

Write your name here

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Other names

**Pearson**  
**Edexcel GCSE**

Centre Number

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Candidate Number

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# Health and Social Care

## Unit 1: Understanding Personal Development and Relationships

Tuesday 17 June 2014 – Afternoon  
**Time: 1 hour 15 minutes**

Paper Reference

**5HS01/01**

**You do not need any other materials.**

Total Marks

### Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided  
– *there may be more space than you need.*

### Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets  
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (\*) are ones where the quality of your written communication will be assessed  
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

### Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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**PEARSON**

**Answer ALL questions.**

**Write your answers in the spaces provided.**

**Section One**

**In Section One, questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.**

**1** Which **one** of the following is a physical characteristic of the menopause? (1)

- A** Development of motor skills
- B** Decline in hearing
- C** Learning to walk
- D** Menstruation ceases

**2** Which **one** of the following is a life stage? (1)

- A** Menopause
- B** Infant
- C** Early childhood
- D** Puberty

**3** Which **two** of the following are examples of social skills? (1)

- A** Being able to make friends
- B** Being able to run
- C** Being able to write
- D** Being able to tell a joke

- A and B
- B and C
- C and D
- A and D



- 4 An example of an expected life event is: (1)
- A a marriage
  - B a redundancy
  - C an accident
  - D an illness
- 5 Which **one** of the following is a psychological factor? (1)
- A Wealth
  - B Poverty
  - C Stress
  - D Income
- 6 Which **one** of the following would provide professional support? (1)
- A Family member
  - B Citizens Advice Bureau
  - C GP
  - D Neighbour
- 7 Which **two** of the following are genetically determined? (1)
- A Religion
  - B Gender
  - C Blood group
  - D Eye colour
- A and B
  - B and C
  - C and D
  - A and D



**8** Self-concept is defined as: (1)

- A** what a person thinks they are like
- B** the value a person places on themselves
- C** how a person sees themselves
- D** the combination of self-image and self-esteem

**9** In which life stage would an individual normally expect to retire? (1)

- A** Adolescence
- B** Early adulthood
- C** Middle adulthood
- D** Later adulthood

**10** An individual will bond and attach during which life stage? (1)

- A** Conception
- B** Pregnancy
- C** Infancy
- D** Childhood

**11** Getting married is a life event that normally occurs during which life stage? (1)

- A** Infancy
- B** Adolescence
- C** Early adulthood
- D** Later adulthood

**12** During early childhood which type of relationship becomes more important? (1)

- A** Friends
- B** Family
- C** Working
- D** Professional



13 The language associated with a country is part of its:

(1)

- A politics
- B culture
- C structure
- D history

14 Which **two** of the following are examples of intellectual activities?

(1)

- A Solving equations
- B Socialisation
- C Completing a crossword
- D Making new friends

- A and B
- B and C
- A and C
- B and D

15 An individual's self-image is **most** likely affected by:

(1)

- A pollution
- B noise
- C gender
- D housing

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**TOTAL FOR SECTION ONE = 15 MARKS**



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## Section Two

16 Read the following case study and answer all the questions that follow.

Harry is six years of age and has a learning difficulty. He has been diagnosed with mild autism. He lives with his mother Sophie and older brother Greg who is eight years of age. Both boys attend the local primary school. Greg is doing well at school. Harry is helped in class by a learning support worker and his teacher, Miss Ashton, who has indicated that he is making good progress.

Both Greg and Harry enjoy spending time together. They like playing football, using the games console and watching DVDs. Sophie is very proud that her sons have bonded and rewards them with days out and little treats.

(a) Using the games console helps both boys to develop their fine motor skills.

Define what is meant by **fine motor skills**.

(2)

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(b) Explain the difference between growth and development.

(4)

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(c) Explain how Harry's intellectual development may differ from his brother Greg's.

(4)

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\*(d) Greg and Harry have also attached well with their mother Sophie.

Discuss the importance of a strong attachment in early childhood.

(8)

Area with horizontal dotted lines for writing.



\*(e) Harry attends the same primary school as his brother and mixes well with the other children.

Assess how mixing well with other children may benefit Harry's development.

(10)

A series of horizontal dotted lines for writing.



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**(Total for Question 16 = 28 marks)**



17 Read the following case study and answer all the questions that follow.

Sophie is 30 years of age. She works in a nursing home during the week and at the weekends works as a waitress in a local hotel. Her mum Margaret and neighbour Sinead help to look after Greg and Harry when she is working. Sophie is very glad of the support but often feels guilty and stressed about leaving the boys.

Sophie wants to be a nurse and has enrolled on an access programme at her local college. She is enjoying the course and the opportunity to meet new friends.

(a) Identify **two** forms of support Sophie uses to help her cope with her work demands.

(2)

1 .....

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2 .....

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(b) Identify, in the correct order, the **three** life stages which Sophie has passed through.

(3)

1 .....

2 .....

3 .....

(c) Explain why Sophie may be feeling stressed.

(4)

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\*(d) Discuss why Margaret and Sinead's support is important for Sophie.

(8)

Handwriting practice area consisting of 25 horizontal dotted lines.



\* (e) Assess the benefits that attending college may have on Sophie's development.

(10)

A series of horizontal dotted lines for writing the answer.



(Total for Question 17 = 27 marks)

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**TOTAL FOR SECTION TWO = 55 MARKS**  
**TOTAL FOR PAPER = 70 MARKS**



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