

Unit 162: Care for the Older Person

Level:	2
Unit type:	Optional
Credit value:	2
Guided learning hours:	10

Unit Aim

The aim of this unit is to develop knowledge and understanding of the needs of the older person and how to care for them.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand the ageing process	1.1 Describe changes occurring with age, to include: <ul style="list-style-type: none">• physical• psychological• emotional• social
	1.2 Outline the needs of the older person in relation to the ageing process
2 Understand how to adapt communication when caring for the older person	2.1 Identify barriers to communication with the older person
	2.2 Describe effective communication methods and adapted approaches for the for the older person
	2.3 Outline ways to minimise environmental barriers to communication
3 Understand how to care for the older person	3.1 Describe a range of conditions affecting the older person
	3.2 Describe how to adapt care plans for the older person

Additional information about the unit

Exemplification of terms used in assessment criteria:

Conditions can include any of the following

- Dementia
- Parkinson's disease
- Stroke/ Transient Ischaemic Attack (TIA)
- Arthritis
- Osteoporosis
- Diabetes
- Sensory loss
- Incontinence
- High blood pressure
- Influenza
- Depression and anxiety
- Cancer.