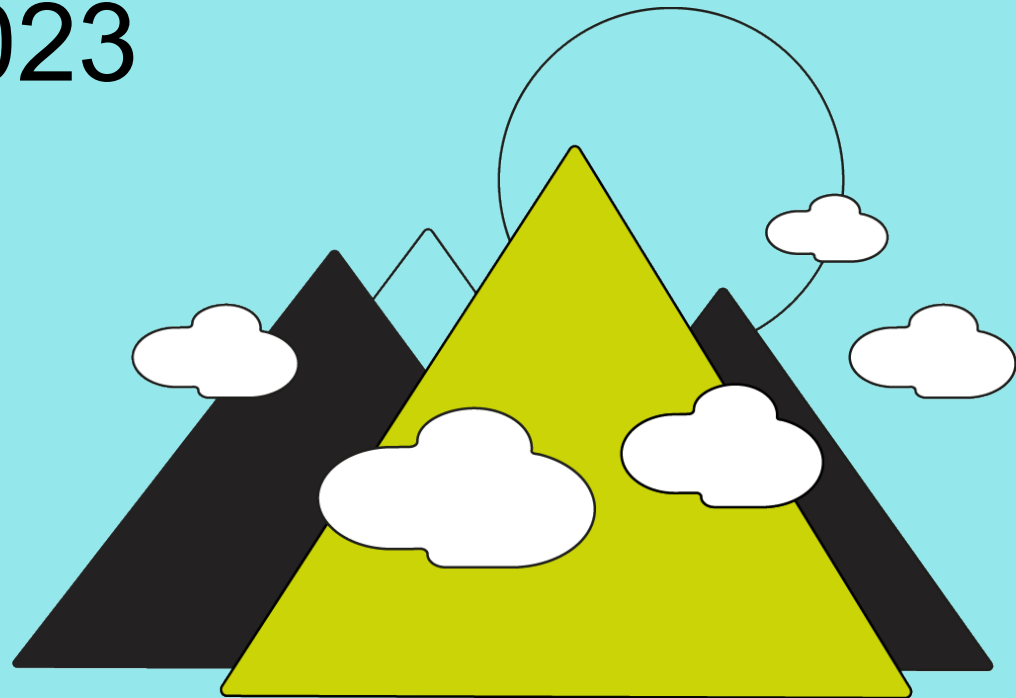


Pearson Edexcel GCSE (9-1) Physical Education: Planning and Delivering the revised GCSE Physical Education specification for first assessment 2023



Contents

This session will provide you with:

- An overview of changes to Component 1 and Component 2, the associated hours of assessment, the weighting and the marks available
- An overview of the changes to Component 4 – Personal Exercise Programme (PEP) with examples
- Support to help you deliver this qualification

Why we made changes

As part of our on-going review of our qualification, we decided to review and refine our GCSE PE qualification to best suit our centres needs.

We have consulted centres over the past few months through various surveys, focus groups and phone conversations to shape this revised qualification. We have listened and take on board your feedback and are now pleased to present to you our revised qualification for first assessment from summer 2023.

Overview of the changes Components 1 and 2

No changes to content.

The following changes are for 1st assessment for 2023:

- 3 sections per paper: A, B and C splitting topics
- Reduction of marks per paper – 1 AO1 mark and 1x9 markers
- Reduced examined time for Paper 1 only
- Evaluate as only command word for 9 extended question

Paper 1	Paper 2
Section A: Anatomy & Physiology and Movement analysis Section B: Physical Training Section C: One extended response on Physical Training topic only	Section A: Health, Fitness and Wellbeing Section B: Sports Psychology and socio-cultural influences Section C: One extended response from section B: Sports Psychology and socio-cultural influences
80 marks - 1 hour 30 mins	60 marks - 1 hour 15 mins

Lets looks at Paper 1

We have made the following changes to [Paper 1](#):

- Introduced 3 sections to the paper:
Section A: Anatomy & Physiology and Movement analysis, **Section B:** Physical Training and **Section C:** One 9 mark extended response on Physical Training topic only
- Reduced time from 1 hour 45 mins to **1 hour 30 mins**
- Reduce total marks from 90 to **80 marks**
- No changes to question type – the only questions from original SAMs affected are:
 - **Question 8:** We have taken away one AO1 mark so that only two responses are required instead of three.
 - **Question 18:** We have removed the original Question 18 as this question is not related to the topic area Physical Training and retained the original Question 19 as the only extended-writing question.

Write your name here						
Surname	Other names					
Pearson Edexcel Level 1/Level 2 GCSE (9–1)	Centre Number <table border="1"><tr><td></td><td></td><td></td><td></td><td></td></tr></table>					
	Candidate Number <table border="1"><tr><td></td><td></td><td></td><td></td><td></td></tr></table>					
Physical Education Component 1: Fitness and Body Systems						
Sample assessment materials for first teaching September 2016 Time: 1 hour and 30 minutes	Paper Reference 1PE0/01					
You will need a calculator.	Total Marks					

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- There are **three sections** in this paper. Section A: Applied anatomy and physiology and Movement analysis, Section B: Physical training and Section C: Extended writing question.
- Section C: Extended writing question will always be on the topic area from Section B: Physical training.
- Answer **ALL** the questions in Sections A, B and C.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is **80**.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Lets looks at Paper 2

We have made the following changes to [Paper 2](#):

- Introduced 3 sections to the paper:
Section A: Health, Fitness and Wellbeing, **Section B:** Sports Psychology and socio-cultural influences and **Section C:** One extended response covering all topics from section B.
- Reduce total marks from 70 to **60 marks**
- No changes to question type – the only questions from original SAMs affected are:
 - **Question 9:** We have taken away one AO1 mark so that only one response is required instead of two.
 - **Question 12:** We have removed the original Question 12 because this question is not related to the topic area Health, fitness and wellbeing, and retained the original Question 13 as the only extended-writing question.

Write your name here			
Surname	Other names		
Pearson Edexcel		Centre Number	Candidate Number
Level 1/Level 2 GCSE (9-1)			
Physical Education			
Component 2: Health and Performance			
Sample assessment materials for first teaching September 2016 Time: 1 hour and 15 minutes			Paper Reference 1PE0/02
You will need a calculator.			Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- There are **three sections** in this paper. Section A: Health, fitness and well being, Section B: Sports psychology and Socio-cultural influence and Section C: Extended writing question.
- Section C: Extended writing question will always be on the topic area from Section B: Sports psychology and Socio-cultural influences.
- Answer **ALL** the questions in Sections A, B and C.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is **60**.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Overview of the changes Component 4

Following feedback from centres, we have reviewed this component and updated it to provide very specific guidance as to the expectations of the PEP.

The PEP is 10% of the qualification and we want students to learn parts of the theory, including Topic 3 3.2, 3.3 in a very practical way.

As a result we have done the following:

- Updated the PEP specification to make it more accessible and easier to understand in relation to the requirements for areas of content covered in the student's work.
- Created a new checklist (as a guide) to assist teachers and students with the type of content that needs to be included within the PEP as well as providing an example of the overall structure of the task.
- New exemplars from our new Principal Moderator Dane Smith clearly outlining the expectations.
- Self paced 3 modules c/w marking training event with an live online event with our Principal Moderation for Q&A

Let's look at the PEP support

[PEP checklist](#) - This checklist is designed to be used as a guide to assist students with the type of content to be included within the PEP as well as providing an example of the overall structure of the task. A student who includes everything will ensure that they have access to the full mark scheme but does not guarantee a mark as this will be determined by the quality of the work submitted when assessed against the assessment criteria in the marking grid.

[Performance Data examples](#) - outlines examples of skills and practices learners could use when gathering performance data.

[Exemplars](#) – new exemplars showing you the requirements and standards across different levels

[Coursework marking training event](#) – 3 self paced modules with a live online event with our Principal Moderator for Q&A.

- Module 1: Understanding the assessment mark grid
- Module 2: Practice applying the assessment mark grid to 3 examples at a convenient time and pace.
- Module 3: Marks will be revealed for the 3 exemplars marked in Module 2.
- Module 4: Q&A with a new PEP example

Support to help you deliver this qualification

Free support for planning and teaching:

- Course planner
- Scheme of work
- Getting Started guide
- Topic guides for all topics with guidance on teaching and activity ideas
- Guidance on extended answer questions

Published resources:

- Student Book and ActiveBook, covering all components in the specification
- ActiveLearn Digital Service teacher resources, providing:
 - an online version of the Student Book
 - ready-made presentations to support teaching with editable worksheets to support classwork and homework
 - video footage, interactive quizzes and playlists
- Revision Guide and Revision Workbook

ResultsPlus and examWizard

- **ResultsPlus** provides the most detailed analysis available of your students' exam performance. This free online service helps you identify topics and skills where students could benefit from further learning, helping them gain a deeper understanding of Physical Education.
- **examWizard** is a free exam preparation tool containing a bank of past Edexcel Physical Education exam questions, mark schemes and examiners' reports, so you can create mock papers, homework or practice tests in minutes.

Subject Advisor

Penny Lewis

Twitter: [@PearsonPESport](https://twitter.com/PearsonPESport)

[Email or live chat](#)

Sign up for monthly [email updates](#)

Check out the [PE Sport qualification page](#)



Please join the [GCSE PE](#), [GCE PE](#), [BTEC](#) communities where teachers can talk to us and each other.