

Physical Activity and Nutritional Coordinator (PANCo)

This is a specialist role, accountable to either the Deputy or Setting Manager. The role allows practitioners to specialise in supporting the setting to focus on addressing the number of children who present as overweight and obese by providing foundations for families to promote healthy growth. You will require a specialist qualification where the main focus is on children's physical activity nutrition and hydration (Level 3).

In this job role you are likely to:

- Be expected to work in conjunction with the Manager, staff and cook to ensure that all staff work together to encourage active children and healthy physical development.
- Contribute to curriculum planning, to ensure there are opportunities to implement policies that meet the requirements of the Early Years Foundation Stage (EYFS) ensuring the children have a healthy diet and regular activity.
- Design activities such as; growing food, healthy teeth, washing hands and food from different cultures which will help staff to record next steps around physical development.
- Liaise with parents highlighting the food policy, arranging healthy eating promotion events and producing stimulating displays for parents and carers.
- Provide regular updates for the staff in training sessions, so you will need to have the commitment required to keep your knowledge up-to-date.

This is a role for a senior practitioner who has an enthusiastic interest in children's healthy development and can convert their interest into providing a stimulating and enabling environment, producing resources that offer protection from inactivity and poor food choices.

You could work in a Children and Families Centre, Nursery, Hospital, School or Health Clinic.