is new to the market. I want to learn about low fat diets, nutrition content of foods, labelling and packaging, suitable recipes and to develop my skills and confidence when cooking. I want to find out what is sold in supermarkets and if there is a gap in the market. I will also carry out a questionnaire to find out people's preferences.

If it is a group project, what will your responsibilities be?

N/A

The final outcome will be a low fat product suitable to sell in a supermarket.

Section Two: Reasons for choosing this project

Reasons for choosing the project (eg, links to other subjects you are studying, personal interest, future plans, knowledge/skills you want to improve, why the topic is important):

I have chosen the project because I know somebody who is on a diet and I want to find out more information about low fat, I will find out which are the healthiest fats to use in cooking and how to adapt traditional cooking methods to make them healthier.

Section Three: Activities and timescales

Activities to be carried out during the project (eg, research, development and analysis of ideas, writing, data collection, numerical analysis, rehearsal techniques, production meetings, production of final outcome, administration, evaluation, preparing for the presentation, etc):

How long this will take:

- Research using a range of sources of information library, internet, cookery books, magazines, text books, product analysis

25 hours

- Questionnaire

4 hours
4 hours
8 hours

- Supermarket survey
- practical work to include modifications of recipes and final product

9 hours

- Evaluations of practical outcomes

- photographic evidence

- sensory testing

- final project evaluation

4 hours
3 hours

- Presentation to the class

30 minutes

Milestone one: complete all of the research on low fat except for research on packaging.

Target date (set by tutor-assessor):

18th December 2010

Milestone two: complete all practical work - design, ideas, developmental work and final product

Target date (set by tutor-assessor):

17th March 2011

Section Four: Resources

What resources will you need for your research, write up and presentation (eg, libraries, books, journals, equipment, rehearsal space, technology and equipment, venue, physical resources, finance):

Text books - to find out information on Low fat
magazines - to find any articles on Low fat and recipe ideas
Cookery books - to find suitable recipes
Internet - recipe ideas, information on Low fat
Library - to find books on Low fat

What your areas of research will cover?

Ingredients - to make my design ideas, developments and final product
Ready prepared products - to carry out a product analysis

Comments and agreement from tutor-assessor

Is the learner taking this project as part of the Diploma?

Yes ☒ No

If yes, which Diploma are they taking? _____

Comments (optional):

Is project derived from work which has been/will be submitted for another qualification?

Yes ☒ No

Which qualification (title and unit)? _____

Comments (optional):

I confirm that the project is not work which has been or will be submitted for another qualification and is appropriate.

Agreed:

(name)

29/3/11

(date)

Comments and agreement from project proposal checker

Comments (optional):

I confirm that the project is appropriate.

Agreed:

(name)

29/3/11

(date)