

Unit 69: Move and Position Individuals Safely in Accordance with Their Care Plan

Level:	2
Unit type:	Optional
Credit value:	4
Guided learning hours:	27

Unit Aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to move and position individuals as part of their plan of care according to their specific needs.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 3 and 4 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand current legislation, policies, standards, local ways of working and codes of conduct in relation to moving and positioning individuals	1.1 Identify current legislation, policies, standards, local ways of working and codes of conduct in relation to moving and positioning individuals
	1.2 Summarise own responsibilities and accountability in relation to moving and positioning individuals
	1.3 Describe health and safety factors to take into account when moving and positioning individuals
2 Understand anatomy and physiology in relation to moving and positioning individuals	2.1 Outline the anatomy and physiology of the human body in relation to moving and positioning individuals
	2.2 Describe the impact of specific conditions on the movement and positioning of an individual

Learning outcomes The learner will:	Assessment criteria The learner can:
3 Be able to minimise risk before moving and positioning individuals	3.1 Carry out preparatory checks using: <ul style="list-style-type: none"> • the individual's care plan • the moving and handling risk assessment
	3.2 Identify any immediate risks to the individual
	3.3 Describe the action to take in relation to identified risks
	3.4 Describe the action to take if the individual's wishes conflict with their care plan
	3.5 Prepare the environment ensuring: <ul style="list-style-type: none"> • adequate space for the move • potential hazards are removed
	3.6 Apply standard precautions for infection control
4 Be able to move and position an individual	4.1 Confirm the individual's identity and obtain valid consent
	4.2 Communicate with the individual in a manner which: <ul style="list-style-type: none"> • provides relevant information • addresses needs and concerns • provides support and reassurance • is respectful of personal beliefs and preferences
	4.3 Position the individual in accordance with their care plan
	4.4 Communicate effectively with others involved in the manoeuvre
	4.5 Describe the aids and equipment that may be used for moving and positioning
	4.6 Use equipment to maintain the individual in the appropriate position
	4.7 Encourage the individual's active participation in the manoeuvre

Learning outcomes The learner will:	Assessment criteria The learner can:
	4.8 Monitor the individual throughout the activity
	4.9 Record and report the activity noting when the next positioning manoeuvre is due
5 Know when to seek advice and/or assistance from others when moving and positioning an individual	5.1 Describe when advice and/or assistance should be sought in relation to moving or positioning an individual
	5.2 Describe sources of information available in relation to moving and positioning individuals

Additional information about the unit

Exemplification of terms used in assessment criteria:

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

Health and safety factors may include:

- Risk assessments
- Training
- Maintenance of aids
- The environment
- The individual's condition
- The individual's ability to cooperate.

Anatomy and physiology may include:

- Muscles
- Bones
- Joints
- Ligaments
- The musculoskeletal system.

Immediate risks may include:

- A fall
- Change in individual's condition
- Damaged/faulty equipment
- Environmental
- Staffing levels.

Precautions for infection control may include:

- Use of Personal Protective Equipment (PPE)
- Hand washing
- Cleaning equipment.

Additional information about the unit

Valid consent (must be in line with agreed UK country definition) may include:

- The individual must have the mental capacity to make the decision
- The individual must have sufficient non-bias information to make an informed choice
- The individual must not be pressured into making a decision and must give consent freely

Others may include:

- Team members
- Line manager
- Other colleagues
- Those who use or commission their own health or social care services
- Families, carers and advocates
- Outside services and organisations
- Those with power of attorney
- Other professionals
- Others who are important to the individual's wellbeing.

Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.