

Unit 79: Administer Oral Nutritional Products to Individuals

Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	23

Unit Aim

This unit is aimed at those working in a range of healthcare settings such as hospitals, nursing and residential homes, hospices and community settings to administer oral nutritional products to individuals. It provides learners with the opportunity to develop knowledge, understanding and skills required to prepare nutritional products and to administer them to individuals, including ensuring stock levels are maintained

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.
Evidence for skills within learning outcomes 4-6 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand how to administer oral nutritional products to individuals in line with current legislation, national guidelines, policies, protocols and good practice guidelines	1.1 Summarise current legislation, national guidelines, policies, protocols and good practice guidelines in relation to administering oral nutritional products
	1.2 Explain how medication administration charts inform the administration of oral nutritional products
	1.3 Explain how to prepare oral nutritional products
	1.4 Explain how to ensure the dignity, safety and privacy of an individual during the administration of oral nutritional products
	1.5 Explain how to check if the individual has taken the oral nutritional product

Learning outcomes The learner will:	Assessment criteria The learner can:
2 Understand common nutritional products and their uses	2.1 Describe common nutritional products and their uses
	2.2 Explain how common nutritional products should be stored
	2.3 Describe the effects of common nutritional products, relevant to the individual's condition
	2.4 Explain the importance of information labelling of nutritional products
3 Understand how to manage possible reactions to the use of nutritional products	3.1 Describe common adverse reactions to nutritional products and how to recognise them
	3.2 Explain how to deal with adverse reactions
	3.3 Explain how to deal with non-compliance when attempting to administer nutritional products
	3.4 Identify support staff to help manage reactions to the use of nutritional products
	3.5 Explain how to minimise risk of any hazards and complications occurring during the administration of nutritional products
4 Be able to prepare for oral administration of nutritional products	4.1 Apply standard precautions for infection control
	4.2 Apply health and safety measures relevant to the procedure and environment
	4.3 Confirm the individual's identity and gain valid consent prior to administering nutritional products
	4.4 Check the individual's administration record for accuracy prior to administering nutritional products, taking any necessary action
	4.5 Explain the procedure to the individual in a way that is sensitive to their personal beliefs and preferences
	4.6 Prepare an individual to receive oral administration of nutritional products

Learning outcomes The learner will:	Assessment criteria The learner can:
	4.7 Prepare nutritional products according to the administration record and standard hygiene precautions
	4.8 Select materials, equipment and aids that can be used for the oral administration of nutritional products
5 Be able to administer oral nutritional products to individuals	5.1 Administer oral nutritional products to an individual according to the administration record and in a way that minimises pain and discomfort for the individual
	5.2 Monitor the individual's condition throughout and after the administration of oral nutritional products
	5.3 Dispose of waste products in line with local policy and protocol
	5.4 Update records in line with local policy and protocol
6 Be able to maintain stock of nutritional products	6.1 Monitor and rotate stock levels, reporting any discrepancies to the appropriate person
	6.2 Maintain the correct storage conditions for oral nutritional products
	6.3 Dispose of out-of-date and part-used nutritional products in line with local policy and protocol
	6.4 Maintain stock records

Additional information about the unit

Exemplification of terms used in assessment criteria:

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

Valid consent (must be in line with agreed UK country definition) may include:

- The individual must have the mental capacity to make the decision
- The individual must have sufficient non-bias information to make an informed choice
- The individual must not be pressured into making a decision and must give consent freely.

Preferences may be based on:

- Beliefs
- Values
- Culture
- Aspirations
- Wishes.