19201
Installing Flexible Insulation

Objectives

Upon completion of this module, the trainee will be able to:

1. Understand the basic characteristics of flexible foam insulation.
2. Identify and use the proper tools for applications.
3. Learn to install flexible foam pipe insulation.
4. Cut and install flexible foam insulation for fittings, valves, and flanges.
5. Cut and install flexible foam insulation for equipment and air ducts.

Performance Tasks

1. Identify the tools used to apply flexible foam insulation.
2. Cut and install flexible foam pipe insulation.
3. Cut and install flexible foam insulation for fittings, valves, and flanges.
4. Cut and install flexible foam insulation for equipment and air ducts.

A Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following materials are required for instruction using this module:

- Appropriate Personal Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Miter box
- Knives
- Sharpening stone
- Paint roller
- Adhesive brushes
- Glue gun with brush tip
- Tape measure(s)
- Screwed fittings and pipe test rack
- Copper tubing and fitting test rack
- Pipe hanger mock-up
- Duct mock-up
- Clamps
- Sheet metal
- Wooden support blocks
- Trainee Task Module
- Transparencies
- Markers / chalk
- Paper / pencils
- Flexible pipe and sheet foam adhesive
- Flexible pipe foam
- Flexible sheet foam
- MSDSs
- Tape
- Protective finish
- Module Examination
- Performance Profile Sheets

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Module Overview

This module introduces the Insulating trainee to the principles and procedures of installing flexible foam insulation to piping, fittings, and equipment in an industrial or commercial environments.

Prerequisites

Please see the Course Map. Prior to training with this Task Module it is recommended that the trainee shall have successfully completed the following: Core Curriculum; Insulating Level One.

Safety Considerations

Use adhesives in a well-ventilated area. Store adhesives with the lid tightly sealed in an open area away from open flames or heat. Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

Teaching Time for This Module

Approximately 32½ hours or thirteen sessions of training are suggested to cover Installing Flexible Foam Insulation. Each training class session is a suggested 2½ hour time period that includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence Thirteen 2½-Hour Sessions

Adjust your class times based on class size and resources.

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<td>10</td>
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<td>Creating Sheet-Fabricated Flange Valve Covers – Using Pipe Hangers with Flexible Foam</td>
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19202
Installing Blanket Insulation for Ducts

Objectives

Upon completion of this module, the trainee will be able to:

1. Identify the fundamental characteristics of fiberglass blanket insulation.
2. Properly apply fiberglass blanket insulation to ducts and apparatus.
3. Vapor seal blanket insulation facings.
4. Recognize and better understand terminology used in the insulation industry.
5. Identify the tools needed to apply fiberglass blanket insulation.

Performance Tasks

1. Cut and install two pieces of flexible fiberglass blanket insulation on a duct mock-up using the staple-stitch method. Seal butt laps with tape.
2. Seal butt laps on flexible blanket insulation using the mastic method and the adhesive method.
3. Insulate a section of a duct mock-up that includes a run-out.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

**Equipment**
- Appropriate Personal Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Knives
- Shears
- Flare-head staple gun
- Duct section and equipment apparatus
- Calculator
- End-cutting nippers
- Pointing trowel
- Brushes
- Tape measure(s)

**Materials**
- Trainee Task Module
- Transparencies
- Markers / chalk
- Paper / pencils
- Fiberglass blanket
- Mastic, tape, and adhesives
- Staples
- Pins and clips
- Module Examination
- Performance Profile Sheets
Module Overview

This module introduces the trainee to the methods and procedures for proper use and installation of fiberglass blanket insulation. The intended audience for this module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Module 19201

Safety Considerations

Ensure that the trainees are equipped with the Appropriate Personal Protective Equipment.

Teaching Time for This Module

Approximately 7½ hours or three sessions of training time is suggested to cover Installing Blanket Insulation for Ducts. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence – Three 2½-Hour Sessions

Adjust your class times based on class size and resources. It is suggested that one third of the sessions be devoted to the classroom and two thirds to demonstration and “hands-on” laboratory exercises.

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<td>2</td>
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<td></td>
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Optional References for Advanced Study

This module is intended to present thorough resources for task training. The following reference is suggested for both instructors and motivated trainees interested in further study. This is optional material for continued education rather than task training.

19203
Installing Board Insulation for Ducts

Objectives

Upon completion of this module, the trainee will be able to:

1. Recognize and define the terminology used in the insulation industry.
2. Identify the kerfing or v-groove tools needed to apply fiberglass board insulation.
3. Apply fiberglass board insulation to ducts and casings.
4. Accurately cut fiberglass board insulation to fit over standing seams and stiffeners on ductwork and casings.
5. Apply a vapor-tight seal to board insulation on ducts and casings.
6. Cut and install fiberglass board insulation to round/oval ducts.

Performance Tasks

1. Identify all tools needed to install fiberglass board insulation including attachments.
2. Apply insulation weld pins to ductwork.
3. Apply fiberglass board insulation to straight duct and seal all joints with tape.
4. “Vee” cut, lay out, and install board insulation for a 12-inch round lateral.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

**Equipment**
- Appropriate Personnel Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Duct section and equipment apparatus
- Knives
- Kerfing tools
- Calculator
- Tape measure(s)
- Straight edge
- End-cutting nippers
- Shears
- Pointing trowel or putty knife
- Squeegee
- Pin welding machine

**Materials**
- Trainee Task Module
- Transparencies
- Markers / chalk
- Paper / pencils
- Fiberglass board
- Tape
- Adhesives
- Pins and clips
- Module Examination
- Performance Profile Sheets
Module Overview

This module introduces the trainee to the methods and procedures used in the installation of fiberglass board insulation. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 and 19202.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

Teaching Time for This Module

Approximately 20 hours or eight sessions of training time is suggested to cover Installing Board Insulation for Ducts. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence – Eight 2½-Hour Sessions

Adjust your class times based on class size and resources.

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<tr>
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<td>2</td>
<td>When to Use Board Insulation</td>
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<td>3</td>
<td>Measuring and Cutting</td>
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<td>4</td>
<td>How to Install Board Insulation</td>
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<td>5</td>
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<td>6</td>
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<td>7</td>
<td>How to Seal Board Insulation</td>
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<td>8</td>
<td>Performance Profile Test – Module Examination</td>
<td></td>
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</tbody>
</table>

Optional References for Advanced Study

This module is intended to present thorough resources for task training. The following reference is suggested for both instructors and motivated trainees interested in further study. This is optional material for continued education rather than for task training.

Objectives

Upon completion of this module, the trainee will be able to:

1. Describe the basic characteristics of calcium silicate/expanded perlite pipe insulation.
2. Handle and store calcium silicate/expanded perlite to avoid breakage and damage.
3. Identify and use the proper tools for application.
4. Make accurate cuts in calcium silicate/expanded perlite pipe insulation.
5. Install a single layer of calcium silicate/expanded perlite insulation on piping using wire or bands.
6. Install double layers of calcium silicate/expanded perlite pipe insulation.

Performance Tasks

1. Identify all tools needed to install calcium silicate/expanded perlite pipe insulation.
2. Cut and attach pipe insulation using the staggered-joint method of installation.
3. Install an outer layer over the layer of insulation applied in Task #2; stagger all joints; and band the outer layer in place using pistol grip banders.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

Equipment
- Appropriate Personnel Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Keyhole saw
- Coarse-tooth hand saw
- Divider
- Chipping hammer
- Sheet metal snips
- Pistol grip banders
- Ratchet banders
- Knives
- Calculator
- Tape measure(s)
- Mallet
- Straight edge
- End-cutting nippers
- Piping mock-up

Materials
- Trainee Task Module
- Transparencies
- Markers / chalk
- Paper / pencils
- Wire
- Bands
- Insulation cement
- Finish materials
- Module Examination
- Performance Profile Sheets
Module Overview

This module introduces the trainee to the methods and procedures for the proper use and installation of calcium silicate/expanded perlite insulation. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this Task Module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 through 19203.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment. This module involves the use of power equipment. Be certain that all trainees are properly instructed before using this equipment.

Teaching Time for This Module

Approximately 15 hours or six sessions of training time is suggested to cover Installing Calcium Silicate/Expanded Perlite Pipe Insulation. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence – Six 2½ Hour Sessions

Adjust your class times based on class size and resources.

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<td>2</td>
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<td>5</td>
<td>Double-Layer Application</td>
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<td>Performance Profile Test – Module Examination</td>
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Optional References for Advanced Study

This module is intended to present thorough resources for task training. The following reference work is suggested for both instructors and motivated trainees interested in further study. This is optional material for continued education rather than for task training.

19205
Installing Mineral Wool Insulation

Objectives

Upon completion of this module, the trainee will be able to:

1. Identify and use specific tools for installing mineral wool insulation.
2. Recognize the various forms of mineral wool.
3. Measure mineral wool insulation.
4. Cut and score mineral wool insulation.
5. Identify various attachments that are used.
6. Install mineral wool insulation.
7. Seal mineral wool insulation.
8. Identify the characteristics of welded pins, stick pins, and clips.
9. Use and maintain pin welding equipment.

Performance Tasks

1. Set up a pin welder and gun to shoot 10 gauge, copper-coated pins, 12” O.C.
2. Demonstrate a knowledge of proper safety procedures and proper welding techniques.
3. Apply V-groove pipe insulation to a piping mock-up.
4. Apply metal mesh blankets to an equipment mock-up.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

**Equipment**
- Appropriate Personnel Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Piping mock-up
- Equipment mock-up
- Pin welder / stud welder
- Hand grinder
- Knives
- Pointing trowel or putty knife
- End-cutting nippers
- Ground fault circuit interrupter
- Calculator
- Tape measure(s)
- Shears
- Straight edge

**Materials**
- Trainee Task Module
- Transparencies
- Markers / chalk
- Paper / pencils
- Wire
- Bands
- Mineral wool insulation
- Insulation cement
- Finish materials
- Pins and clips
- Module Examinaiton
- Performance Profile Sheets
Module Overview

This module introduces the trainee to the methods and procedures for proper use and installation of mineral wool insulation. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 through 19204

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment and have an understanding of:

- The proper use of a ground fault circuit interruptor (GFCI)
- Lockout/tagout procedures

This module involves the use of power equipment. Be certain that all trainees are properly instructed before using this equipment.

Teaching Time for This Task Module

Approximately 12½ hours or five sessions of training time is suggested to cover Installing Mineral Wool Insulation. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence — Five 2½-Hour Sessions

Adjust your class times based on class size and resources.

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Optional References for Advanced Study

This module is intended to present thorough resources for task training. The following reference is suggested for both instructors and motivated trainees interested in further study. This is optional material for continued education rather than for task training.

19206
Installing Rigid Foam And Cellular Glass Insulation

Objectives

Upon completion of this module, the trainee will be able to:

1. Understand the basic characteristics of rigid foam plastic and cellular glass insulation.
2. Identify and use the proper tools for application.
3. Handle and store rigid foam insulation.
4. Measure and cut rigid foam plastic and cellular glass insulation.
5. Install and seal rigid foam plastic and cellular glass insulation.
6. Understand cryogenic installation methods.
7. Understand the roles of expansion joints, contraction joints, and vapor stops.

Performance Tasks

1. Insulate a piping mock-up with polystyrene insulation for cold service.
2. Insulate a piping mock-up with cellular glass pipe insulation for cryogenic service. Use all of the procedures required for this type of installation.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

**Equipment**
- Appropriate Personnel Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Sharp 6” knife
- Tape measure or 6’ folding ruler
- Staple gun (flare-head)
- Nippers (end-cutting)
- Hand saw
- Pointing trowel
- Cellular glass saw / power hack saw blade
- Torch
- Caulking gun
- Keyhole saw
- Grooving tool

**Materials**
- Trainee Task Module
- Transparencies
- Markers / chalk
- Wire
- Bands
- Insulation cement
- Finish materials
- Module Examination
- Performance Profile Sheets
Module Overview

This module introduces the trainee to the methods and procedures for the proper use and installation of rigid foam and cellular glass insulation. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 through 19205.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment. This module involves the use of power equipment. Be certain that all trainees are properly instructed before using this equipment.

Teaching Time for This Module

 Approximately 20 hours or eight sessions of training time is suggested to cover Installing Rigid Foam and Cellular Glass Insulation. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence — Five 2½-Hour Sessions

Adjust your class times based on class size and resources.

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<td>2</td>
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<td>3</td>
<td>What is Cellular Glass Insulation?</td>
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19207
Installing Board and Block Insulation

Objectives
Upon completion of this module, the trainee will be able to:
1. Identify and use specific tools to install board and block insulation.
2. Recognize various forms of board and block insulation.
3. Measure board and block insulation.
4. Score, bevel, and cut board and block insulation.
5. Install board and block insulation.
6. Point board and block insulation.

Performance Tasks
1. Using a vessel mock-up, determine the number of courses of block, the number of lags, and the angle required on the lags. Assume an insulation thickness of 2 inches.
2. Insulate the sidewall of the vessel mock-up using lags calculated from Task 1.
   Be sure to include the use of a choker for a manway cover tie-off.
3. Insulate the bottom head of the vessel mock-up.

Note to the Instructor
Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials
The following are required for instruction using this module:

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<td>Performance Profile Sheets</td>
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<td>End-cutting nippers</td>
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<tr>
<td>Tape measure(s)</td>
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</tr>
<tr>
<td>Keyhole saw</td>
<td></td>
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<tr>
<td>Cross-cut hand saw</td>
<td></td>
</tr>
<tr>
<td>Pointing trowel</td>
<td></td>
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<tr>
<td>Banding tool</td>
<td></td>
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<tr>
<td>Chipping hammer</td>
<td></td>
</tr>
<tr>
<td>Grooving tool</td>
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</tbody>
</table>
Module Overview

This module introduces the trainee to the methods and procedures used in installing board and block insulation. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 through 19206.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

Teaching Time for This Module

 Approximately 17½ hours or seven sessions of training time is suggested to cover Installing Board and Block Insulation. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence — Seven 2½-Hour Sessions

Adjust your class times based on class size and resources.

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Trainee Module Section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Introduction</td>
<td>1.2.0</td>
</tr>
<tr>
<td></td>
<td>Board Insulation</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Block Insulation</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>Installing Board and Block Insulation on Flat Surfaces</td>
<td>2.1.0</td>
</tr>
<tr>
<td>3.</td>
<td>Installing Block on Curved Surfaces (Part 1)</td>
<td>2.2.0</td>
</tr>
<tr>
<td>4.</td>
<td>Installing Block on Curved Surfaces (Part 2)</td>
<td>2.2.0</td>
</tr>
<tr>
<td>5.</td>
<td>Installing Board on Large-Diameter Tanks</td>
<td>2.3.0</td>
</tr>
<tr>
<td>6.</td>
<td>Measuring and Cutting Lags</td>
<td>3.0.0</td>
</tr>
<tr>
<td>7.</td>
<td>Performance Profile Test – Module Examination</td>
<td></td>
</tr>
</tbody>
</table>
Objectives

Upon completion of this module, the trainee will be able to:

1. Identify and use specific tools for cement and fabric finishes.
2. Identify types of cements.
3. Identify types of fabrics and mastics.
4. Understand the limitations of cements.
5. Understand the limitations of fabrics and mastics.
7. Perform proper finishing techniques.
8. Perform cleanup and protection procedures for cement.

Performance Tasks

1. Insulate a screwed fitting with high-temperature insulation cement.
2. Insulate a calcium silicate 90-degree elbow with one coat of cement.
3. Apply a resin-based mastic and glass fab to the elbow in Task 2.
4. Apply a joint seal to pipe insulation to be used in cold service.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor's Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this module:

**Equipment**
- Appropriate Personal Protective Equipment
- Overhead projector and screen
- Whiteboard / chalkboard
- Calculator
- Tape measure(s)
- Brushes
- Bull nose trowel
- Pointing trowel
- Palm
- Plastering trowel
- Sharp scissors / knife
- Lacing hook
- Heavy-duty rubber gloves
- Sheet metal snips

**Materials**
- Trainee Task Module
- Transparencies
- Markers / chalk
- Insulation cements
- Corner beads
- Poultry mesh
- Glass reinforcement cloth
- Canvas
- Mastics
- Module Examination
- Performance Profile Sheets
**Module Overview**

This module introduces the trainee to the methods and procedures for installing cement and fabric finishes and mastics. The intended audience for this Task Module includes all Insulating trainees.

**Prerequisites**

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: *Core Curriculum; Insulating Level One; Insulating Level Two*, Modules 19201 through 19207

**Safety Considerations**

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

**Teaching Time for This Task Module**

Approximately 10 hours or four sessions of training time is suggested to cover Cement and Fabric Finishes and Mastics. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

**Suggested Teaching Sequence — Four 2½-Hour Sessions**

Adjust your class times based on class size and resources.

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Trainee Module Section(s)</th>
</tr>
</thead>
</table>
| 1       | Introduction  
High-temperature Insulating Cement –  
Hydraulic Setting Cemen  
Finishing Cement  
Reinforcements | 1.0.0 - 2.0.0 |
| 2       | Corner Bead – Fabrics | 2.1.0 - 3.1.0 |
| 3       | Mastics | 3.2.0 |
| 4       | Installing Mastic Reinforcements, Finishes and Bedding  
Module Examination – Performance Profile Test | 3.3.0 - 3.5.0 |
19209
Plumbing Systems

Objectives

Upon completion of this module, the trainee will be able to:

1. Identify the elements of a typical cold water plumbing system.
2. Identify the elements of a typical hot water plumbing system.
3. Discuss the various types of drainage systems in buildings.
4. Understand what type of insulation is required on plumbing systems and why.
5. Identify typical piping hook-ups.

Performance Tasks

1. Identify the parts of a distribution system.
2. Identify the steps that cold water goes through prior to being distributed in the pipe system.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this Task Module:

<table>
<thead>
<tr>
<th>Equipment</th>
<th>Materials</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appropriate Personal Protective Equipment</td>
<td>Trainee Task Module</td>
</tr>
<tr>
<td>Overhead projector and screen</td>
<td>Transparencies</td>
</tr>
<tr>
<td>Whiteboard / chalkboard</td>
<td>Markers / chalk</td>
</tr>
<tr>
<td>Calculator</td>
<td>Module Examination</td>
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<td></td>
<td>Performance Profile Sheets</td>
</tr>
</tbody>
</table>
Module Overview

This module introduces the trainee to the methods and procedures used in insulating plumbing systems. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, Modules 19201 through 19208.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

Teaching Time for This Module

Approximately 7 1/2 hours or three sessions of training time is suggested to cover Plumbing Systems. The training class session is a suggested 2 1/2 hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence — Three 2 1/2-Hour Sessions

Adjust your class times based on class size and resources.

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Trainee Module Section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction – Cold Water Piping</td>
<td>1.0.0 - 2.0.0</td>
</tr>
<tr>
<td>2</td>
<td>Hot Water Piping</td>
<td>3.0.0</td>
</tr>
<tr>
<td>3</td>
<td>Storm Drain Piping</td>
<td>4.0.0 - 6.0.0</td>
</tr>
<tr>
<td></td>
<td>Condensate Drain Piping</td>
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<td></td>
<td>Fire Protection Piping</td>
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<td></td>
<td>Module Examination – Performance Profile Test</td>
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</tr>
</tbody>
</table>
19210
Chilled And Hot Water Heating Systems

Objectives

Upon completion of this module, the trainee will be able to:

1. Identify the elements of chilled water systems.
2. Identify the elements of hot water heating systems.
3. Identify the elements of dual-temperature systems.
4. Recognize the types of pipes used in various systems.
5. Explain which systems require insulation.
6. Identify the equipment used in various systems.

Performance Task

1. Identify the systems that have been covered in this module in an actual equipment room.

Note to the Instructor

Before teaching this Task Module, you should review the details in this Instructor’s Guide for Equipment and Materials, Testing, and the suggested Teaching Sequence. Be sure to allow ample time to prepare your own training plan or lesson plan and to gather all required equipment and materials.

Required Equipment and Materials

The following are required for instruction using this Task Module:

<table>
<thead>
<tr>
<th>Equipment</th>
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</thead>
<tbody>
<tr>
<td>Appropriate Personal Protective</td>
<td>Trainee Task Module</td>
</tr>
<tr>
<td>Equipment</td>
<td>Transparencies</td>
</tr>
<tr>
<td>Overhead projector and screen</td>
<td>Markers / chalk</td>
</tr>
<tr>
<td>Whiteboard / chalkboard</td>
<td>Module Examination</td>
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<tr>
<td></td>
<td>Performance Profile Sheets</td>
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</tbody>
</table>
Module Overview

This module introduces the trainee to the methods and procedures used in insulating chilled water and hot water heating systems. The intended audience for this Task Module includes all Insulating trainees.

Prerequisites

Please see the Course Map. Prior to training with this module, it is recommended that the trainee shall have successfully completed the following modules: Core Curriculum; Insulating Level One; Insulating Level Two, modules 19201 through 19209.

Safety Considerations

Ensure that the trainees are equipped with Appropriate Personal Protective Equipment.

Teaching Time for This Task Module

Approximately 5 hours or two sessions of training time is suggested to cover Chilled and Hot Water Heating Systems. The training class session is a suggested 2½ hour time period, which includes one break. You will need to adjust the time required for hands-on activities and testing based on your class size and resources. All time periods for this module are suggested, and you will need to adapt the suggested lesson plan to meet your local conditions.

Suggested Teaching Sequence — Two 2½-Hour Sessions

Adjust your class times based on class size and resources.

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Trainee Module Section(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction</td>
<td>1.0.0 - 4.0.0</td>
</tr>
<tr>
<td></td>
<td>Chilled Water Systems</td>
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<td></td>
<td>Condenser Water Systems</td>
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<tr>
<td></td>
<td>Hot Water Heating Systems</td>
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<tr>
<td>2</td>
<td>Hot Water Heating Systems</td>
<td>4.0.0 - 5.0.0</td>
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<tr>
<td></td>
<td>Dual-Temperature Systems</td>
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<tr>
<td></td>
<td>Module Examination – Performance Profile Test</td>
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</tbody>
</table>