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Surname

Other names

Pearson
Edexcel GCSE

Centre Number

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Candidate Number

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Health and Social Care

Unit 4: Health, Social Care and Early Years in Practice

Tuesday 19 June 2018 – Afternoon
Time: 1 hour 15 minutes

Paper Reference

5HS04/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Pearson

Answer ALL questions. Write your answers in the spaces provided.

1 Saffron is 15 years of age. Her mother and the family have recently moved home. Saffron has become moody and is showing signs of depression. She refuses to go to school and prefers to stay in her bedroom listening to music.

(a) The family moving home may be viewed as an unexpected event.

Identify **two** other unexpected events that may affect an individual during their lifetime.

(2)

1

2

(b) Explain how Saffron's self-concept may be affected by her refusal to go to school.

(4)

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(c) Saffron has become depressed and anxious. She finds it increasingly difficult to cope. The doctor has prescribed medication for her depression and anxiety.

Explain how Saffron's depression and anxiety may affect her health and wellbeing.

(6)

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*(d) Saffron has been attending one-to-one classes to develop her academic, social and emotional skills. She is now much happier and plans to apply for a full-time college course.

Assess how Saffron's intellectual and emotional development is being affected by the one-to-one classes she is attending.

(8)

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(Total for Question 1 = 20 marks)



2 Saffron started smoking at 14 years of age and is trying to stop by attending a Quit Smoking Clinic.

(a) Identify **two** factors that may influence young people to start smoking.

(2)

1

2

(b) Describe **two** short-term physical effects of smoking.

(4)

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(c) Explain **one** health promotion approach the care practitioner at the Quit Smoking Clinic may use to help and encourage Saffron to stop smoking.

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(d) Discuss the importance of health planning when supporting an individual in making lifestyle changes.

(6)

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*(e) Health professionals regularly discuss with clients the various options and choices they have to improve their health.

Discuss why choice is an important health promotion principle when working with service users.

(10)

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(Total for Question 2 = 26 marks)



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QUESTION 3 STARTS ON THE NEXT PAGE.



3 Saffron is now attending school and is supported by Shirley, a learning support worker. She helps young people to overcome barriers to learning, such as lack of confidence, behavioural issues and poor study skills.

(a) Identify **two** care values that Shirley may use in her work.

(2)

1

2

(b) Explain why it is important for Shirley to apply care values in her work.

(4)

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(c) Saffron is very negative about her ability to catch up on the work that she has missed. Shirley explains that her negativity is part of her depression and leads to low self-esteem.

Explain how Shirley may help Saffron improve her self-esteem.

(4)

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(d) Some of the students Shirley supports feel disempowered.

Discuss the effect disempowerment may have on self-concept.

(6)

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*(e) Shirley is aware that many students with learning disabilities feel socially excluded.

Discuss why students with learning difficulties may feel socially excluded.

(8)

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(Total for Question 3 = 24 marks)

TOTAL FOR PAPER = 70 MARKS

