Surname	Other n	ames
Edexcel GCSE	Centre Number	Candidate Number
Health an Unit 4: Health, Soci		
Practice	ai Care and Ear	ly Years in
1		Paper Reference 5HS04/01
Practice Tuesday 21 June 2011 – At	fternoon	Paper Reference

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
 - there may be more space than you need.

Information

- The total mark for this paper is 70.
- The marks for each question are shown in brackets
 - use this as a guide as to how much time to spend on each question.
- Questions labelled with an asterisk (*) are ones where the quality of your written communication will be assessed
 - you should take particular care with your spelling, punctuation and grammar, as well as the clarity of expression, on these questions.

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.





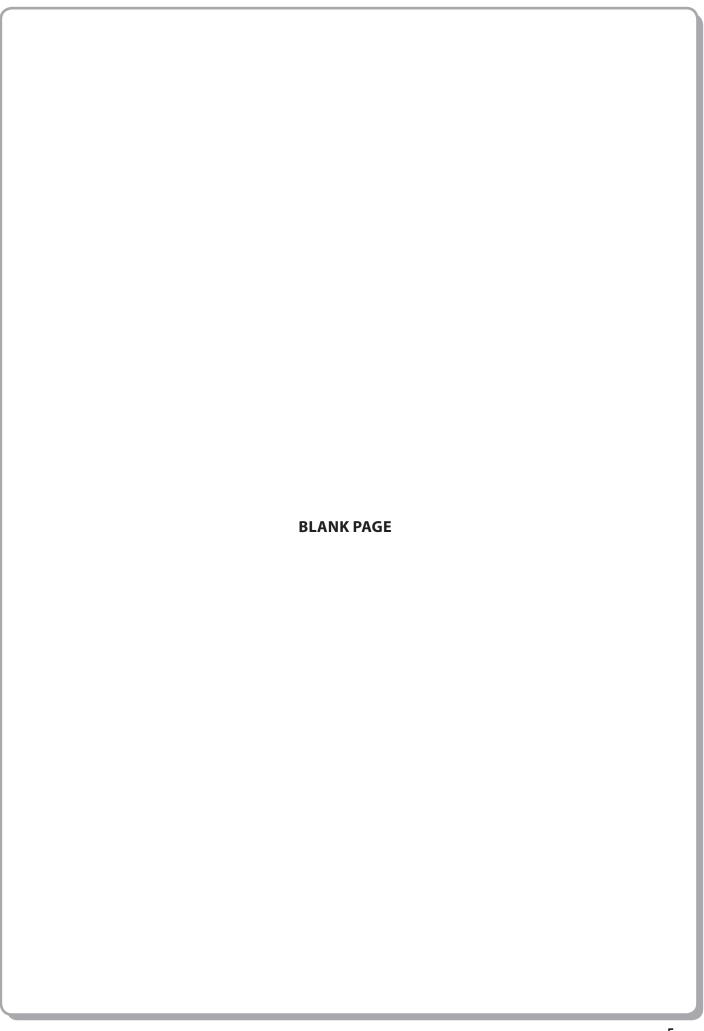
Answer ALL questions

1 Greg is 18 years of age. He is a quiet and shy young man. He is just completing his 'A' level examinations and is planning to go to university in September to study engineering. (a) Going to university is a life course event for Greg. Identify **two** other life course events that he may experience during the next 20 years. (2) (b) Greg is quiet and shy. He is anxious about meeting new people and making friends at university. Describe how being shy may affect an individual's social development. (4)

(c) Greg has been seeing a counsellor on a regular basis to help hir his anxiety. The counsellor is encouraging Greg to go out more people.	how becoming more socially active may affect Greg's emotional	
Explain how becoming more socially active may affect Greg's er well-being.		
	(6)	



Discuss how developing an intimate relationship may improve Greg's self-concept.		
		(8)
	(7 . 16	4 20 1)
	(Total for Question	1 = 20 marks



2	Greg's counsellor is called Daniel. He helps to train other counsellors. Daniel emphasises the need for the trainees to promote the care values in their work with service users.				
	(a) Explain the importance of applying the care values when establishing a relationship with a service user.				
	relationship with a service user.	(4)			
	(b) Confidentiality plays an important role in building a trusting relationship.				
	Identify two reasons when it may be necessary to breach confidentiality.	(2)			
1					
2					



Describe the effects of p	ooor care practice	on a service use	r's self-esteem.	(4)
				· - /



l) Assess the importance providing them with			(6)

*(e) Discuss different ways a professional can build a positive relationship with a service user.	
	(8)
(Total for Question 2 = 24 ma	arks)

3	On Wednesday afternoons Greg attends lessons aimed at preparing students for life after school. It encourages students to make positive lifestyle choices.		
	(a) Identify two lifestyle choices that may affect an individual's health and well-being.	(2)	
1			
2			
	(b) The school has organised a specific health promotion day.		
	Explain two aims of health promotion.	(4)	

(c) The health promotion day is to encourage students to adopt a 'healt	hier lifestyle'.
Explain this approach.	
	(4)
(d) Discuss how lifestyle choices can influence health.	
(a) Discuss flow mestyle choices curt influence fleditii.	(6)

Assess the effects of leaving home on an individual's	self-concept.
J	(10)
(1	otal for Question 3 = 26 marks)
	TOTAL FOR PAPER = 70 MARKS