

## Unit 126: Undertake Stoma Care

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<b>Level:</b>	<b>3</b>
<b>Unit type:</b>	<b>Optional</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>40</b>

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### Unit Aim

This unit is aimed at those who provide care to individuals with bowel/bladder stoma. This may be for individuals with new stomas or for individuals with established stomas who are unable to manage their own stoma care or those who require assistance.

This unit is applicable in a variety of care environments including hospitals, care homes, the individual's own home or other community environments such as GP surgeries.

### Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 3-5 must come from real work activities.

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
1 Understand current legislation, national guidelines, policies, protocols and good practice related to assessment for stoma care	1.1 Summarise the current legislation national guidelines, policies, protocols and good practice related to undertaking stoma care
	1.2 Explain own responsibilities and accountability in relation to current legislation, national guidelines, organisational policies and protocols which affect work practice when carrying out stoma care
2 Understand the anatomy and physiology in relation to conditions requiring stoma care	2.1 Describe the reasons why a stoma may be required
	2.2 Describe the anatomy in relation to the position of a stoma

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
	2.3 Describe the reasons for and function of: <ul style="list-style-type: none"> <li>• a colostomy</li> <li>• an ileostomy</li> <li>• an ileal conduit</li> <li>• a nephrostomy</li> </ul> 2.4 Describe potential consequences of contamination of stoma drainage systems 2.5 Describe effects of diet and mobility on stoma function
3 Be able to prepare individuals for stoma care	3.1 Confirm the <b>individual's</b> identity, gain valid consent and maintain privacy and dignity throughout 3.2 Communicate information in a way that is sensitive to the personal beliefs and <b>preferences</b> of the <b>individual</b> 3.3 Carry out preparatory checks against the <b>individual's</b> care plan 3.4 Prepare equipment and materials for stoma care as detailed in the <b>individual's</b> plan of care 3.5 Apply standard precautions for infection prevention and control 3.6 Apply health and safety measures relevant to the procedure and environment
4 Be able to carry out stoma care for individuals	4.1 Describe factors which will affect the level of assistance required 4.2 Agree the level of support required with the <b>individual</b> 4.3 Demonstrate techniques to carry out stoma care in line with local policy and protocol 4.4 Explain the action to take if the prepared stoma care equipment appears to be inappropriate or unsuitable 4.5 Give <b>individuals</b> the opportunity to dispose of their own used stoma care equipment

<b>Learning outcomes</b> <b>The learner will:</b>	<b>Assessment criteria</b> <b>The learner can:</b>
	4.6 Give <b>individuals</b> the opportunity to maintain their personal hygiene
	4.7 Provide <b>active support</b> for <b>individuals</b> to manage their own stoma
	4.8 Dispose of equipment and soiled linen in line with local policy and protocol
5 Be able to monitor, record and report on an individual's condition during and after stoma care	5.1 Monitor the <b>individual's</b> condition throughout the stoma care
	5.2 Check for any adverse effects and potential complications
	5.3 Monitor and report on the <b>individual's</b> pattern of stoma function, consistency of body waste and any changes that may have occurred
	5.4 Record the outcomes of stoma care activity in line with local policy and protocol
	5.5 Report findings to colleagues in line with local policy and protocol

## Additional information about the unit

Exemplification of terms used in assessment criteria:

**Individual** refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

**Preferences** may be based on:

- Beliefs
- Values
- Culture
- Aspirations
- Wishes.

**Active support** encourages individuals to do as much for themselves as possible to maintain their independence and physical ability and encourages people with disabilities to maximise their own potential and independence.