

Unit 128: Support Carers to Meet the Care Needs of Individuals

Level:	3
Unit type:	Optional
Credit value:	5
Guided learning hours:	40

Unit Aim

This unit covers knowledge, understanding and skills required to support carers in meeting the care needs of individuals.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcome 4 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand current legislation, national guidelines, policies, procedures and protocols in relation to supporting individuals in the community	1.1 Summarise current legislation, national guidelines, policies, procedures and protocols in relation to supporting individuals in the community
2 Understand why individuals might require support	2.1 Identify conditions that may challenge individuals
	2.2 Describe the effects conditions may have on individuals' lifestyles
	2.3 Explain how increased dependence affects individuals , carers and the provision of services
3 Understand how to ensure individuals receive the support they need from carers	3.1 Explain reasons for linking support with need
	3.2 Explain the importance of establishing partnerships with carers
	3.3 Explain the importance of open communication with carers and how to encourage carers to ask questions

Learning outcomes The learner will:	Assessment criteria The learner can:
	3.4 Describe reasons for assessing a carer's abilities in relation to supporting individuals
	3.5 Describe the demands placed on a carer
	3.6 Describe potential tensions between the demands placed on a carer and other commitments
	3.7 Identify signs which indicate issues with service delivery
4 Be able to support carers to meet the care needs of individuals	4.1 Inform the carer of the individual's needs and care plan
	4.2 Agree the type of support needed by the carer for them to meet the individual's care needs
	4.3 Arrange for the provision of resources necessary for the carer to support the individual
	4.4 Provide the carer with information on how to contact the care team
	4.5 Report any concerns about meeting the individual's care plan needs to an appropriate member of the care team
	4.6 Update records related to service delivery agreements in line with local policy and protocol
5 Know how to support and promote individuals to take responsibility for own health and wellbeing	5.1 Explain the importance for individuals to take responsibility for own health and wellbeing
	5.2 Explain how to support individuals to take responsibility for own health and wellbeing
	5.3 Support individuals to take responsibility for own health and wellbeing

Additional information about the unit
Exemplification of terms used in assessment criteria: Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.