

Write your name here

Surname

Other names

Centre Number

Candidate Number

Edexcel GCSE

Health and Social Care

Unit 4: Health, Social Care and Early Years in Practice

Friday 27 January 2012 – Morning
Time: 1 hour 15 minutes

Paper Reference

5HS04/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed – *you should take particular care with your spelling, punctuation and grammar, as well as the clarity of expression, on these questions.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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PEARSON

Answer ALL questions. Write your answers in the space provided.

1 Britney is 15 years of age. In recent months she has become unhappy with school. She is aggressive and leads an unhealthy lifestyle. A month ago she was excluded from school for fighting with another student.

(a) Britney’s exclusion from school may be viewed as an unexpected event.

Identify **two** other unexpected events that may affect an individual during their lifetime.

(2)

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(b) Explain how Britney’s self-concept may be affected by her exclusion from school.

(4)

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(c) Carrie is Britney’s mother. She has become depressed and anxious and finds it increasingly difficult to cope with her daughter’s behaviour. She rarely leaves her home. Carrie’s doctor has prescribed her with medication for depression.

Explain the effect current life events are having on Carrie’s health and well-being.

(6)

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2 Britney is supported on the training programme by Samara. Samara helps young people to overcome barriers to learning, such as low self-esteem, lack of confidence, behavioural issues and poor study skills.

(a) Identify **two** of the care values that Samara may use in her work.

(2)

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(b) Explain how Samara may apply **one** care value in her work with Britney.

(4)

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(c) A common phrase Britney uses is, 'I can't do this.'

Samara explained to her that by using this phrase she was disempowering herself and lowering her self-esteem.

Explain how Samara may help Britney improve her self-esteem.

(4)

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(d) Discuss the effect disempowerment may have on Britney's self-concept.

(6)

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*(e) Samara knows that the possible consequences of not applying the care values are that the service user may become socially excluded. Discuss.

(8)

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(Total for Question 2 = 24 marks)



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3 Britney started smoking at 13 years of age. She is now seeing a health professional to help her to stop smoking.

(a) Identify **two** factors that may influence young people to start smoking.

(2)

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(b) Describe the short-term negative effects of smoking.

(4)

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(c) Explain a health promotion approach that may be used to encourage Britney to stop smoking.

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(d) Discuss the importance of 'health planning' when supporting an individual in making lifestyle changes.

(6)



*(e) Health professionals regularly discuss with clients the various options and choices they have to improve their health.

Discuss why 'choice' is an important care value when working with service users.

(10)

A series of horizontal dotted lines for writing the answer.



(Total for Question 3 = 26 marks)

TOTAL FOR PAPER = 70 MARKS



P 3 9 7 2 1 A 0 1 5 1 6

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