

**Paper Reference(s) 5HS01/01**

**Pearson Edexcel GCSE**

## **Health and Social Care**

### **Unit 1: Understanding Personal Development and Relationships**

**Monday 12 June 2017 – Afternoon**

**Time: 1 hour 15 minutes plus your additional time  
allowance**

#### **INSTRUCTIONS TO CANDIDATES**

**Write your centre number, candidate number,  
surname, other names and your signature in the  
boxes below. Check that you have the correct  
question paper.**

<b>Centre No.</b>					
<b>Candidate No.</b>					
<b>Surname</b>					
<b>Other names</b>					
<b>Signature</b>					
<b>Paper Reference</b>	5	H	S	0	1 / 0 1



- Use **BLACK** ink or ball-point pen.
- Answer **ALL** questions.
- Answer the questions in the spaces provided – there may be more space than you need.

## **MATERIALS REQUIRED FOR EXAMINATION**

**Nil**

## **ITEMS INCLUDED WITH QUESTION PAPERS**

**Nil**

## **INFORMATION FOR CANDIDATES**

- The total mark for this paper is 70.
- The marks for **EACH** question are shown in brackets – use this as a guide as to how much time to spend on each question.
- Questions labelled with an **ASTERISK (\*)** are ones where the quality of your written communication will be assessed – you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.

## **ADVICE TO CANDIDATES**

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

**(Turn over)**

**Answer ALL questions.**

**Write your answers in the spaces provided.**

## **SECTION ONE**

**In Section One, questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ~~☒~~ and then mark your new answer with a cross ☒.**

**1 TWO examples of fine motor skills are:**

**A blinking**

**B running**

**C pointing**

**D knitting**

☐ **A and C**

☐ **B and D**

☐ **C and D**

☐ **A and B**

**(TOTAL FOR QUESTION 1 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**2 An individual's physical environment is influenced by:**

- ☐ **A income**
- ☐ **B social class**
- ☐ **C noise**
- ☐ **D family**

**(TOTAL FOR QUESTION 2 = 1 MARK)**

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**3 Self-esteem is defined as how:**

- ☐ **A a person rates themselves**
- ☐ **B an individual values themselves**
- ☐ **C other people perceive you**
- ☐ **D the individual sees themselves**

**(TOTAL FOR QUESTION 3 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**4 Which of the following TWO are expected life events?**

- A getting married**
- B redundancy**
- C sudden chronic illness**
- D getting a job**

☐ **A and B**

☐ **B and C**

☐ **C and D**

☐ **A and D**

**(TOTAL FOR QUESTION 4 = 1 MARK)**

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**5 Income is important in defining:**

☐ **A social development**

☐ **B social class**

☐ **C socialisation**

☐ **D social group**

**(TOTAL FOR QUESTION 5 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**6 Learning to read at school is an example of:**

- ☐ **A a physical development**
- ☐ **B a social development**
- ☐ **C an emotional development**
- ☐ **D an intellectual development**

**(TOTAL FOR QUESTION 6 = 1 MARK)**

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**(Questions continue on next page)**

**7 TWO psychological influences on development are:**

**A educational experience**

**B pollution**

**C depression**

**D stress**

☐ **A and B**

☐ **B and C**

☐ **C and D**

☐ **A and D**

**(TOTAL FOR QUESTION 7 = 1 MARK)**

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**8 Informal support is provided by:**

☐ **A family**

☐ **B welfare workers**

☐ **C nurses**

☐ **D social workers**

**(TOTAL FOR QUESTION 8 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**9 The ability to complete a crossword is a characteristic of:**

- ☐ **A physical development**
- ☐ **B social development**
- ☐ **C intellectual development**
- ☐ **D emotional development**

**(TOTAL FOR QUESTION 9 = 1 MARK)**

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**10 Getting married usually occurs in which life stage?**

- ☐ **A infancy**
- ☐ **B adulthood**
- ☐ **C adolescence**
- ☐ **D later adulthood**

**(TOTAL FOR QUESTION 10 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**11 Adolescence is characterised by which of the following TWO features?**

- A making friends**
- B growth spurt**
- C menstruation**
- D skin losing its elasticity**

☐ **D and A**

☐ **B and C**

☐ **B and D**

☐ **A and C**

**(TOTAL FOR QUESTION 11 = 1 MARK)**

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**12 Which of the following is NOT a life stage in human growth and development?**

☐ **A infancy**

☐ **B later adulthood**

☐ **C puberty**

☐ **D adulthood**

**(TOTAL FOR QUESTION 12 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**13 A characteristic of social development is:**

- ☐ A occupation
- ☐ B health status
- ☐ C sexual orientation
- ☐ D socialisation

**(TOTAL FOR QUESTION 13 = 1 MARK)**

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**14 A primary feature of early childhood is the ability to:**

- ☐ A make friends
- ☐ B bond
- ☐ C grow rapidly
- ☐ D learn to talk

**(TOTAL FOR QUESTION 14 = 1 MARK)**

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**(Questions continue on next page)**

**(Turn over)**

**15 TWO examples of cultural influences are:**

- A religion**
- B ethnicity**
- C occupation**
- D sexual orientation**

☐ **A and D**

☐ **B and C**

☐ **A and B**

☐ **D and C**

**(TOTAL FOR QUESTION 15 = 1 MARK)**

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**TOTAL FOR SECTION ONE = 15 MARKS**

**(Section Two begins on next page)**

**(Turn over)**

**SECTION TWO**

- 16 Read the following case study and answer all the questions that follow.**

**Kaitlyn is 42 years of age and works as a District Nurse. She lives with her partner, Ian, who is a Head Teacher. Ian and Kaitlyn both work full-time and earn a high income, however Ian often has to work late and they don't spend much time together during the week.**

**Kaitlyn has recently discovered that she is expecting a baby, both she and Ian are excited about becoming parents.**

- (a) Explain how positive life events can affect an individual's growth and development. (4 marks)**

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**(Continue your answer on next page)**

**(Turn over)**

**(Turn over)**

- (b) Kaitlyn has recently discovered that she is expecting a baby.

Explain how this may affect her self-concept.  
(6 marks)

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(Continue your answer on next page)

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**(Question continues on next page)**

**(Turn over)**

**(c) Discuss the impact the birth of a baby may have on Kaitlyn's relationship with Ian. (6 marks)**

[illegible]

**(Continue your answer on next page)**

**(Turn over)**

**(Turn over)**

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**(Question continues on next page)**

- (d) Ian is a Head Teacher and finds his role stressful at times.

**Explain how increasing levels of stress may affect Ian's physical health. (4 marks)**

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**(Continue your answer on next page)**

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**(Question continues on next page)**

**\* (e) Kaitlyn and Ian earn a high income.**

**Assess the importance of having a high income for a family's wellbeing. (8 marks)**

[illegible]

**(Continue your answer on next page)**

**(Turn over)**

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**(TOTAL FOR QUESTION 16 = 28 MARKS)**

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**(Questions continue on next page)**

**(Turn over)**

- 17 Read the following case study and answer all the questions that follow.**

**Eva is 76 years of age and lives on her own. She is German and came to live in the United Kingdom 30 years ago. Eva's English is very poor and she rarely leaves her house.**

**Eva developed a severe chest infection that has left her confused and confined to her bed for two weeks. Alf, a neighbour, has been very supportive and helpful with daily routines such as cooking and cleaning.**

**As a District Nurse Kaitlyn also visits Eva to see how she is progressing and to ensure she is taking her medication. They often discuss how Eva is feeling emotionally.**

- (a) Identify three PHYSICAL characteristics associated with Eva's life stage. (3 marks)**

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**(Continue your answer on next page)**

**(Turn over)**

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- (b) Ageing can sometimes affect an individual's self-image.

Define what is meant by SELF-IMAGE. (2 marks)

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(Question continues on next page)

- (c) Eva is receiving a lot of support from her neighbour Alf and from Kaitlyn.

**Explain the benefits of receiving support for growth and development. (4 marks)**

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**(Continue your answer on next page)**

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**(Question continues on next page)**

**(d) Eva's English is very poor.**

**Discuss how this may have affected her ability to integrate into society. (6 marks)**

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**(Continue your answer on next page)**

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**(Question continues on next page)**

- (e) Being confined to bed has left Eva feeling very depressed.**

**Apart from Kaitlyn, identify and describe ONE formal source of support Eva could use to help her feel better. (4 marks)**

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**(Question continues on next page)**

**\* (f) Assess how moving to the United Kingdom may have affected Eva's development. (8 marks)**

[illegible]

**(Continue your answer on next page)**

**(Turn over)**

**(Turn over)**

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**(TOTAL FOR QUESTION 17 = 27 MARKS)**

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**TOTAL FOR SECTION TWO = 55 MARKS**

**TOTAL FOR PAPER = 70 MARKS**

**END**