



Pearson

## **Mark Scheme (Results)**

Summer 2017

Pearson Edexcel GCSE in  
Health and Social Care (5HS01)

Unit 1: Understanding Personal  
Development and Relationships

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### **General Marking Guidance**

- All candidates must receive the same treatment. Examiners must mark the first candidate in exactly the same way as they mark the last.
- Mark schemes should be applied positively. Candidates must be rewarded for what they have shown they can do rather than penalised for omissions.
- Examiners should mark according to the mark scheme not according to their perception of where the grade boundaries may lie.
- There is no ceiling on achievement. All marks on the mark scheme should be used appropriately.
- All the marks on the mark scheme are designed to be awarded. Examiners should always award full marks if deserved, i.e. if the answer matches the mark scheme. Examiners should also be prepared to award zero marks if the candidate's response is not worthy of credit according to the mark scheme.
- Where some judgement is required, mark schemes will provide the principles by which marks will be awarded and exemplification may be limited.
- When examiners are in doubt regarding the application of the mark scheme to a candidate's response, the team leader must be consulted.
- Crossed out work should be marked UNLESS the candidate has replaced it with an alternative response.
- Mark schemes will indicate within the table where, and which strands of QWC, are being assessed. The strands are as follows:
  - (i) *ensure that text is legible and that spelling, punctuation and grammar are accurate so that meaning is clear*

- (ii) *select and use a form and style of writing appropriate to purpose and to complex subject matter*
- (iii) *organise information clearly and coherently, using specialist vocabulary when appropriate.*

Question Number	Answer	Mark
<b>1</b>	<b>A&amp;C</b> (blinking & pointing)	<b>(1)</b>

Question Number	Answer	Mark
<b>2</b>	<b>C</b> (noise)	<b>(1)</b>

Question Number	Answer	Mark
<b>3</b>	<b>B</b> (an individual values themselves)	<b>(1)</b>

Question Number	Answer	Mark
<b>4</b>	<b>A&amp;D</b> (getting married & getting a job)	<b>(1)</b>

Question Number	Answer	Mark
<b>5</b>	<b>B</b> (social class)	<b>(1)</b>

Question Number	Answer	Mark
<b>6</b>	<b>D</b> (an intellectual development)	<b>(1)</b>

Question Number	Answer	Mark
<b>7</b>	<b>C&amp;D</b> (depression & stress)	<b>(1)</b>

Question Number	Answer	Mark
<b>8</b>	<b>A</b> (family)	<b>(1)</b>

Question Number	Answer	Mark
<b>9</b>	<b>C</b> (intellectual development)	<b>(1)</b>

Question Number	Answer	Mark
<b>10</b>	<b>B</b> (adulthood)	<b>(1)</b>

Question	Answer	Mark
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Number		
<b>11</b>	<b>B&amp;C</b> (growth spurt & menstruation)	<b>(1)</b>

Question Number	Answer	Mark
<b>12</b>	<b>C</b> (puberty)	<b>(1)</b>

Question Number	Answer	Mark
<b>13</b>	<b>D</b> (socialisation)	<b>(1)</b>

Question Number	Answer	Mark
<b>14</b>	<b>A</b> (make friends)	<b>(1)</b>

Question Number	Answer	Mark
<b>15</b>	<b>A&amp;B</b> (religion & ethnicity)	<b>(1)</b>

Question Number	Answer	Mark
<b>16(a)</b>	<p>Indicative Content</p> <ul style="list-style-type: none"> <li>• Happy / excited</li> <li>• Feel good factor</li> <li>• Maintain a healthy lifestyle</li> <li>• Boosts immune system</li> <li>• Less likely to be ill or suffer from ill health</li> <li>• Less stressed</li> <li>• Less anxious</li> <li>• Less prone to depression</li> <li>• Impact on self-esteem,</li> <li>• Impact on self-image</li> <li>• Impact on self- concept</li> <li>• Feeling fulfilled</li> <li>• Confident and Socially more communicative</li> <li>• Emotionally content</li> <li>• More optimistic</li> <li>• Can plan for future</li> <li>• Will develop new skills</li> <li>• Can face challenges positively</li> <li>• Motivated</li> </ul> <p>Example:</p> <p>Positive life events will make a person happy (1) this will impact positively on their self-esteem (1). A person may also feel fulfilled (1) and content (1).</p>	<b>(4)</b>

	Accept other appropriate alternatives.	
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Question Number		Indicative Content
<b>16(b)</b>		<ul style="list-style-type: none"> <li>• It may not change because as a nurse she will have the skill set to deal with it</li> <li>• Change both positively or negatively</li> <li>• Confidence or anxiety</li> <li>• Excited</li> <li>• Greater sense of responsibility or worry</li> <li>• May be happy or apprehensive</li> <li>• May see herself as getting fat / proud of self and shape</li> <li>• Self-esteem and self-worth may be affected</li> <li>• Be able to use her skills as a nurse/ doubts her own ability</li> <li>• Proud of herself / can't visualise herself as a mother</li> <li>• Self-image / identity change</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	Brief, limited response, points identified accurately but level of explanation poor.
2	<b>3-4</b>	Points have been accurately identified and links relevantly made. At 3-4 marks the response will lack sufficient points.
3	<b>5-6</b>	For 5 marks limited explanation will be present, at 6 marks explanation will take place and a conclusion should also be present.

Question Number	Indicative Content
<b>16(c)</b>	<ul style="list-style-type: none"> <li>• Positively – will bond, happier, fulfilled</li> <li>• Positively will be closer</li> </ul>

		<ul style="list-style-type: none"> <li>• Greater cooperation/more connected/sharing/collaboration</li> <li>• Greater concern for each other/aware of each other's emotions</li> <li>• Make more time for each other/support each other</li> <li>• Greater stress</li> <li>• Greater anxiety and worry</li> <li>• Less time together</li> <li>• Drift apart</li> <li>• Avoidant</li> <li>• Distant</li> <li>• More arguments</li> <li>• Jealously</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	Brief, limited response, points identified accurately but level of explanation poor.
2	<b>3-4</b>	Points have been accurately identified and links relevantly made. At 3-4 marks the response will lack discussion and may be a one sided response, lacks balance.
3	<b>5-6</b>	For 5 marks limited discussion will be present, at 6 marks discussion will take place and a conclusion should also be present.

Question Number	Answer	Mark
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<p><b>16(d)</b></p>	<p>Indicative content</p> <ul style="list-style-type: none"> <li>• More prone to illness</li> <li>• Increase in heart beat</li> <li>• Increased level of tiredness</li> <li>• Prone to headaches/migraine</li> <li>• Prone to sweating</li> <li>• Premature death</li> <li>• Develop poor dietary habits</li> <li>• Loose or gain weight</li> <li>• Insomnia</li> <li>• Physically frustrated and quicker to anger/irritability</li> <li>• Raise blood pressure</li> </ul> <p>Example:</p> <p>Ian may feel tired (1) and irritable. (1) He may also have difficulty sleeping (1) and he may develop poor eating habits (1).</p> <p>Accept other appropriate alternatives.</p>	<p><b>(4)</b></p>
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Question Number	Indicative Content
<p><b>*16(e)</b></p>	<ul style="list-style-type: none"> <li>• Can afford luxuries</li> <li>• happier</li> <li>• Less worry</li> <li>• No budgeting to do</li> </ul>

		<ul style="list-style-type: none"> <li>• Can save their money</li> <li>• Less stress</li> <li>• Can afford to do things together more often</li> <li>• Feel more connected</li> <li>• But things to support education of children</li> <li>• Safe and secure home/good housing</li> <li>• More relaxed</li> <li>• Afford more treats</li> <li>• Could get into debt more easily if they live above their means</li> <li>• Money isn't everything</li> <li>• Many families survive happily with a limited income</li> <li>• Happiness is not always based on income</li> <li>• Income is relative</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	Brief, limited response, points identified accurately but level of explanation poor.
2	<b>3-5</b>	Points have been accurately identified and links relevantly made. At 4-5 marks the response will lack assessment and may be a one sided response, lacks balance.
3	<b>6-8</b>	At 6-7 marks limited assessment will be present, at 8 marks assessment will take place and a conclusion should also be present.

Question Number	Answer	Mark
<b>17(a)</b>	<b>3 x 1</b> <ul style="list-style-type: none"> <li>• Skin loses its elasticity</li> <li>• Decline in senses – eyesight / hearing</li> <li>• Respiratory system slows down</li> <li>• Metabolic rate is slower</li> <li>• Reduction in taste buds</li> <li>• Cardiovascular systems slows down</li> <li>• Reduced bone density</li> <li>• Muscle wastage</li> </ul>	<b>(3)</b>

	<ul style="list-style-type: none"> <li>• Mobility is slower / stiffer joints</li> <li>• Reaction time is slower</li> <li>• Compression of discs leading height reduction</li> <li>• Hair loses its pigmentation, texture of hair changes</li> <li>•</li> </ul> <p>Accept other appropriate alternatives. DO NOT ACCEPT – hair turns grey, gets shorter</p>	
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Question Number	Answer	Mark
<b>17(b)</b>	<p>How a person sees themselves (1) the looking glass self (1) or Part of the overall self-concept (1) how they see themselves from their own perspective (1) Developed as a result of our socialisation process (1)</p> <p>Accept other appropriate alternatives.</p>	<b>(2)</b>

Question Number	Answer	Mark
<b>17(c)</b>	<p>Indicative content</p> <ul style="list-style-type: none"> <li>• Growth – will feel stronger</li> <li>• Aids recovery</li> <li>• Aids the convalescence periods and speeds recovery</li> <li>• On hand to provide practical help</li> <li>• Someone to talk to</li> <li>• Someone who can provide advice</li> <li>• Individual will not feel as isolated</li> <li>• Eva will be less vulnerable and more secure</li> <li>• Build trust / confidence</li> <li>• Less likely to get depressed</li> <li>• Stimulated with Kaitlyn/Alf coming and going</li> <li>• Feels happier and more content</li> </ul> <p>Example:</p> <p>The benefits will include having someone there to provide practical support (1) and therefore she will feel happier (1). Eva may feel more confident in herself (1) as she has someone to talk to (1).</p> <p>Accept other appropriate alternatives. Some candidates will provide the reverse argument e.g. if she didn't have support she would feel stressed, depressed etc</p>	<b>(4)</b>

Question Number	Indicative Content	
<b>17(d)</b>	<ul style="list-style-type: none"> <li>• Difficulty being understood</li> <li>• Difficulty communicating</li> <li>• Difficulty in making friends</li> <li>• Difficulty in forming new intimate relationships</li> <li>• Can't understand others</li> <li>• Could be perceived as aloof</li> <li>• Can't engage and becomes marginalised/isolated/discriminated</li> <li>• Getting a job may be problematic</li> <li>• Will not make an effort and become excluded</li> <li>• May affect her ability to undertake a programme of study</li> <li>• Eva may not perceive poor English as a problem</li> <li>• She may use social media to be understood</li> <li>• May not want to integrate into society</li> </ul>	
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	Brief, limited response, points identified accurately but level of discussion is poor.
2	<b>3-4</b>	Points have been accurately identified and links relevantly made. At 3-4 marks the response will lack discussion and may be a one sided response, lacks balance.
3	<b>5-6</b>	For 5 marks limited discussion will be present, at 6 marks discussion will take place and a conclusion should also be present.

Question Number	Answer	Mark
<b>17(e)</b>	<p>Indicative content</p> <p>Award 1 mark for identification.</p> <ul style="list-style-type: none"> <li>• GP</li> <li>• Counsellor</li> <li>• CPN/mental health worker</li> <li>• Social worker</li> <li>• Care assistant</li> </ul> <p>Description</p> <ul style="list-style-type: none"> <li>• They can talk through problems</li> <li>• Devise coping strategies</li> <li>• Help individual recognise the triggers</li> <li>• Offer advice</li> <li>• Amend the care plan</li> <li>• Referral</li> <li>• Medication</li> </ul> <p>Example:</p>	

	<p>GP (1) who will talk through her problems (1). Will identify coping strategies (1) and offer advice (1).</p> <p>Accept other appropriate alternatives. No marks for responses where identification of formal support is NOT clear.</p>	<b>(4)</b>
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Question Number	Indicative Content	
<b>*17(f)</b>	<ul style="list-style-type: none"> <li>• Presents new opportunities</li> <li>• New culture to learn about</li> <li>• May miss homeland or may adopt the UK as her home</li> <li>• Citizenship / Identity</li> <li>• Opportunity to learn new language</li> <li>• Opportunity to learn new history and traditions</li> <li>• Share their traditions and culture with others</li> <li>• New foods to taste</li> <li>• Intellectually a challenge for many people, which may be good or bad</li> <li>• May withdraw from society</li> <li>• May be socially excluded / isolated/ discriminated</li> <li>• May miss friends/family</li> <li>• May be scary</li> <li>• Anxiety and stress</li> <li>• High Risk</li> </ul>	
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-3</b>	Brief, limited response, points identified accurately but level of assessment is poor.
2	<b>4-6</b>	Points have been accurately identified and links relevantly made. At 4-5 marks the response will lack of assessment but at 6 marks limited assessment to the importance of his development will take place.
3	<b>7-8</b>	At 7 marks assessment clearly evident, at 8 marks a conclusion should also be present.

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