

Unit 120: Provide Agreed Support for Foot Care

Level:	2
Unit type:	Optional
Credit value:	3
Guided learning hours:	23

Unit Aim

This unit is aimed at those who working in a wide range of settings. It is for learners who provide foot care for individuals as specified by a podiatrist. It covers the practical treatment of feet as well as giving learners the knowledge about common conditions of the feet.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 2-5 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand the signs and causes of foot and toenail abnormalities	1.1 Describe the effects of common medical conditions on the feet and toenails
	1.2 Describe the possible effects of unsanitary living conditions and unsuitable footwear on the feet and toenails
2 Be able to provide support for assessed foot care needs	2.1 Establish information about an individual's assessed foot care needs
	2.2 Ensure the setting for foot care meets the individual's preferences and maintains privacy
	2.3 Gain consent to provide treatment to the individual
	2.4 Explain how consent would be gained from individuals who does not have the capacity to consent

Learning outcomes The learner will:	Assessment criteria The learner can:
	2.5 Prepare the equipment required for treatment 2.6 Prepare the individual's feet for treatment, in a way that promotes active participation 2.7 Describe how and when to access additional guidance about assessed foot care needs
3 Be able to promote the individual's engagement in their own foot care	3.1 Support the individual's understanding of any treatments, equipment or dressings to be used 3.2 Invite feedback from the individual on how their foot care is carried out 3.3 Explain why advice should not be given unless agreed with the podiatrist
4 Be able to provide foot care safely	4.1 Carry out agreed foot care treatments in accordance with instructions 4.2 Operate equipment safely and in accordance with instructions 4.3 Use protective equipment, protective clothing and hygiene techniques to minimise risks 4.4 Dispose of waste products safely 4.5 Provide follow-up instructions to individuals on completion of treatment
5 Be able to record and report on foot care	5.1 Record the condition of the individual's feet before treatment 5.2 Record treatments carried out 5.3 Explain how to record any adverse reactions or responses to treatments or dressings 5.4 Report on foot care treatments, conditions and reactions in agreed ways

Additional information about the unit

Exemplification of terms used in assessment criteria:

Common medical conditions could include:

- Athlete's foot
- Bunions
- Diabetic neuropathy
- Ingrown toenails
- Plantar fasciitis
- Blisters
- Corns
- Heel spur
- Toenail fungus
- Toenail trauma
- Clubbed nails.

Individual refers to someone requiring care or support; it will usually mean the person or people supported by the learner.

Preferences may be based on:

- Beliefs
- Values
- Culture

Active participation is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.