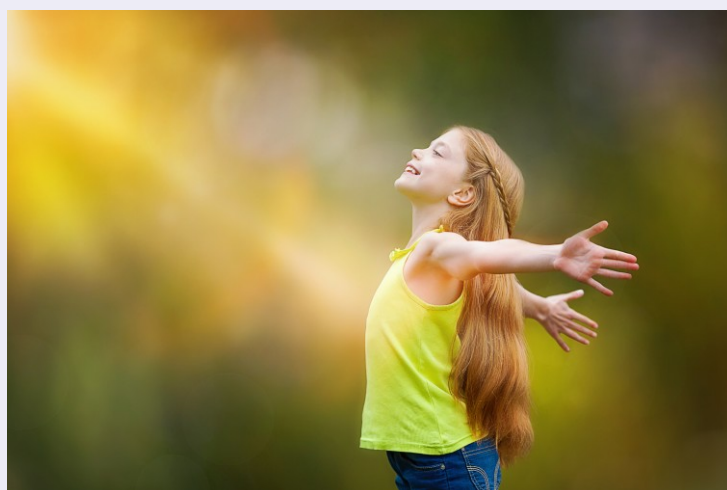


Topic of the Month (July 2026)

Topic of the Month helps spark discussion in Religious Studies at Key Stages 4 and 5 by highlighting its relevance today. Use the selected news article and discussion prompts to support your teaching.



Steven TDW White / Shutterstock

Introduction

This article relates to the influence of religious faith on emotional wellbeing and societal happiness in modern Britain. Are people of faith happier?

[\(Read the full article and view the recording from the Institute for the Impact of Faith in Life\)](#)

Discussion prompts

- What roles can religious beliefs play in personal happiness?
- How do faith communities contribute to wellbeing?
- Can secularism offer the same emotional benefits as religion?
- Do you think that happiness and faith are caused in the same way?
- Are people of faith happier?
- Why might communal worship help wellbeing?

Specification links:

- **GCSE:**
 - Religious attitudes to social justice.
 - The role and importance of the local church ...
 - Support for the family in the ummah.
- **A Level:**
 - Equality
 - The relationship between religion and morality
 - Context to critiques of religious belief and points for discussion

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