

Examiners' Report  
January 2012

GCSE Health and Social Care 5HS04 01

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## **Introduction**

This is the second synoptic paper of this new GCSE qualification, the first being sat in June 2011.

The paper consists of three questions based on a scenario. Each question is further divided into two different types: short and extended writing questions. The short answer questions require candidates to recall and apply knowledge, whereas the extended writing questions require candidates to formulate their knowledge and apply it in a coherent, balanced argument, which reads logically. The quality of written communication of candidates is also assessed by examiners.

It was pleasing to note that centres had prepared their candidates for this examination as they were able to write reasoned extended responses. The paper has been prepared in such a way as to discriminate between candidates. The mark scheme has been devised to provide access to all.

## Question 1 (a)

This was a recall question, for which the majority of candidates scored full marks.

(a) Britney's exclusion from school may be viewed as an unexpected event.

Identify **two** other unexpected events that may affect an individual during their lifetime. (2)

1. loss of their job.

2. divorce



### ResultsPlus Examiner Comments

Candidates who wrote as their answer *illness* or *injury* and did not qualify it by adding the word *serious* were not awarded any marks. Similarly *death of a loved one* did not accrue any marks. The mark scheme required the candidate to write *unexpected death of a relative or friend*.

## Question 1 (b)

The candidates are required to read the case study carefully and to apply their knowledge of self-concept and how it may be affected by life experiences, in this case exclusion from school.

(b) Explain how Britney's self-concept may be affected by her exclusion from school.

(4)

Britney's self-concept may be affected by her ~~exclusion~~ exclusion from school, as she may feel that she isn't good enough to get the correct GCSE's to do the job she wants to do when she ~~gets~~ <sup>grows</sup> older. Also her self-image maybe affected as she won't see her friends, ~~which~~ who may of given her a good self-image and also a good social life. However been excluded from school may give her a good self-concept as she may of not liked school, so this gives her an opportunity to get away from teachers and education.



**ResultsPlus**

**Examiner Comments**

Four marks were awarded for this answer. The candidate had stated that Britney might feel that she isn't good enough (self-concept) to get the correct GCSEs, developing their answer further by describing how she will not therefore be able to do the job that she wants to when she is older.



**ResultsPlus**

**Examiner Tip**

This response scored full marks as it provides a developed accurate explanation of the effect on self-concept of exclusion from school.

## Question 1 (c)

This question was worth 6 marks and required candidates to explain the effect current life events are having on Carrie's health and well-being.

(c) Carrie is Britney's mother. She has become depressed and anxious and finds it increasingly difficult to cope with her daughter's behaviour. She rarely leaves her home. Carrie's doctor has prescribed her with medication for depression.

Explain the effect current life events are having on Carrie's health and well-being.

(6)

Britney's exclusion and bad behaviour is affecting Carrie physically as she is suffering with depression meaning ~~she can't go out~~ she may have changed her physical looks for example she might have red, baggy eyes from crying. This has also affected her intellectually because she may not be able to concentrate because she might be thinking about her worries. It will affect her socially as she hasn't gone out of the house in a while so she hasn't socialised with friends or family. It could affect her emotionally as she might feel down, disempowered, and disrespected. To conclude I think that the current life event is affecting Carrie negatively.



### ResultsPlus Examiner Comments

The candidate had made valid links between the life event and how it was affecting Carrie's health and well-being.

A conclusion is present therefore 6 marks were awarded.



### ResultsPlus Examiner Tip

As the question asks the candidates to explain effects on an individual's health and well-being, answering through PIES is a good starting point.

## Question 1 (d)

This question required candidates to write a response in a coherent well-structured manner, which accurately reflects the question stem. The majority of candidates found this question challenging, as they did not focus their answer on how Britney's intellectual and emotional development had been affected by her attendance on the training programme.

\* (d) Over the past term Britney has been attending school two days a week and spending three days with a training provider. The training package includes work experience and support with literacy and numeracy. The effect has been that Britney is happier at school and plans to apply for a full-time college course.

Assess how Britney's intellectual and emotional development has been affected by her attendance on the training programme.

(8)

The training programme has affected Britney positively in her intellectual development by increasing her knowledge of the wider world, gaining skills she wouldn't be able to by remaining in school all of the time. Also, it has been working on increasing her skills needed for further education which has also motivated her to go to college. However it may affect her negatively as she only attends school 2 days per week so other subjects she has taken at GCSE may decrease. Emotionally, Britney is much happier which increases her emotional development, she also may have met new friends and she may hold strong relationships with them, what's more which affects her emotional development positively is that she may have strengthened her bond between her mother since she has become happier. In addition to this she may also increase her emotional development by gaining the different skills through work experience as she will value them, therefore increasing her self-esteem. However it may affect her negatively as her bond between her mother may not be strengthened, lowering her self-concept.

In conclusion, the training programme has provided the support needed to develop on her intellectual and emotional well-being effectively and successfully.



**ResultsPlus**

**Examiner Comments**

This is a high level 3 response, scoring 8 marks. Negative and positive effects are explained and links made to the training programme. A conclusion is present.



**ResultsPlus**

**Examiner Tip**

Encourage candidates to underline or highlight the key words in the question so that they do not lose their focus once they start writing. A number of candidates disadvantaged themselves by assessing the effect either on Britney's intellectual or emotional development, but not both.



## Question 2 (a)

A recall question about care values. The majority of candidates answered it well.

2 Britney is supported on the training programme by Samara. Samara helps young people to overcome barriers to learning, such as low self-esteem, lack of confidence, behavioural issues and poor study skills.

(a) Identify **two** of the care values that Samara may use in her work.

(2)

1. Maintaining confidentiality of information

2. Promoting and supporting right to dignity, independence, choices and safety



**ResultsPlus**  
Examiner Comments

The candidate scored full marks, 2.

## Question 2 (b)

(b) Explain how Samara may apply one care value in her work with Britney.

(4)

Samara will need to apply confidentiality to Britney because Britney may tell Samara some really personal things and its only fair if Samara doesnt tell anybody. The only way Samara ~~no~~ should tell somebody would be if Britney was in danger for example: going to kill herself. Otherwise its self-respect if she doesnt talk to anybody else about it and Britney will trust Samara with most private things and Britney will express her feelings and emotions.



**ResultsPlus**

**Examiner Comments**

The candidate has explained how Samara may apply the care value of confidentiality. They were awarded 3 marks. Further development of their explanation is required for 4 marks to be awarded.

Many candidates found this question challenging because they did not focus their answer on how Samara may apply one care value in her work, but rather on how the named care value affected Britney.

(b) Explain how Samara may apply **one** care value in her work with Britney.

(4)

Samara will support Britney's dignity, independence, choices and safety. Britney's dignity will be effected by going to the training programme, she may feel embarrassed to go, Samara can help Britney overcome this and explain the positives that will come out of it. Britney's choices and what she wants to do will be taken into consideration but if Samara can lead her in a better direction for the future which Britney will be happy with will make her happier within herself. Britney will feel independent when she is going on work experience which will boost her self concept.



**ResultsPlus**

**Examiner Comments**

One mark was awarded to this candidate. Their answer discusses how the care value that Samara implements affects Britney.



**ResultsPlus**

**Examiner Tip**

Candidates need to be more aware of what the question is actually asking them. For this question, the majority saw the phrase *one care value* and wrote about the effects of applying it on Britney. The question clearly states how Samara may apply one care value in her work.

## Question 2 (c)

This question required candidates to explain how Samara may help Britney improve her self-esteem. Although many candidates accurately stated the different ways in which Samara could help Britney, they tended to repeat the question stem and then provided weak, limited responses.

- 1 What can you learn from Sources A and B about changes in the communication of medical knowledge?

Explain your answer, using these sources.

Reading:

(4)

From Source A, it is ~~also~~ stated that medical knowledge was summed up in written form inside a book, which many doctors and physicians can use. However because there was ~~not electronic~~ the technology wasn't as advanced in 1543 than in ~~to~~ today, there are many flaws with this. Unlike Source A, in Source B information can be quickly accessed via the internet (which almost everyone has access too), the data on the website can be edited constantly for any change in medical knowledge (which a book would need to be re-written, taking vast amounts of time), and it can give advice for individuals to see doctors, or to take action on their illness. As well, many people could not read in 1543, meaning only trained doctors can use the book, however in modern times almost everyone can read, so anyone could access and understand the data.

(Total for Question 1 = 4 marks)



**ResultsPlus**

Examiner Comments

This candidate was awarded 4 marks as they accurately identified points and developed an explanation.



**ResultsPlus**

Examiner Tip

The candidate was required to show their understanding of self-esteem by explaining different ways in which Samara could help Britney improve hers. This candidate focuses on a couple of points, for instance, *by not making her feel stupid when she gets something wrong* and developing her answer further by talking about how Britney can be supported in the raising of her self-esteem.

## Question 2 (d)

The majority of candidates did not find this question easy as they found it difficult to convey their understanding of disempowerment and how it may affect Britney's self-concept.

(d) Discuss the effect disempowerment may have on Britney's self-concept.

(6)

When an individual like Britney feels disempowered their self-concept is effected in a negative way because she will feel like she can't make her own decisions and choices. So being empowered will help improve Britney's self-concept because she may feel that people have more respect for her and she will feel more independent when making her own choices in life. Overall disempowerment will not have a positive effect on Britney's self-concept.



### ResultsPlus Examiner Comments

Two marks were awarded to this candidate. They had only identified two points, giving a limited explanation.



### ResultsPlus Examiner Tip

A number of candidates chose to write about what they knew - empowerment - rather than what the question was asking them - disempowerment, and how it may affect an individual's self-concept.

## Question 2 (e)

This question asks the candidates to discuss the link between care values not being applied and social exclusion. The majority of candidates were able to focus on either the care values or social exclusion, but not both.

\* (e) Samara knows that the possible consequences of not applying the care values are that the service user may become socially excluded. Discuss.

(8)

Not applying the care values will make the service user become socially excluded because they will feel that they cannot trust anybody. It is important to apply confidentiality because the service user is trusting you with what they have told you, the only time you can tell anybody is if the service user is in danger of harming them self or others. You have to respect what believe the service user thinks because in order to understand them on how they think and behave, you can not disrespect the goals and aims in life. Disobeying the care values will make the service user feel that nobody cares about them or what they may have to say.



### ResultsPlus Examiner Comments

A high level 2 response, scoring 6 marks. The candidate accurately identifies points and explains them with reference to the care value of confidentiality and social exclusion.



### ResultsPlus Examiner Tip

Candidates should be encouraged when answering questions on applying care values to focus on one care value unless it asks for more. They need to ensure that they then link the chosen care value to the question being asked, as in this case, social exclusion.

### Question 3 (a)

For 2 marks, the candidates had to identify correctly two factors that may influence a young person to start smoking.

3 Britney started smoking at 13 years of age. She is now seeing a health professional to help her to stop smoking.

(a) Identify **two** factors that may influence young people to start smoking.

(2)

1 If there parents smoke

2 If friends do it, and start to encourage her



**ResultsPlus**

**Examiner Comments**

2 marks were awarded to this candidate as they gave two factors.

3 Britney started smoking at 13 years of age. She is now seeing a health professional to help her to stop smoking.

(a) Identify **two** factors that may influence young people to start smoking.

(2)

1 your friends Smoking and you want to be part of the "Group"

2 might have no friends and start smoking to be with a Group and have friends.



**ResultsPlus**

**Examiner Comments**

This candidate was awarded 1 mark. Their second factor is a repeat of their first, peer pressure.

### Question 3 (b)

A straight-forward question, requiring candidates to describe the short-term negative effects of smoking.

(b) Describe the short-term negative effects of smoking.

(4)

The short-term negative effects of smoking are that it is very bad for your health and will make you have a chesty cough all the time and can turn your fingers yellow. Also financially you may not be able to afford to smoke and may be using all the money you have to buy cigarettes and it could affect your relationships with others if they don't want you to smoke but you still do it.



**ResultsPlus**

**Examiner Comments**

This candidate was awarded 3 marks. They have identified points and given a partial explanation.



**ResultsPlus**

**Examiner Tip**

A number of candidates answered this question by describing the long-term negative effects of smoking, because that is what they had learnt. It is important that candidates do not answer questions on what they would like it to be, as they will not be awarded any marks.



### Question 3(c)

This question required candidates to explain a health promotion approach that may be used to help Britney stop smoking.

(c) Explain a health promotion approach that may be used to encourage Britney to stop smoking.

(4)

Britney should be educated on the negative effects of smoking on her body, both short-term and long-term, she should be given information and help, guidance on how to stop smoking and the consequences of not stopping smoking will have on her life expectancy. The people who will work with Britney should be understanding and help her and guide her the best way possible.



**ResultsPlus**

**Examiner Comments**

Four marks were awarded to this candidate. They identified a health promotion approach, the educational model and explained how it could be used.



**ResultsPlus**

**Examiner Tip**

Encourage candidates to know and understand the different types of health promotion approaches and how they can be applied.

### Question 3 (d)

Many candidates found this question difficult because they did not know the different stages of health planning. They were therefore unable to discuss how health planning could be used to support an individual in making lifestyle changes.

(d) Discuss the importance of 'health planning' when supporting an individual in making lifestyle changes.

(6)

The importance of health planning is that it is the first step of ~~the~~ making a lifestyle change in a individual lifestyle. It's what gets the individual motivation to be having control on their lifestyle, also with the health plan written down, it has what food they should be eating and what exercise so it is easier for the individual to be able to achieve their goal on their lifestyle. The health plans empower the individual to have a choice on what exercise or healthy foods they are comfortable to eat and to do.



#### ResultsPlus Examiner Comments

Five marks were awarded to this candidate. It is a well-structured response, which accurately reflects the question stem. Links have been made explaining how to support an individual in making lifestyle changes.



#### ResultsPlus Examiner Tip

Candidates had to demonstrate their understanding of the health planning process and how it can support an individual.

### Question 3 (e)

This 10 mark "discuss" question requires candidates to provide a coherent well-structured response, which accurately reflects the question stem.

The majority of candidates attempted this question quite well. However, the main weakness was that they found it difficult to make valid links between 'choice' and working with service users.

\*(e) Health professionals regularly discuss with clients the various options and choices they have to improve their health.

Discuss why 'choice' is an important care value when working with service users. (10)

If the service user isn't given choice then they might do things that don't interest them which wouldn't be any help, and would waste time. It also allows the service user to have options and think of how certain ones could benefit them the most. Also, if they are given options they will/could ~~not~~ try doing different things after the service for them is ended which would benefit them with keeping them encouraged afterwards. For example if someone had a personal trainer at the gym and the trainer gave them options on what exercises they could do <sup>they</sup> ~~he~~ could choose one or two and do them and try out the others at home in their spare time. If this didn't happen then after the sessions ended the service user might

stop exercising all together because they might not know what exercises they can do on their own which

would make them stop doing it all together.



**ResultsPlus**

**Examiner Comments**

A level 2 answer, 5 marks were awarded.

Knowledge and understanding are evident, with links made to the effect on service-users of having choice.



**ResultsPlus**

**Examiner Tip**

Extensive discussions with a succinct conclusion scored well.

## Paper Summary

This is the second time that this double award examination has been sat. The paper questions compared favourably to 5HS01 in terms of quality and standard of expected answers. Candidates appear to have been well prepared for this paper by their centres, the questions discriminating well across all levels and calibre of candidates.

The following comments may be beneficial in helping candidates to improve upon their performance:

Read the scenario and questions carefully.

Ensure that the candidates answer the question asked and do not digress, writing down an answer that they would have liked the question to be.

Ensure that candidates have a good knowledge of key terms and specialist language.

When constructing an extended response candidates should be encouraged to refer back to the question stem, making links and writing a conclusion.

Practise past exam questions and timings. A number of the extended writing questions were not even attempted by candidates. Encourage candidates to write something for each question.

## **Grade Boundaries**

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