

Unit 41: Assist in the Implementation of Programmes to Increase Mobility, Movement and Functional Independence

Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	28

Unit Aim

This unit aims to develop the learner's ability to apply knowledge and understanding of health topics and treatment programmes to implementing programmes to restore mobility, movement and functional independence. The learner supports the practitioner.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence document*. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 4 and 5 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand current legislation, national guidelines, policies, protocols and good practice related to the implementation of programmes to restore mobility, movement and functional independence	1.1 Summarise current legislation, national guidelines, policies, protocols and good practice guidelines which inform own role and accountability when assisting in programmes to restore mobility, movement and functional independence
2 Understand health topics related to restoring movement and functional independence	2.1 Describe physical and psychological benefits of functional exercise
	2.2 Identify and describe the functions of the main muscle groups and joints in the body

Learning outcomes The learner will:	Assessment criteria The learner can:
	2.3 Describe a range of psychological effects of physical disability on individuals 2.4 Describe conditions which can cause difficulties in movement and mobility, in relation to those encountered in own role
3 Understand treatment programmes related to restoring movement and functional independence	3.1 Describe treatment programmes for individuals with restricted movement and mobility encountered in own role 3.2 Explain the functions of equipment and materials used in own role 3.3 Identify and explain hazards associated with using the equipment and materials 3.4 Describe potential signs of adverse reactions to mobility and movement programmes
4 Be able to assist in implementing programmes to restore mobility, movement and functional independence	4.1 Obtain valid consent from the individual for the therapeutic activities 4.2 Position the individuals for the therapeutic activities 4.3 Carry out therapeutic activities which fulfil the individual's needs and goals as outlined in the treatment plan 4.4 Support and encourage the individual to practise existing and newly developed skills during the treatment programme 4.5 Encourage the individual to practise skills developed during treatment in their daily life 4.6 Monitor the individual during and after treatment in line with the treatment plan 4.7 Describe monitoring processes used and their importance in treatment programmes
5 Be able to make records and provide information to the practitioner	5.1 Feedback information to the practitioner to inform future treatment in line with local policy and protocol 5.2 Make records of treatment activities and the individual's condition in line with national/local policy and protocol

Learning outcomes The learner will:	Assessment criteria The learner can:
	5.3 Explain the importance of seeking advice and guidance when the treatment activity is beyond own competence
	5.4 Explain the importance of reporting adverse reactions
	5.5 Explain potential consequences of poor practice

Additional information about the unit

Exemplification of terms used in assessment criteria:

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

Valid consent: Consent (must be in line with agreed UK country definition) may include:

- The individual must have the mental capacity to make the decision
- The individual must have sufficient non-bias information to make an informed choice
- The individual must not be pressured into making a decision and must give consent freely.