

Write your name here

Surname

Other names

**Pearson**  
**Edexcel GCSE**

Centre Number

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Candidate Number

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# Health and Social Care

## Unit 4: Health, Social Care and Early Years in Practice

Wednesday 21 June 2017 – Afternoon  
**Time: 1 hour 15 minutes**

Paper Reference

**5HS04/01**

**You do not need any other materials.**

Total Marks

### Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided  
– *there may be more space than you need.*

### Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets  
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (\*) are ones where the quality of your written communication will be assessed  
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

### Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Pearson

**Answer ALL questions. Write your answers in the spaces provided.**

**1** Jacob is 14 years of age and lives with his mother, Anna, who has multiple sclerosis. She uses a wheelchair for the majority of the day. Jacob is his mother's main carer. He often misses school because he needs to look after her.

(a) Identify **two** factors that may have influenced Jacob's development.

(2)

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(b) Anna is concerned that Jacob is spending less and less time with his friends.

Identify and describe how spending less time with his friends may affect Jacob's development.

(4)

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(c) Jacob and Anna live in a community where everyone supports each other.

Explain how support from family and friends could help Jacob cope with his caring responsibilities.

(6)

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\***(d)** Jacob has become very isolated from his friends. Anna is concerned that he is spending too much time alone and comfort eating.

Discuss how these factors in Jacob's life may affect his health and wellbeing.

**(10)**

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(Total for Question 1 = 22 marks)



2 Jacob has gained weight since becoming his mother's main carer and is in danger of becoming obese. He has been referred to a dietician who he sees once a month.

(a) Describe **two** ways the dietician may benefit Jacob's wellbeing.

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(b) Explain how the dietician may use effective communication to build a positive relationship with Jacob.

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(c) Ineffective communication skills may lead to Jacob feeling disempowered.

Define the term 'disempowerment'.

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(d) Anna sometimes feels she has no control over her illness, which leaves her feeling quite frustrated. She recently gave up a well-paid job due to her illness.

Discuss how a long-term illness may affect an individual's intellectual development.

(6)

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\*(e) Since gaining weight, Jacob is very unhappy with his appearance.

Discuss how gender and appearance may affect an individual's self-concept.

(8)

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(Total for Question 2 = 24 marks)



**3** The dietician has identified the approach she is going to use to improve Jacob's health and wellbeing.

(a) Identify **one** approach that may be used in health promotion to improve the health and wellbeing of an individual.

(2)

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(b) Explain how the dietician will support Jacob in making improvements to his diet.

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(c) Describe the factors the dietician will take into consideration when planning a healthy diet for Jacob.

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\*(d) Discuss how the dietician can effectively promote and support Jacob's health improvement through the use of care values.

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(e) Since working with the dietician, Jacob is feeling better about himself. He has started to go out more and attends a local youth club on a Friday night.

Explain how Jacob's self-concept may have altered due to the changes in his personal relationships.

(6)

Area with horizontal dotted lines for writing the answer.

(Total for Question 3 = 24 marks)

**TOTAL FOR PAPER = 70 MARKS**



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