

Unit 110: Care for Individuals with Urethral Catheters

Level:	3
Unit type:	Optional
Credit value:	4
Guided learning hours:	30

Unit Aim

This unit will provide learners with knowledge and skills of urethral catheter care ensuring the learners feel comfortable to perform this procedure.

Assessment requirements

This unit must be assessed in line with *Skills for Health Assessment Principles for Qualifications that Assess Occupational Competence* document. Detailed information can be found in *Annexe A* of the qualification specification.

Evidence for skills within learning outcomes 4-6 must come from real work activities.

Learning outcomes The learner will:	Assessment criteria The learner can:
1 Understand current legislation national guidelines, policies, protocols and best practice related to caring for individuals with urethral catheters	1.1 Summarise the current legislation national guidelines, policies, protocols and best practice related to caring for those individuals with urethral catheters
	1.2 Explain own responsibilities and accountability in relation to current legislation, national guidelines, organisational policies and protocols which affect work practice when carrying out care activities for individuals with urethral catheters
2 Understand the procedure of urethral catheterisation	2.1 Describe the anatomy and physiology of the lower urinary tract of: <ul style="list-style-type: none"> • Male • Female
	2.2 Describe lower urinary tract functions and continence status

Learning outcomes The learner will:	Assessment criteria The learner can:
	2.3 Explain why urethral urinary catheters may be needed
	2.4 Explain the effects of urethral catheterisation on an individual's comfort and dignity
3 Understand the use and application of catheter care equipment	3.1 Describe different types of catheter care equipment that can be used to meet individuals' specific needs
	3.2 Describe the types of catheter care advice to give to individuals
	3.3 Describe when to undertake urinalysis, obtain a catheter specimen of urine (CSU) or screen for multi resistant bacteria
	3.4 Describe the indications, mode of action, risks, side- effects, cautions, contra indications and potential interactions of urethral catheter care
	3.5 Describe the medication, antibiotics, anaesthetic agents and associated solutions used for individuals with urethral catheters
4 Be able to prepare individuals to carry out urethral catheters care	4.1 Confirm the activity in line with the individual's care plan
	4.2 Implement health and safety measures relevant to the procedure and environment
	4.3 Confirm the individual's identity and obtain valid consent
	4.4 Select and check equipment is fit for purpose
	4.5 Communicate information, support and reassurance to address the individual's needs and concerns
	4.6 Agree the level of support required with the individual
	4.7 Apply standard precautions for infection prevention and control

Learning outcomes The learner will:	Assessment criteria The learner can:
5 Be able to carry out care for individuals with urethral catheters	5.1 Support the individual and relevant others to carry out catheter care in accordance with local policy and protocol
	5.2 Maintain dignity and privacy during the procedure
	5.3 Use catheter care equipment in line with manufacturers guidance; reporting any failure/malfunction in line with local policy and protocol
	5.4 Use and store equipment and materials in accordance with local policy and protocol
	5.5 Dispose of catheter related equipment in accordance with local policy and protocol
	5.6 Measure and record any urethral output within local policy and protocol
6 Be able to monitor and check individuals undergoing urethral catheter care	6.1 Monitor the individuals' condition for adverse effects and potential complications, taking appropriate action in line with local policy and protocol
	6.2 Observe and maintain cleanliness of the meatus
	6.3 Terminate the use of a urethral catheter in accordance with local policy and protocol
	6.4 Record and report information in line with local policy and protocol