

Write your name here

Surname

Other names

Centre Number

Candidate Number

**Edexcel GCSE**

# Health and Social Care

## Unit 4: Health, Social Care and Early Years in Practice

Tuesday 21 June 2011 – Afternoon

**Time: 1 hour 15 minutes**

Paper Reference

**5HS04/01**

**You do not need any other materials.**

Total Marks

### Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

### Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (\*) are ones where the quality of your written communication will be assessed – *you should take particular care with your spelling, punctuation and grammar, as well as the clarity of expression, on these questions.*

### Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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**Answer ALL questions**

**1** Greg is 18 years of age. He is a quiet and shy young man. He is just completing his 'A' level examinations and is planning to go to university in September to study engineering.

(a) Going to university is a life course event for Greg.

Identify **two** other life course events that he may experience during the next 20 years.

(2)

1.....  
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2.....  
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(b) Greg is quiet and shy. He is anxious about meeting new people and making friends at university.

Describe how being shy may affect an individual's social development.

(4)

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2 Greg's counsellor is called Daniel. He helps to train other counsellors. Daniel emphasises the need for the trainees to promote the care values in their work with service users.

(a) Explain the importance of applying the care values when establishing a relationship with a service user.

(4)

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(b) Confidentiality plays an important role in building a trusting relationship. Identify **two** reasons when it may be necessary to breach confidentiality.

(2)

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(c) Daniel is concerned that one of the trainees has been rude towards a service user.

Describe the effects of poor care practice on a service user's self-esteem.

(4)

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3 On Wednesday afternoons Greg attends lessons aimed at preparing students for life after school. It encourages students to make positive lifestyle choices.

(a) Identify **two** lifestyle choices that may affect an individual's health and well-being. (2)

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2 .....

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(b) The school has organised a specific health promotion day.

Explain **two** aims of health promotion. (4)

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(c) The health promotion day is to encourage students to adopt a 'healthier lifestyle'.

Explain this approach.

(4)

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(d) Discuss how lifestyle choices can influence health.

(6)

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