

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

Units						
<b>B4 Provide facial skin care treatment</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when improving and maintaining facial skin condition	1(b)		1(h)	1(l)	1(g) 1(k) 1(m)	1(a) 1(c) 1(i)
P – Consult, plan and prepare for facials with clients by	2(i)	2(e)	2(j) 2(k)			2(f) 2(g)
P – Improve and maintain skin condition	3(a)	3(e) 3(h)	3(l)		3(i) 3(j)	
P – Provide aftercare advice by						4(a) 4(b)
K – Organisational and legal requirements					1	1 - 11
K – How to work safely and effectively when providing facial treatments	13,14,15				12, 17	22
K – Consultation, treatment planning and preparation	26,27,28	32,33			35, 36,37	34
K – Anatomy and physiology	40 -48					
K – Contra indications	49, 50					
K –Facial treatments	51,52,53	55				
K – Aftercare advice for clients	70 -73					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B5 Enhance the appearance of eyebrows and eyelashes</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when enhancing the appearance of eyebrows and eyelashes	1(b)		1(h)	1(l)	1(g) 1(k) 1(m)	1(a) 1(c) 1(i)
P – Consult, plan and prepare for the treatments with clients	2(i)	2(e)	2(j) 2(k)			2(f) 2(g)
P – Shape eyebrows	3(a)	3(e) 3(h)	3(l)		3(i) 3(j)	
P – Tint eyebrows and lashes	4(a)	4(e) 4(h)	4(l)		4(i) 4(j)	
P – Apply artificial eyelashes	5(a)	5(e) 5(h)	5(l)		5(i) 5(j) 5(c)	5(d) 5(e)
P – Provide aftercare advice						4(a) 4(b)
K – Organisational and legal requirements					1	1 -13
K – How to work safely and effectively when providing eyebrow and eyelash treatments	18,19	26	20,21,22		14,16,17,23	27
K – Client consultation, treatment planning and preparation	35, 37, 42	38				41 -43
K – Shaping the eyebrows	44, 45, 49				50	
K – Tinting the eyebrows and lashes	52, 53, 55,56	53,54,57				
K - Applying artificial lashes	58, 59, 61,62	60				
K – Contra-indications and contra- actions		63 -67				
K – Equipment, material and products	68					
K – Aftercare advice for clients	69 - 71					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B6 Carry out waxing services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when waxing	1b), 1c), 1d),				1i) 1m), 1n), 1o),	1a), 1c), 1d), 1e), 1g), 1h), 1j), 1k), 1l)
P – Consult, plan and prepare for waxing treatment with clients by	2e), 2g),	2h) 2i), 2j)			2a), 2b),	
P – Remove unwanted hair					3h)	3a)-3e), 3i)-3l)
P – Provide aftercare advice by						4a), 4b)
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing waxing treatments	14-27					
K – Consultation, treatment planning and preparation	32-44					
K – Anatomy and physiology	45-49					
K – Contra indications	50, 51, 52					
K – Contra actions	53					
K – Equipment and products	54-58					
K – Waxing treatments	59-67					
K – Aftercare advice for clients	68-71					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B7</b> <b>Carry out ear piercing</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when piercing ear lobes	1b), 1i)				1k)	1a), 1c), 1d), 1e), 1f), 1g), 1h), 1j)
P – Consult, plan and prepare for ear lobe piercing with clients by					2b), 2c), 2f)	2a), 2d), 2e), 2g), 2h) 2i), 2j), 2k), 2l), 2m), 2n)
P – Pierce the ear lobes						3a)-3e)
P – Provide aftercare advice by						4a), 4b)
K – Organisational and legal requirements	<b>1-11</b>					
K – How to work safely and effectively when piercing ear lobes	12-26					
K – Consultation, treatment planning and preparation	29-34					
K – Anatomy and physiology	35, 36					
K – Contra indications	37, 38, 39					
K –Equipment, materials and products	40, 41, 42					
K – Ear lobe piercing	43-48					
K – Aftercare advice for clients	49-52					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B8 Provide make-up services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing make-up services	1b)				1k), 1l), 1m)	1a), 1d)-1j)
P – Consult, plan and prepare for make-up	2a), 2e), 2f)				2b), 2c), 2d), 2g)	2h)-2o)
P – Apply make-up products		3q)				3a)-3d), 3r
P – Provide aftercare advice by						4a), 4b)
K – Organisational and legal requirements	1-12					
K – How to work safely and effectively when providing make-up services	13-24					
K – Consultation, treatment planning and preparation	25-38					
K – Anatomy and physiology	39-45					
K – Contra indications and contra indications	46, 47					
K –Make-up application	61, 62, 63					
K – Aftercare advice for clients	50-60, 67, 70					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B9</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing skin care and make-up instructions					1a-m	
P – Prepare and plan for skin care and make-up instructions		2 p			2 o,q	2a-n
P – Deliver skin care and Make-up instructions		3f				3a-e, g-j l-n
P – Evaluate the success of instructions			4a-c			
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing skin care and make-up instruction	14-25					
K – Client consultation instruction planning and preparation	26-39					
K – Instructional skills	40-50					
K – Planning and preparing for skin care and make up instructions	51-53					
K - Evaluation	54-56					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B10 Enhance Appearance using skin camouflage</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing skin camouflage						1a)-1p)
P – Consult, plan and prepare skin camouflage	2a), 2f) 2g)				2b), 2c), 2d), 2h), 2i)	2j) 2k), 2i)
P – Carry out skin camouflage		3a), 3b), 3c), 3d), 3f)			3h)	3d)
P – Provide aftercare advice by	4a), 4b)					
K – Organisational and legal requirements	1-11					
K – How to work safely and effectively when providing skin camouflage	12-22					
K – Consultation, treatment planning and preparation	23-36					
K – Anatomy and physiology	37-40					
K – Contra indications and contra actions	41, 42, 43					
K –Skin camouflage	44-52					
K – Aftercare advice for clients	53-55					53-55

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B11 Design and Create Fashion and Photographic Make-up</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Plan and design a range of make-up looks	1c), 1d)			1a), 1f)	1e)	1b)
P – Produce a range of make-up looks		2e)		2h)	2g), 2i), 2j)	2a), 2b), 2c), 2d), 2f), 2k)
P – Evaluate Results			3a), 3b)			
K – Communication	1-7					
K – Planning	<b>8-22</b>					
K – Problem solving	23					
K – Designing and developing make-up	24-38					
K – Evaluation	39-42					



## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B12 Plan and Provide Airbrush Make-up</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing airbrush make-up					1q)	1a) -1p)
P – Consult, plan and prepare for airbrush make-up	2a), 2b)				2c), 2d) 2e), 2f)	2g)-2m)
P – apply airbrush make-up		3h)			3a)	3b)-3g), 3i)-3j)
P – Provide aftercare advice by						4a), 4b)
K – Organisational and legal requirements	1-10					
K – How to work safely and effectively when providing airbrush make-up	11-24					
K – Consultation, treatment planning and preparation	25-33					
K – Contra indications and contra actions	34, 35					
K –Airbrushing equipment and products	36-44					
K – Airbrush make-up application	45-62					
K – Aftercare advice	63-65					63

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B13 Provide body electrical treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing body electrical treatments						1a)-1q)
P – Consult, plan and prepare for treatments with clients by	2a)				2b), 2c), 2d)	2e)-2r)
P – Carry out body electrical treatments						3a)-3g)
P – Provide aftercare advice by						4a), 4b)
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively	14-21					
K – Consultation, treatment planning and preparation	22-39					
K – Anatomy and physiology	40-60					
K – Contra indications and contra actions	61-63					
K –Equipment and products	64-69					
K – Treatment specific knowledge	70-79					
K Aftercare advice	80-84					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B14 Provide facial electrical treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing facial electrical treatments	1(b) 1(p) 1(q)				1(k) 1(l) 1(m) 1(o)	1(a) 1(c) 1(d) 1(e) 1(g) 1(h) 1(j)1(i) 1(n)
P - Consult, plan and prepare for treatments with clients		2(e) 2(f) 2(g) 2(h) 2(i) 2(j) 2(m)			2(a) 2(b) 2(c) 2(d)	2(k) 2(n) 2(p) 2(q) 2(o)
P - Carry out facial electrical treatments						3(a) – 3(h)
P - Provide aftercare advice	4(a) 4(b)					
K – Organisational and legal requirements						1 - 13
K – How to work safely, effectively and hygienically when providing facial electrical treatments.	14 - 21					
K – Client consultation	22 -26, 30	31 -35				27-29
K – Anatomy and physiology	36 -49					
K – Contra-indications and contra-actions	50 -52					
K – Equipment and products	53-58					
K – Treatment specific knowledge	59-66,68,69		67			
K – Aftercare advice for clients	70 -74					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B15 Provide single eyelash extension treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing single eyelash extension treatments	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(g) 1(h) 1(j)1(i) 1(n)
P - Consult, plan and prepare for treatments with clients	2(i)2(l)	2(e) 2(f) 2(g) 2(h) 2(m)			2(a) 2(b) 2(c) 2(d)	2(j) 2(k) 2(m)2(n) 2(o) 2(p) 2(q) 2(r) 2(s) 2(t)
P - Attach single lash systems						3(a) – 3(l)
P Maintain and remove single lash systems						4(a) 4(e)
P - Provide aftercare advice	<b>5(a) 5(b)</b>					
K – Organisational and legal requirements						1 -13
K – How to work safely, effectively and hygienically when providing single lash system treatments.	14 -25					
K – Client consultation, treatment planning and preparation	26, 28 - 43		27			
K – Contra-indications and contra-actions	44 - 48					
K – Anatomy and physiology	49 -51					
K – Equipment, materials and products	52-58					
K – Attaching, maintaining and removing single lash systems	59-64					
K – Aftercare advice for clients	65 -69					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B20 Provide body massage treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing body massage treatments	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(g) 1(h) 1(j)1(i) 1(n) 1(o) 1(p) 1(q)
P - Consult, plan and prepare for treatments with clients	2(i)2(l)	2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i)2(j) 2(k) 2(l) 2(m)2(n) 2(o) 2(p)
P - Perform manual massage treatments						3(a) – 3(g)
P - Perform mechanical massage treatments						4(a) 4(j)
P - Provide aftercare advice	<b>5(a) 5(b)</b>					
K – Organisational and legal requirements						1 -15
K – How to work safely, effectively and hygienically when providing body massage treatments.	16 -25					
K – Client consultation	26, 28 - 38		27			
K – Preparation for treatment	39 - 43					
K – Anatomy and physiology	44 -58					
K – Contra-indications and contra-actions	59-61					
K – Treatment specific knowledge	62-76		77			
K – Aftercare advice for clients	78-82					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B21 Provide UV tanning services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing UV tanning treatments	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(f)1(g) 1(h) 1(j)1(i)
P - Consult, plan and prepare for treatments with clients		2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i)2(j) 2(k) 2(l) 2(m)2(n) 2(o) 2(p)
P - Monitor UV tanning treatments				3(c)		3(a) 3(b) 3(d)- 3(i)
P - Provide aftercare advice	4(a) 4(b)					
K – Organisational and legal requirements						1-15
K – How to work safely, effectively and hygienically when providing UV tanning services	16 -24					
K – Client consultation	26- 35		25			
K – Contra-indications and contra-actions	36 - 38					
K – Equipment and materials	39 -43					
K – Anatomy and physiology	44-50					
K – Tanning treatments	51-58					
K – Aftercare advice for clients	59-62					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B22 Provide specialist skin camouflage services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing specialist skin camouflage services	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(f)1(g) 1(h) 1(j)1(i) 1(n) 1(o) 1(p)
P - Consult, plan and prepare for specialist skin camouflage		2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i)2(j) 2(k) 2(l) 2(m)
P - Carry out specialist skin camouflage						3(a) - 3(h)
P - Instruct and advise the client	4(a)- 4(i)	4(j)				
P – Evaluate the success of instruction			5(a) -5(c)			
P - Provide aftercare advice	6(a) 6(b)					
K – Organisational and legal requirements						1-12
K – How to work safely, effectively and hygienically when providing skin camouflage	13- 22					
K – Client consultation, planning and preparation	24 – 39		23			
K – Anatomy and physiology	40 -46					
K – Psychology	47-50					
K – Contra-indications and contra-actions	51-52					
K – Skin camouflage	53-63					
K – Instructional skills			65-76			
K – Aftercare advice for clients	77-81					
K – Evaluation	83,84		82			

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B23 Provide Indian Head massage</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing Indian Head massage treatment	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(f) 1(g) 1(h) 1(j) 1(i) 1(n) 1(o) 1(p) 1(q)
P - Consult, plan and prepare for treatments with clients	2(i) 2(l)	2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i) 2(j) 2(k) 2(l) 2(m) 2(n) 2(o)
P - Perform Indian Head massage						3(a) – 3(h)
P - Provide aftercare advice	4(a) 4(b)					
K – Organisational and legal requirements						1 -14
K – How to work safely, effectively and hygienically when providing Indian head massage	15 -23					
K – Client consultation	24, 26 - 38		25			
K – Preparation for treatment	39 - 43					
K – Anatomy and physiology	44 -57					
K – Contra-indications and contra-actions	58-60					
K – Indian head massage mediums	61-63					
K – Treatment specific knowledge	64-76, 78, 79		77			
K – Aftercare advice for clients	80-82					



## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B24 Provide massage using pre-blended aromatherapy oils</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when carrying out massage using pre-blended aromatherapy oils.	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(f) 1(g) 1(h) 1(j)1(i) 1(n) 1(o)
P - Consult, plan and prepare for treatments with clients	2(i)2(l)	2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i)2(j) 2(k) 2(l) 2(m)2(n) 2(o) 2(p) 2(q) 2(r)
P – Massage the body using pre-blended aromatherapy oils						3(a) – 3(g)
P - Provide aftercare advice	4(a) 4(b)					
K – Organisational and legal requirements	1-14					
K – How to work safely, effectively and hygienically when carrying out massage using pre-blended aromatherapy oils.	15 -23					
K – Client consultation	24, 26 - 38		25			
K – Preparation for treatment	39 - 42					
K – Anatomy and physiology	43 -57					
K – Contra-indications and contra-actions	58-60					
K – Pre-blended aromatherapy oils	61-63	64				
K – Treatment specific knowledge	65-73		74			
K – Aftercare advice for clients	75-79					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>Unit B25 Provide self tanning services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P - Maintain safe and effective methods of working when providing self tanning treatments	1(b)				1(k) 1(l) 1(m)	1(a) 1(c) 1(d) 1(e) 1(f)1(g) 1(h) 1(j)1(i) 1(n) 1(o)
P - Consult, plan and prepare for treatments with clients		2(e) 2(f) 2(g) 2(h)			2(a) 2(b) 2(c) 2(d)	2 (i)2(j) 2(k) 2(l) 2(m)
P – Apply self tan products			3(i)			3(a) - 3(h) 3(j)
P - Provide aftercare advice	4(a) 4(b)					
K – Organisational and legal requirements	1-12					
K – How to work safely, effectively and hygienically when providing self tanning treatments	13 -23					
K – Client consultation	25- 32		24			
K – Contra-indications and contra-actions	33 – 35					
K – Equipment and products	36 -43					
K – Tanning treatments	44-52					
K – Aftercare advice for clients	53-56					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B26 Provide female intimate waxing services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when waxing by	1(b) (c) (e)			1(p)	1(a) (d) (f) (i) (n)	1(g) (h) (j) (i) (m) (p)
P – Consult, plan and prepare for waxing services with clients		2(e) (f) (i) (j) (k)	2 (m)		2 (l) (n) (f) (h)	
P – Remove unwanted hair by	3 (c) (e)		3(i)		3 (f) (h)(k)-(m)	3 (a) (b) (d) (g)
P – Provide aftercare advice by	4 (a) (b)					
K – Organisational and legal requirements	1-17					
K – How to work safely and effectively when providing waxing treatments	18-37					
K – Consult, plan and prepare for the treatment with clients	38-54					
K – Anatomy and physiology	55-62					
K – Contra indications and contra actions	63-69					
K –Equipment and materials	70-74					
K – Treatment specific knowledge	75-91					
K – Aftercare advice for clients	92-94					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B27 Provide male intimate waxing services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when waxing by	1(b) (c) (e)			1(p)	1(a) (d) (f) (i) (n)	1(g) (h) (j) (i) (m) (p)
P – Consult, plan and prepare for waxing services with clients		2(e) (f) (i) (j) (k)	2 (m)		2 (l) (n) (f) (h)	
P – Remove unwanted hair by	3 (c) (e)		3(i)		3 (f) (h) (k)-(m)	3 (a) (b) (d) (g)
P – Provide aftercare advice by	4 (a) (b)					
K – Organisational and legal requirements	1-17					
K – How to work safely and effectively when providing waxing treatments	18-37					
K – Consult, plan and prepare for the treatment with clients	38-54					
K – Anatomy and physiology	55-62					
K – Contra indications and contra actions	63-69					
K – Equipment and materials	70-74					
K – Treatment specific knowledge	75-91					
K – Aftercare advice for clients	92-94					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B28 Provide stone therapy treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing stone therapy treatments by				1 (v)	1 (a) (c)-(f) (h)	1(a) (b) (g) (i)-(t) (u)
P – Consult, plan and prepare for treatments with clients by		2 (g) (i) (k) (l) (m) (q)	2 (n)		2 (a)–(f) (h) (o) (p)	2(j)
P – Perform stone therapy treatments by		3(h)-(j)	3 (n) (p) (k)		3(m),	3(a)-(g) (n) (l)
P – Provide aftercare advice	4 (a) (b)					
K – Organisational and legal requirements	1-16					
K – How to work safely and effectively when providing stone therapy treatments	17-30					
K – Client consultation	31-45					
K – Preparation for treatment	46-49					
K – Anatomy and physiology	50-66					
K – Contraindications and contra-actions	67-69					
K – Stone therapy equipment	70-78					
K – Treatment specific knowledge	79-100					
K – Aftercare advice for clients	101-104					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>B29</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
<b>Provide electrical epilation treatments</b>				1 (p)	1(a) (c) (d)	1(a) (b) (e)-(n) (o)
P – Maintain effective and safe methods of working when providing electrical epilation treatments by						
P – Consult, plan and prepare for treatments with clients by	2(u) (g)(j)	2 (i) (k) (r)	2 (m) (t) (s) (r)		2 (a)-(f) (h) (l) (p)	2(j) (p) (q)
P – Carry out electrical epilation by		3(b)	3(m)		3 (a) (c) –(l)	
P – Provide aftercare advice by	4(a) (b)					
K – Organisational and legal requirements	1-16					
K – How to work safely and effectively when providing electrical epilation treatments	17-27					
K – Client consultation	28-46					
K – Preparation for treatment	47-58					
K – Contraindications and contra-actions	59-65					
K – Equipment and materials	66-70					
K – Treatment specific knowledge	71-90					
K – Aftercare advice for clients	91-96					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N2 Provide manicure services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing manicure services by				1(l) (m)	1(a) (k)	1(b) –(j) (l) (m)
P – Consult, plan and prepare for service with clients by		2(e) (f) (g) (m)	2 (n)		2(j) (a)-(d) (k) (l)	
P – Carry out manicure services by			3(n)			3(a)-(m)
P – Provide aftercare advice by	4(a) (b)					
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing manicure services	14-26					
K – Consult, plan and prepare for the treatments with clients	27-34					
K – Contraindications and contra-actions	35-39					
K – Anatomy and physiology	40-47					
K – Manicure treatments	48-65					
K – Aftercare advice for clients	66-68					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N3 Provide pedicure services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing pedicure services by				1(l) (m)	1(a) (k)	1(b) –(j) (l) (m)
P – Consult, plan and prepare for the pedicure service by		2(e) (f) (g) (m)	2 (n)		2(j) (a)-(d) (j)-(l)	
P – Carry out pedicure services by			3(n)			3(a)-(m)
P – Provide aftercare advice by	4(a) (b)					
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing pedicure services	14-26					
K – Consult, plan and prepare for the service with clients	27-36					
K – Contraindications and contra-actions	37-41					
K – Anatomy and physiology	42-49					
K – Pedicure services	50-67					
K – Aftercare advice for clients	68-71					



## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N4 Carry out nail art services</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when providing nail art services by			1(l) (m)	1(a) (k)	1(b) –(j) (l) (m)	
P – Consult, plan and prepare for the nail art service by		2(e) (f) (g) (m)	2(n)		2(a)-(d) (h)-(j)	
P – Provide nail art services to clients by			3(h)			3(a)-(g)
P – Provide aftercare advice by	4(a) (b)					
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing nail art services	14-26					
K – Consult, plan and prepare for the service with clients	27-35					
K – Contraindications and contra-actions	36-40					
K – The structure and growth of nails	41-45					
K – Nail art services	46-53					
K – Aftercare advice for clients	54-58					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N5 Apply and maintain nail enhancements to create a natural finish</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P – Maintain effective and safe methods of working when enhancing, maintaining and removing nails by			1(l) (m)		1(a) (k)	1(b)-(j) (l) (m)
P – Consult, plan and prepare for the nail enhancement service by		2(e) (f) (g) (m)	2(o)		2(a)-(d) (h)-(j)	
P – Apply natural overlays by		3(g)				3(a)-(f)
P – Apply tip and overlays by		4(k)				4(a) –(j)
P – Maintain nail enhancements by		5(e)				5(a)-(d)
P – Remove nail enhancements by		6(c)				6(a) (b)
P – Provide aftercare advice by	7(a) (b)					
K – Organisational and legal requirements	1-13					
K – How to work safely and effectively when providing enhancements, maintenance and removal of nail services	14-24					
K – Consult, plan and prepare for the treatment with clients	25-34					
K – Contraindications and contra-actions	35-39					
K – Anatomy and physiology	40-43					
K – Nail enhancement services	44-55					
K – Maintenance and repair	56-59					
K – Aftercare advice for clients	60-64					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N7 Enhance and maintain nails using liquid and powder</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- Maintain safe and effective methods of working when enhancing, maintaining and removing liquid and powder nail enhancements						1(a-n)
P- Consult, plan and prepare for the liquid and powder nail enhancement services	2(a-p)	2(a-p)				
P- Sculpt and apply liquid and powder overlays					3(a-j)	
P- Apply tip and liquid and powder overlays					4(a-m)	
P- Maintain liquid and powder nail enhancements					5(a-h)	
P- Remove liquid and powder enhancements					6(a-c)	6(a-c)
P- Provide advice	7(a-b)					
K- Organisational and legal requirements	1-12					
K – How to work safely and effectively when providing enhancements, maintenance and removal of liquid and powder nail enhancements.	13-23					
K- Consult, plan and prepare for the treatment with clients	24-33					
K- Contra – indications and contra-actions	34-38					
K- Anatomy and physiology	39-42					
K- Liquid and powder nail service	44-63					
K- Maintenance and repair K- Aftercare advice for clients	64-67, 68-72					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N6 Enhance and maintain nails using UV gel</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- Maintain safe and effective methods of working when enhancing, maintaining, and removing UV gel nail enhancements					1(a-n)	
P- Consult, plan and prepare for UV gel nail enhancements	2(a-p)					
P- Sculpt and apply UV gel overlays					3(a-k)	
P- Apply tip and UV gel overlays					4(a-o)	
P- Maintain UV gel enhancements					5(a-g)	
P- Remove UV gel enhancements					6(a-c)	
P- Provide advice	7(a-b)					
K- Organisational and legal requirements	1-12					
K- How to work safely and effectively when providing enhancements, maintenance and removal of UV gel enhancements	13-24					
K- Consult, plan and prepare for the treatment with clients	25-33					
K – Contra indications and contra-actions	34-38					
K- Anatomy and Physiology	39-42					
K- UV gel nail service	43-62					
K- Maintenance and repair	63-66					
K- Aftercare advice for clients	67-71					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N12 Prepare and finish nail overlays using electric files</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- maintain safe and effective methods of working when preparing and finishing nail overlays using electric files					1(a-o)	
P- Consult, plan and prepare for the use of electric files	2(a-i)					
P- Prepare and finish nail overlays using electric files					3(a-n)	3(a-n)
K- Organisational and legal requirements	1-9					
K- How to work safely and effectively when preparing and finishing overlays using electric files	10-20					
K-Consult, plan and prepare for the treatment with clients	21-29					
K- Contra-indications and contra-actions	30-33					
K- Equipment	34-36					
K- electric filing service	37-49					

**Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units**

<b>N10 – Develop a range of creative nail images</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- Plan and design a range of nail images	1(a-f)					
P- Produce a range of creative images					2(a-m)	2(a-m)
P- Evaluate your results against the design plan objectives			3(a-c)			
K- Communication	1-6					
K- Design principles and presentation	7-14					
K- Health and Safety	15-19					
K-Planning	20-29					
K – Problem solving	30					
K- Evaluation	31-34					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N11 Airbrush Designs for Nails</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- Maintain safe and effective methods of working when providing airbrush designs						1(a-o)
P- Consult, plan and prepare for nail art	2(a-o)					
P- Apply airbrushing techniques and designs					3(a-i)	
P- Provide aftercare advice	4(a-b)					
K- Organisational and legal requirements	1-9					
K- How to work safely and effectively when providing airbrush services	10-21					
K- Consult, plan and prepare for the airbrushing service	22-31					
K- Contra indications and contra-actions	32-36					
K- Airbrushing equipment and products	37-43					
K- Airbrushing services	44-48					
K Aftercare advice for clients	57-59					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N9 Plan and create nail art designs</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- maintain safe and effective methods of working when providing nail art designs						1(a-n)
P- Consult, plan and prepare for the nail art design	2(a-p)					
P- Provide nail art services					3(a-g)	
P- Provide aftercare advice	4(a-b)					
K- Organisational and legal requirements	1-12					
K- How to work safely and effectively when providing nail art services	13-23					
K- Consult, plan and prepare for the nail art service with clients	24-31					
K- Contra-indications and contra-actions	32-36					
K- Nail art services	37-45					
K- Aftercare advice for clients	46-50					



## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>N8 enhance and maintain nails using wraps</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective participation</b>
P- Maintain safe and effective methods of working when enhancing, maintaining and removing wrap nail enhancements.						1(a-n)
P- Consult, plan and prepare for the wrap and nail enhancement services	2(a-p)					
P- Apply wrap overlays to natural nails					3(a-h)	
P-Apply tip and wrap overlays					4(a-m)	
P- Maintain wrap enhancements					5(a-f)	
P- Remove wrap enhancements					6(a-c))	
P-Provide aftercare advice	7(a-b)					7(a,b)
K- Organisational and legal requirements	1-12					
K- How to work safely and effectively when providing wrap enhancements, maintenance and removal	13-23					
K- Consult, plan and prepare for treatment with clients	24-33					
K- Contra- indications and contra actions	34-38					
K- Anatomy and Physiology	39-42					
K-Wrap nail service	43-60					
K-Maintenance and repair	61-64					
K- Aftercare advice for clients	65-69					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>S2 – Monitor clients and the operation of sauna, steam and hydrotherapy treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective Participation</b>
P- Maintain safe and effective methods of working when monitoring clients in the operation of sauna, steam and hydrotherapy treatments						1(a-i)
P- Prepare, maintain and monitor the spa environment					2(a-c)	
P- Provide client consultation, care and advice	3(a-p)					
P- Shut down treatment areas					4(a-c)	4(a-c)
P- Provide aftercare advice	5(a-b)					
K- Organisational and legal requirements	1-18					
K-How to work safely and effectively when monitoring clients and the operation of spa treatments	19-28					
K- Preparation, maintenance and monitoring	29-37					
K- Client consultation and care	38-50					
K-Sauna, Steam and hydrotherapy treatments	51-57					
K- Aftercare advice for clients	58-63					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>S3 Provide body wrapping and flotation treatments</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective Participation</b>
P- Maintain safe and effective methods of working when providing body wrapping and flotation treatments						1(a-p)
P- Consult, plan and prepare treatments with clients	2(a-k)					
P- Provide body wrapping treatments					3(a-f)	3(a-f)
P- Provide flotation treatments					4(a-d)	4(a-d)
P- Provide aftercare advice	5(a-b)					
K- organisational and legal requirements	1-16					
K- How to work safely and effectively when providing body wrapping and flotation treatments	17-28					
K- client consultation	29-40					
K-Anatomy and Physiology	41-55					
K- Body wrapping treatments	56-54					
K- Flotation treatments	65-75					
K- Aftercare advice for clients	76-82					

## Personal Learning and Thinking Skills Mapping – Beauty, Nails and Spa Units

<b>S1 Assist with spa operations</b>	<b>Independent enquiry</b>	<b>Creative thinking</b>	<b>Reflective learning</b>	<b>Team working</b>	<b>Self management</b>	<b>Effective Participation</b>
P- Maintain safe and effective methods of working when assisting with spa operations						1(a-g)
P- Clean and set up spa work areas					2(a-f)	2a-f)
P- Check and maintain spa work areas					3(a-j)	3(a-i)
P- Shut down work areas					4(a-d)	4(a-d)
K- Organisational and legal requirements	1-10					
K- How to work safely and effectively when assisting with spa operations	11-16					
K-Cleaning, setting up and checking equipment and spa work areas	17-29					
K- Client care	30-31					