

Unit 25: Provide Support to Individuals to Continue Recommended Therapies

Level:	3
Unit type:	Optional
Credit value:	3
Guided learning hours:	20

Unit Aim

This unit is aimed at those working in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support individuals to continue recommended therapies. It covers encouraging and supporting individuals to continue recommended therapies, carrying out observations and reviewing the therapy.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 2-5 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand the importance of supporting individuals to continue recommended therapies	1.1 Analyse benefits of recommended therapies to an individual's health and wellbeing
	1.2 Describe barriers that prevent individuals from continuing recommended therapies
	1.3 Discuss consequences of individuals discontinuing recommended therapies
2 Be able to encourage individuals to continue recommended therapies	2.1 Agree individual's needs, wishes and preferences in relation to continuing a recommended therapy
	2.2 Enable individuals to access information in relation to benefits of continuing the recommended therapy

Learning outcomes The learner will:	Assessment criteria The learner can:
	2.3 Describe how to overcome an individual's fears or concerns in relation to continuing the recommended therapy
	2.4 Explain how to motivate the individual to continue the recommended therapy
3 Be able to support individuals to continue recommended therapy	3.1 Clarify information required prior to providing support
	3.2 Promote active participation during therapy
	3.3 Manage concerns encountered during therapy
	3.4 Provide constructive feedback and encouragement to the individual during therapy
4 Be able to monitor, record and report on observations during recommended therapy	4.1 Establish with the individual and others the observations to be made during therapy sessions
	4.2 Carry out agreed observations within scope of own role
	4.3 Record agreed observations within scope of own role
	4.4 Report on the findings of observations to individuals and others
5 Be able to contribute to evaluation and review of recommended therapies	5.1 Work with others to establish processes and criteria for evaluating the effectiveness of the therapy and the support provided
	5.2 Carry out agreed role to support the evaluation, using observations and feedback from the individual and others
	5.3 Agree changes to therapy sessions or the support provided with others
	5.4 Record agreed actions

Additional information about the unit

Exemplification of terms used in assessment criteria:

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner

Needs, wishes and preferences can include:

- importance of recognising individual needs
- age and stage of development of child or young person
- home language
- preferred method
- additional learning needs
- physical disabilities
- cognitive and communication difficulties
- alternative methods of communication, e.g. language: British Sign Language, Makaton, Braille, the use of signs, symbols, pictures and writing; objects of reference, finger spelling, communication passports, human and technological aids to communication.

Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient

Others may include:

- Team members
- Other colleagues
- Line manager
- Those who use or commission their own health or social care services
- Families, carers and advocates
- Outside services and organisations
- Those with power of attorney
- Other professionals
- Others who are important to the individual's wellbeing.