Unit 123: Understand Care and Support Planning and Risk Management in Mental Health

Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	14

Unit Aim

This unit provides learners with knowledge and understanding required to care and support planning and risk management process in mental health care.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand how to work within the care and support planning process in mental health	1.1 Explain the **principles and values underpinning effective care** and support planning in mental health
	1.2 Describe the tasks associated with each stage of the mental health care and support planning process: • assessment of need • planning goals • monitoring progress • reviewing plans
	1.3 Explain the principles and values implemented at each stage of the mental health care and support planning process: • assessment of need • planning goals • monitoring progress • reviewing plans

Learning outcomes The learner will:	Assessment criteria The learner can:
	1.4 Explain how to enable an individual with mental health conditions to take an active part in the care planning process
	1.5 Explain how to enable carers and family members to take an effective part in the mental health care planning process
	1.6 Explain how agencies and workers should work together within the mental health care planning process, including why this is important
	1.7 Describe ways of overcoming differences or conflicts that may occur between those involved in the mental health care planning process
	1.8 Explain how to keep effective, accurate and concise records of the mental health care planning process
2 Understand how to work within a risk management process in mental health care	2.1 Explain the **principles and values that underpin effective risk management** in mental health care, including how these contribute to the protection of individuals
	2.2 Explain how agencies and workers should work together within the risk management process in mental health care, including the importance of it
	2.3 Explain how to involve carers and family members effectively in the risk management process in mental health care
	2.4 Describe the range of factors that should be considered during risk assessment for an individual in the following situations: • risk of harm to self • risk of harm to others • risk of being harmed by others • risk of being harmed by mental health services

Additional information about the unit
Exemplification of terms used in assessment criteria: **Principles and values underpinning effective care** must include: - Person-centred   - Needs-led   - Holistic approach   - Collaboration and full participation   - Building on strengths   - Anti-discriminatory practice   - Promoting social inclusion   - Recovery focused   - Effective record-keeping.   **Principles and values that underpin effective risk management** must include: - Positive risk-taking in addition to risk of harm   - Considering a range of types of risks   - Evidence-based approach   - Forward planning to reduce risk of harm   - Specifying warning signs   - Contingency planning   - Specifying roles and responsibilities   - Anti-discriminatory practice   - Regular review   - Effective record-keeping.