

Unit 129: Support Children and Young People with Mental Health Conditions

Level:	3
Unit type:	Optional
Credit value:	5
Guided learning hours:	42

Unit Aim

This unit provides the knowledge, understanding and skills to support children and young people with mental health conditions.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcome 5 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand legal and organisational requirements which protect children and young people with mental health conditions	1.1 Explain legal and organisational requirements which protect children and young people with mental health conditions
2 Understand the needs of children and young people with mental health conditions	2.1 Describe challenges that may be experienced by children and young people with mental health conditions
	2.2 Describe the impact of challenges that may be experienced by children and young people with mental health conditions
	2.3 Analyse factors that can reduce or increase the needs of children and young people with mental health conditions

Learning outcomes The learner will:	Assessment criteria The learner can:
3 Understand interventions available to support children and young people with mental health conditions and their parents or carers	3.1 Describe support available for: <ul style="list-style-type: none"> • children and young people with mental health conditions • parents or carers of children and young people with mental health conditions
	3.2 Describe therapeutic interventions that support children and young people with mental health conditions and their parents or carers
	3.3 Compare and contrast a therapeutic group and a non-therapeutic group
4 Understand education provision for children and young people within a mental health setting	4.1 Describe government guidelines in relation to education provision for children and young people within a mental health setting
	4.2 Identify educational provisions which support children and young people with mental health conditions
	4.3 Describe support children and young people with mental health conditions may need to return to school
	4.4 Describe own role in relation to school integration
	4.5 Describe information to be shared with the multi-disciplinary team when supporting children and young people with mental health conditions during school integration
5 Be able to support a child or young person with a mental health condition	5.1 Use strategies to build self-confidence and self-esteem of a child or young person with a mental health condition
	5.2 Support a child or young person with a mental health condition to develop independence in daily living
	5.3 Maintain records in line with current legislation, practice and policy

Additional information about the unit

Exemplification of terms used in assessment criteria:

Children and young people are from birth to their 19th birthday.

Challenges may include:

- Social
- Emotional
- Physical.