

Unit 140: Support Parents/Carers and Those in a Parental Role to Care for Babies During Their First Year

Level:	3
Unit type:	Optional
Credit value:	5
Guided learning hours:	39

Unit Aim

This unit is aimed at those who provide support to parents and carers to care for and protect babies in the first year of their lives. Learners will have the opportunity to develop knowledge, understanding and skills related to offering advice regarding the health and safety needs of children and how to support their development.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 3, 4 and 5 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand current legislation, national guidelines, policies, protocols and good practice guidelines related to supporting parents/carers to care for babies	1.1 Summarise current legislation, national guidelines, policies, protocols and good practice guidelines related to supporting parents/carers to care for babies
	1.2 Describe local policies for child safety and protection
	1.3 Explain how to work in partnership with parents/carers and significant others
	1.4 Explain the rights and responsibilities of parents/carers for their child and own role in relation to this

Learning outcomes The learner will:	Assessment criteria The learner can:
	1.5 Explain how to obtain advice and information to support own practice
	1.6 Explain how to report any concerns about the parent/carer or child's health, safety or wellbeing in line with local policy and protocol
	1.7 Explain how to access records and information on the needs and preferences of babies, parents and carers, in line with local policy and protocol
	1.8 Explain the importance of confidentiality when accessing records and information
2 Understand how to support the physical, social, emotional and cognitive development of babies during their first year	2.1 For babies during their first year, outline the expected indicators of: • physical development • pre-speech development and verbal/non-verbal behaviour and cues • language and communication development • social and emotional development
	2.2 Explain what parents/carers can do to encourage development
	2.3 Explain the importance of play to overall development and the role of adults and other children in encouraging this
	2.4 Describe the impact of factors that can affect the health, wellbeing, behaviour, skills, abilities and development of parents/carers and their children
	2.5 Explain how personal beliefs, previous experiences and preferences of parents/carers may impact the ways in which they care for their child
3 Be able to provide active support to parents/carers in relation to keeping their babies safe	3.1 Involve parents/carers in identifying their requirements in meeting the rights and protection needs of their baby
	3.2 Explain to parents/carers the importance of only leaving the baby with people who are capable of caring for children

Learning outcomes The learner will:	Assessment criteria The learner can:
	3.3 Support parents/carers to follow safety measures when handling their baby
	3.4 Provide encouragement, guidance and support to parents/carers in relation to keeping their baby safe, secure and free from danger as the baby becomes mobile
	3.5 Explain how active parenting can benefit the baby
4 Be able to provide active support to parents/carers to look after the health needs of their babies	4.1 Support parents/carers to prepare themselves, the environment and the baby for bathing
	4.2 Support parents/carers to maintain their baby's comfort, health and wellbeing during handling, washing, nappy changing and dressing
	4.3 Support parents/carers to monitor their baby's condition for signs of discomfort and distress
	4.4 Explain to parents/carers how to take action in response to signs of discomfort and distress from their baby, including the need to seek immediate attention in case of an emergency
	4.5 Reinforce advice given to parents/carers about sleeping positions, room and body temperature, coverings and clothing
	4.6 Encourage parents/carers to seek advice and support about any aspects of their baby's care
	4.7 Support parents/carers to make informed choices when their baby persistently cries
5 Be able to provide active support to parents/carers in meeting the developmental needs of their babies	5.1 Discuss with parents/carers the physical, social, emotional and developmental needs of their baby during the first year, including the importance of language development
	5.2 Support parents/carers to interact and play with their baby using play materials that support each aspect of their developmental capabilities
	5.3 Update records on the parents/carers' progress in line with local policy and protocol, referring any concerns to an appropriate person

Additional information about the unit
Exemplification of terms used in assessment criteria: Significant others may include: • Family members • Related/non-related carers • Close friends or colleagues • Other individuals involved with the care or wellbeing of the child or young person. An appropriate person could include other members of the care team.