

## Unit 144: Support Individuals to Live at Home

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Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	29

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### Unit Aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support individuals to live at home.

### Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 2-5 must come from real work activities.

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
1 Understand the principles of supporting individuals to live at home	1.1 Describe how being <b>supported</b> to live at home can benefit an <b>individual</b>
	1.2 Compare the roles of people and agencies who may be needed to <b>support</b> an <b>individual</b> to live at home
	1.3 Explain the importance of providing information about benefits, allowances and financial planning which could <b>support individuals</b> to live at home
	1.4 Explain how risk management contributes to <b>supporting individuals</b> to live at home
2 Be able to contribute to planning support for living at home	2.1 Work with an <b>individual</b> to identify the strengths, skills and existing networks they have that could <b>support</b> them to live at home

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
	<p>2.2 Work with an <b>individual</b> to identify their needs that may require additional <b>support</b> and their <b>preferences</b> for how the needs may be met</p> <p>2.3 Agree with the <b>individual</b> and <b>others</b> the risks that need to be managed in living at home, identifying ways to address them</p>
<p>3 Be able to work with individuals to secure additional services and facilities to enable them to live at home</p>	<p>3.1 <b>Support</b> the <b>individual</b> and <b>others</b> to access and understand information about resources, services and facilities available to <b>support</b> the <b>individual</b> to live at home</p> <p>3.2 Work with the <b>individual</b> and <b>others</b> to select resources, facilities and services that will meet the <b>individual's</b> needs and minimise risks</p> <p>3.3 Contribute to completing paperwork to apply for required resources, facilities and services in a way that promotes active participation</p> <p>3.4 Obtain permission to provide additional information about the <b>individual</b> to secure resources, services and facilities</p>
<p>4 Be able to work in partnership to introduce additional services for individuals living at home</p>	<p>4.1 Agree roles and responsibilities for introducing additional <b>support</b> for an <b>individual</b> to live at home</p> <p>4.2 Introduce the <b>individual</b> to new resources, services, facilities or <b>support</b> groups</p> <p>4.3 Record and report on the outcomes of additional <b>support</b> measures in required ways</p>
<p>5 Be able to contribute to reviewing support for living at home</p>	<p>5.1 Work with the <b>individual</b> and <b>others</b> to agree methods and timescales for on-going review</p> <p>5.2 Identify any changes in an <b>individual's</b> circumstances that may indicate a need to adjust the type or level of <b>support</b></p> <p>5.3 Work with the <b>individual</b> and <b>others</b> to agree revisions to the <b>support</b> provided</p>

## Additional information about the unit

Exemplification of terms used in assessment criteria:

**Individual** refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

**Support** may include:

- Comfort and reassurance
- Immediate physical support
- Immediate practical help.

**Preferences** may be based on:

- Beliefs
- Values
- Culture
- Aspirations
- Wishes

**Others** may include:

- Team members
- Other colleagues
- Line manager
- Those who use or commission their own health or social care services
- Families, carers and advocates
- Outside services and organisations
- Those with power of attorney
- Other professionals
- Others who are important to the individual's wellbeing.