

Topic of the Month (February 2026)

Topic of the Month helps spark discussion in Religious Studies at Key Stages 4 and 5 by highlighting its relevance today. Use the selected news article and discussion prompts to support your teaching.



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Introduction

This topic relates to an article, produced by Tharik Hussain and Lama Obeid for lonely planet* entitled "Tips for traveling to Muslim countries during Ramadan." It relates to Islamic practices during Ramadan and explores how cultural and religious observances impact travel and daily life.

[\(Read the full article from lonely planet\)](#)

Discussion prompts

- Why should travellers respect local customs during Ramadan?
- What is the purpose of fasting during Ramadan?
- How does Ramadan affect daily routines?
- Why is hospitality important during Ramadan?
- What challenges might travellers face during Ramadan?

Specification links:

GCSE:

- Salah as one of the Five Pillars
- Sawm as one of the Five Pillars
- The nature, origins, activities, meaning and significance of the celebration/ commemoration of Id-ul-Adha...

A Level:

- Islam: Practices that shape and express religious identity
- The meaning and significance of the life and work of the Prophet Muhammad...
- The key events in the life of Muhammad and his sayings...

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