

Unit 72: Undertake Urethral Catheterisation Processes

Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	34

Unit Aim

This unit is about insertion of urethral catheters, including re catheterisation, following agreed protocols and procedures, and covers regular monitoring and care of the urethral catheter after insertion.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 3-6 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand relevant legislation, policy and good practice in relation to carrying out urethral catheterisation	1.1 Describe the current legislation, national guidelines, and local policies and protocols which affect work practice
	1.2 Identify the correct procedures relating to urethral catheterisation
	1.3 Explain the conditions and constraints which might influence who undertakes this procedure and why
	1.4 Explain when good practice suggests it may be necessary to seek assistance from an appropriate member of staff

Learning outcomes The learner will:	Assessment criteria The learner can:
	1.5 Describe the signs and symptoms that an individual may be in pain, distress or discomfort 1.6 Describe the ethical issues surrounding catheterisation
2 Understand the relevant anatomy and physiology	2.1 Describe the anatomy and physiology of the genito-urinary system of: <ul style="list-style-type: none"> • male • female
3 Be able to prepare to insert urethral catheters	3.1 Explain the purpose of a urethral catheter to the individual and the importance of regular monitoring 3.2 Confirm the individual's identity and obtain valid consent 3.3 Identify the types of catheters that can be used 3.4 Select an appropriate catheter 3.5 Describe the local anaesthetic agents available for use when inserting urethral catheters
4 Be able to insert urethral catheters	4.1 Maintain a safe and healthy working environment, using infection prevention and control techniques including hand washing, sanitisation, disinfection and personal protective equipment (PPE) 4.2 Insert the catheter safely and correctly, with minimal trauma to the individual including: <ul style="list-style-type: none"> • securing the catheter • adjusting it correctly • attaching it correctly to the appropriate drainage system
5 Be able to monitor and care for the urethral catheter after insertion	5.1 Monitor the catheterisation equipment and materials to check they are functioning correctly 5.2 Measure and record the amount of urine collected immediately after insertion and as often as required according to care plan

Learning outcomes The learner will:	Assessment criteria The learner can:
	5.3 Empty draining bags 5.4 Maintain cleanliness of the catheter and surrounding area through regular hygiene care as required 5.5 Explain the appropriate action to remedy common problems when these arise
6 Be able to care for and support the individual during and after the procedure	6.1 Maintain the individual's comfort during and after the procedure 6.2 Recognise and respond to the signs and symptoms that an individual is in pain, or discomfort to maximise comfort and well-being 6.3 Explain the adverse effects and the actions to minimise these 6.4 Communicate information to the individual /carer on the care of the catheter and attachments

Additional information about the unit

Exemplification of terms used in assessment criteria:

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

Valid consent (must be in line with agreed UK country definition) but may include:

- The individual must have the mental capacity to make the decision
- The individual must have sufficient non-bias information to make an informed choice
- The individual must not be pressured into making a decision and must give consent freely.