

## Unit 58: Provide Support for Mobility

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Level:	2
Unit type:	Optional
Credit value:	2
Guided learning hours:	14

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### Unit Aim

This unit is aimed at those who work in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support mobility activities. It covers preparation, support and observations of mobility activities.

### Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 2, 3 and 4 must come from real work activities.

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
1 Understand the importance of mobility	1.1 Define mobility
	1.2 Explain how different health conditions may affect and be affected by mobility
	1.3 Outline effects that reduced mobility may have on an individual's well-being
	1.4 Describe benefits of maintaining and improving mobility
2 Be able to prepare for mobility activities	2.1 Agree mobility activities with the individual and <b>others</b> , according to the individual's needs and abilities
	2.2 Remove or minimise hazards in the environment before a mobility activity
	2.3 Check the suitability of an individual's clothing and footwear for safety and mobility

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
	2.4 Check the suitability of mobility equipment and appliances for the individual
	2.5 Check the safety and cleanliness of mobility equipment and appliances
3 Be able to support individuals to keep mobile	3.1 Promote the active participation of the individual during a mobility activity
	3.2 Assist an individual to use mobility appliances correctly and safely
	3.3 Monitor the individual during the mobility activity and report any adverse events to an appropriate person
	3.4 Give feedback and encouragement to the individual during mobility activities
4 Be able to observe, record and report on activities to support mobility	4.1 Record observations of mobility activity
	4.2 Report on progress and/or problems relating to the mobility activity including: <ul style="list-style-type: none"> <li>• choice of activities</li> <li>• equipment</li> <li>• appliances</li> <li>• the support provided</li> </ul>

## **Additional information about the unit**

Exemplification of terms used in assessment criteria:

**Others:** may include:

- Team members
- Line Manager
- Other colleagues
- Those who use or commission their own health or social care services
- Families, carers and advocates
- Outside services and organisations
- Those with power of attorney
- Other professionals
- Others who are important to the individual's wellbeing.