

Unit 47: Understand Mental Health and Behaviour Management of Children and Young People

Level:	3
Unit type:	Optional
Credit value:	3
Guided learning hours:	25

Unit Aim

This unit provides the knowledge and understanding in relation to mental health and behaviour management of children and young people.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand mental health and mental wellbeing	1.1 Define the term 'mental health'
	1.2 Identify components of mental wellbeing
	1.3 Explain positive mental health
2 Understand mental health conditions that affect children and young people	2.1 Describe features of mental health conditions that affect children and young people
	2.2 Evaluate the impact on children and young people experiencing a mental health condition
	2.3 Explain reasons for classifying mental health conditions that affect children and young people

Learning outcomes The learner will:	Assessment criteria The learner can:
3 Understand legal and organisational requirements in relation to supporting children and young people with mental health conditions	3.1 Identify current legislation in relation to children and young people with mental health conditions
	3.2 Explain organisational policies and procedures that support children and young people with mental health conditions
	3.3 Explain reasons for challenging discrimination against children and young people with mental health conditions
4 Understand the use of behaviour management strategies for children and young people with mental health conditions	4.1 Describe behaviour management strategies used to support children and young people with mental health conditions
	4.2 Describe the impact of non-verbal cues when setting limits for children and young people with mental health conditions
	4.3 Explain the evidence base for the use of physical intervention
5 Understand supervision of children and young people with mental health conditions	5.1 Explain reasons for supervising children and young people with mental health conditions
	5.2 Describe formal and informal observation
	5.3 Identify the potential impacts upon children and young people when supervised on a 1:1 basis

Additional information about the unit

Exemplification of terms used in assessment criteria:

Children and young people are from birth to their nineteenth birthday.

Mental health conditions may include:

- ADHD
- Bulimia Nervosa
- Anorexia Nervosa
- Anxiety disorders
- Challenging behaviour.