

Paper Reference(s) 4ES1/01
Pearson Edexcel International GCSE

English as a Second Language
PAPER 1: Reading and Writing

Time: 2 hours

Insert Booklet
For Part 1, Part 2, Part 3 and Part 6

**DO NOT RETURN THIS INSERT BOOKLET
WITH THE QUESTION PAPER.**

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PART 1**Woodhouse Community Centre**

- A** Our community centre is run by a local charity and the staff are all volunteers. We are close to the city centre and the local public transport services are excellent. As well as on-street parking being available, we have our own car park that is free to use.
- B** The community centre's Information Technology Suite is open to the public from 10 am till 1 pm on Monday, Wednesday and Friday, as well as from 1 pm till 4 pm on Tuesday and Thursday. If you need help with any IT-related issues, our staff are happy to help.
- C** Our beautiful building has been modernised recently and we have new furniture. It is now a bright and comfortable space. We have a number of rooms available to hire for meetings, conferences, weekly classes and more. Photos and further details about these rooms can be found on the website.
- D** The centre is used by local businesses, community groups and individuals. It is used as a place for learning, networking, fitness and volunteering. Our focus is on bringing people together. We are open evenings and weekends for booked events.

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- E** There is free Wi-Fi throughout the building and lots of space to meet up with friends. We have regular coffee mornings for all to attend. Our cafe offers the use of a microwave for heating baby food, as well as a bottle warming service. We also have baby changing facilities.
- F** If you need to hire a room, booking is easy and we offer great value for money. When contacting us, let us know the name of your event or activity and what date and time is best for you. We'll send you a confirmation email showing your room hire details.
- G** We can arrange the furniture in all rooms to suit your needs. Tell us what you need when you get in touch. We are very flexible and we will take care of all your requirements. Please book for the whole of the time you think you'll need in the centre, including preparation and tidying up.
- H** There will always be somebody available to help you set up your room. We have a range of equipment for you to hire, including projectors and screens, televisions and DVD players, flipcharts and display boards. Let us know what you need and we will do the rest.

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- I** We can provide tea, coffee and snacks at the cost of £1 per person. If you prefer to make your own drinks, we can supply you with hot water for the day. We do, however, ask you to wash any mugs used, and make a donation to the centre. Alternatively, bring your own snacks and drinks free of charge.

- J** The building entrance is fully accessible from the street. All first-floor rooms can also be reached by lift. All our toilets are on the ground floor. For those cycling to the centre we have secure bicycle storage. Finally, we have a prayer room for those who may need one.

PART 2

Read the article by Fiona Wright.

Getting Back to Camping

I don't have happy memories of family camping holidays and I avoided school camping trips whenever I could. We spent too many holidays travelling to a campsite that I thought was terrible. We always used this site as a base to visit family living nearby. I decided at an early age that any holiday where I was forced to collect my family's water, and go out in the cold night to visit the bathroom, wasn't for me.

But now I have three sons, aged eight, seven and five. For them, nothing really beats the thought of sleeping outside, so when they begged me to take them camping, I said yes. I knew we wouldn't get enough sleep and there would be lots of insects and mountains of dirty washing. Hopefully, it would all be worthwhile once we headed out of the city into the countryside to breathe fresh air and enjoy nature.

Up to now, our family camping experiences haven't been very adventurous. We've camped in the garden in an old tent with duvets from the house and close to hot running water and fresh towels. We've always agreed that we really must attempt camping for real. So why haven't we? It's largely because camping has a reputation for being hard work – especially if you prefer holidays of the lazier variety.

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All that equipment to carry around, the time spent putting everything up and taking everything down, the uncomfortable beds or the moment you remember you forgot to bring tea bags.

People who genuinely love camping make it sound such fun, not to mention cheap. Now I have children of my own, the cost of a family holiday is a consideration. So we decided to try it, but with a few upgrades to make it as lazy and luxurious as possible. After conducting some research, I found the perfect tent for us: one that inflates in 60 seconds, with two bedrooms and blackout material to prevent dawn wakeups. Also, embarrassed though I am to admit it, I bought a few accessories to make camping easier. We were finally on our way with everything we needed, including our duvets, pillows and even our garden chairs.

We arrived at our campsite. It offered spacious sites to put your tent and one fire pit per family for cooking on or keeping you warm. The toilets and hot showers were in a separate, beautifully decorated building. There was also a farm shop with everything you need for making your own meals. But the real appeal, for a lazy camper like me, was the on-site cafe for breakfasts, lunches and pizza nights on Fridays.

We picked a spot next to the river, with no other campers in sight, and rolled out the tent. While we didn't quite manage to put the tent up in 60 seconds, it only took a few

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minutes to inflate and peg it into the ground. We installed my sons' inflatable beds and rolled out our self-inflating mattress and double sleeping bag – topped with a blanket.

For me and my family the evening was a memorable experience: my sons ran around and entertained each other; my husband built a fire and barbequed our dinner, while I set the table. In the morning we woke up at our usual time but, with heavy rain outside, there was no alternative but to snuggle into our sleeping bags and read books. As soon as the rain stopped, we pulled on our boots to explore the river bank. By the time we headed back, the cafe with its log-burning stove, hot coffee and huge breakfasts, was open. This was as lazy as camping gets and it had me hooked.

As far as most holidays go, if the children are happy, so are the parents. This explains why camping holidays are so popular with families. So, for those of us who consider ourselves to be too lazy to be regular campers, what's the key to enjoying the outdoor life? Above all, comfort. Not all campsites are the same; some may be little more than a field, while others have pre-pitched tents and games rooms. Choose with care, depending on how lazy you are feeling.

PART 3

Read the article by Sonia Klug.

E-bikes are the Answer

We have grown used to cars dominating city life in Britain, but if we look elsewhere, many cities have done a fantastic job in decreasing their reliance on cars. In Amsterdam, half of all journeys are by bicycle and in Copenhagen, 41 per cent of people cycle to work or school, as opposed to 2·5 per cent in London.

In cities like these, e-bikes have become the norm and they play an essential part in making cycling accessible. All types of people are embracing them for everyday use, from grocery shopping to commuting. They are quick and convenient, relatively cheap and improve physical and even mental health.

There is also a body of research that shows that cycling (e-assisted or not) can solve some of our most serious problems. Not only would people feel the health benefits of increased activity, but cities would be less likely to come to a halt at busy times. Also, greater uptake of cycling would reduce carbon dioxide emissions helping to slow global warming and to lessen air pollution.

Yet in Britain only an estimated 60,000 e-bikes were sold in 2018, compared to one million in the Netherlands, where they now outsell conventional bicycles. In Germany, nearly

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a million were sold in the first six months of 2019 alone; a third of households either own one, or plan to buy one in the next year. Why is Britain lagging so far behind other European countries when it comes to making the most of this technology?

E-bikes appeared in the 1990s and have gone from initially being thought of as embarrassing to being readily accepted in some countries. Gone are big engines that look like boxes stuck to the back wheel. Smaller batteries and engines are now often part of the bicycle frame, resulting in lighter and more efficient-looking e-bikes. The lightest weigh only 11 kilogrammes and do not even look like e-bikes. From stylish designer versions to folding and mountain e-bikes, manufacturers have brought out a wide range of products that cater for every user. E-cargo bikes are also increasingly used to get around with children, as well as for deliveries by local businesses.

While cycling with an e-bike may not be as much of a workout as cycling on a conventional bike, studies show that people who use e-bikes tend to use them more and for longer trips, meaning they do more exercise overall. I can certainly see how this is possible. E-bikes also improve wellbeing and brain function in older adults, as well as helping people with mobility issues get around.

To get a true feel for the capacity of bicycles to transform cities, e-assisted or otherwise, you have to spend some time in a cycle-friendly city that feels more spacious,

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human-centred, cleaner and calmer. Getting from one place to another is pleasant and relaxing, rather than a stressful experience.

Of course, beyond benefits to the individuals, e-bikes have the potential to lessen our dependence on cars. Studies have shown that people who were loaned an e-bike reduced their car usage, even in the short term. A greater uptake would also reduce Britain's air pollution problems.

Despite the benefits of e-bikes, due to a lack of awareness, most people in Britain have never even considered using one. For those that have, the cost of buying one is a negative factor. The British Cycling Association has looked into this issue and concluded that offering people help with the cost of buying an e-bike would encourage more people to get one.

The biggest obstacle to more people cycling is the lack of a safe infrastructure, including cycle parking and separate cycle lanes. The majority of people simply feel that it is too dangerous to cycle on the roads. However, many motorists react angrily when additional road space is allocated to cyclists. They get frustrated having to share more of the road with them as this means they spend more of their time sitting in traffic.

Luckily, attitudes seem to be changing. Bicycle shop owners report more interest in e-bikes, with significantly more people saying they would be comfortable riding one.

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There is predicted to be a 30 per cent increase in sales. There are various electric cycle hire schemes in London, and initial uptake seems encouraging. The government is also becoming more proactive by encouraging the purchase of e-bikes as part of the Cycle to Work Scheme and providing interest-free loans for their purchase.

Of course, e-bikes are not as comfortable or as exciting as futuristic transport solutions, such as self-driving electric cars. However, in the short term, they are the only realistic choice for most people to own an electrical vehicle.

PART 3

Questions 41–45

annoyed

safety

range

residents

relaxing

companies

thinking

display

curious

economic

PART 6**Volunteering Overseas**

Whatever your age you can learn a lot from volunteering overseas, such as, experiencing new cultures and ways of life. When you return home, those lessons translate into skills and experience. You will benefit on both a personal and a professional level.

There are many personal benefits to volunteering overseas. You will really get to know the people you work with every day. Your shared work experience will lead to some unique and unlikely friendships, with strong bonds for life. It is a great idea to volunteer with a friend or partner from home, making it easier for you to get used to your new environment.

Charity work overseas can offer a sense of accomplishment. Unlike the office jobs that so many people do every day, you will know that your work is helping to change people's lives for the better. It is common for volunteers to discover a new hobby, a passion for volunteering itself, or even to move into paid work in the charity sector.

Volunteers are taught about body language, gestures and conversational customs that may differ between their home country and the country in which they are volunteering. The lessons are fascinating, leading volunteers to reflect on how their behaviour comes across to others in daily life.

Volunteering overseas is a great way to get away from the tourist trail and to meet local people. Even though doing

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voluntary work abroad is nothing new, chances are that very few people have done exactly the same volunteer work as you, and even then, no two volunteers will have exactly the same experience.

There are also professional benefits to volunteering overseas. The current job market is challenging, with tens or sometimes hundreds of people applying for the same job or placement. Doing voluntary work abroad will give you valuable and unusual experience to add to your CV to help you stand out from the crowd.

Overseas voluntary work provides hands-on practical experience and it is an opportunity to meet people of all ages and backgrounds from all around the world. You can make professional as well as personal connections. Living and working in another country is the best way to learn the language and if your work involves teaching English, you will develop your teaching skills at the same time.

Another key skill you will develop is teamwork. Making your project a success will involve working closely with a diverse range of people, both locals and other volunteers, many of whom you might otherwise never interact with. As a volunteer doing charity work overseas, you may be put in a position of management. Whether this is for a small group of people or a whole team, being able to manage people effectively will improve your career prospects.

If you are thinking about volunteer work overseas, be sure to do your research on the best volunteer overseas programmes across a range of places and cultures.

Part 2

(Sourced from: The lazy person's guide to camping: how to get back to nature with minimum effort By Anna Tyzack, Jessica Salter & Fiona Wright © Telegraph Media Group)

Part 3

(Sourced from: E-bikes are revolutionising European cities. Why is the UK not following their example? By Sonia Klug © Independent Digital News & Media Limited, October 2019)

Part 6

(Sourced from: <https://gapforce.org/gb/benefits-of-volunteering-abroad>)