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Surname

Other names

Pearson
Edexcel GCSE

Centre Number

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Candidate Number

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Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Wednesday 13 June 2018 – Afternoon
Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Pearson

Answer ALL questions.

SECTION ONE

In Section One, questions must be answered with a cross . If you change your mind about an answer, put a line through the box and then mark your new answer with a cross .

1 The definition of self-concept is

- A a combination of self-esteem and self-image
- B the value the individual places on themselves
- C how an individual sees themselves
- D the way other people view an individual

(Total for Question 1 = 1 mark)

2 In which life stage is the peer group most important?

- A Childhood
- B Adolescence
- C Adulthood
- D Old age

(Total for Question 2 = 1 mark)

3 A nursery nurse is an example of which type of support?

- A Informal
- B Social
- C Economic
- D Formal

(Total for Question 3 = 1 mark)

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4 A person's religion is an example of their

- A gender
- B social class
- C ethnicity
- D age

(Total for Question 4 = 1 mark)

5 Which of the following is a life stage in human growth and development?

- A Pregnancy
- B Later adulthood
- C Puberty
- D Adulthood

(Total for Question 5 = 1 mark)

6 **Two** social factors that may affect growth and development are

- A family
- B friends
- C reading a book
- D hobbies
- A and B
- B and C
- B and D
- C and D

(Total for Question 6 = 1 mark)

7 An unexpected life event is

- A pregnancy
- B getting a job
- C retirement
- D sudden death

(Total for Question 7 = 1 mark)



8 Which of the following **two** processes occur during infancy?

- A Bonding
- B Attachment
- C Friendship
- D Connection

- A and B
- B and C
- B and D
- C and D

(Total for Question 8 = 1 mark)

9 A hot flush is a physical symptom of

- A adolescence
- B pregnancy
- C menopause
- D old age

(Total for Question 9 = 1 mark)

10 **Two** genetic factors are

- A eye colour
- B blood group
- C height
- D sexual orientation

- A and B
- A and C
- B and C
- C and D

(Total for Question 10 = 1 mark)



11 Getting married is primarily part of an individual's

- A childhood
- B adolescence
- C adulthood
- D old age

(Total for Question 11 = 1 mark)

12 Babbling is associated with which life stage?

- A Adulthood
- B Adolescence
- C Childhood
- D Infancy

(Total for Question 12 = 1 mark)

13 Pollution will most likely affect an individual's

- A social development
- B physical development
- C economic development
- D cultural development

(Total for Question 13 = 1 mark)

14 Secondary socialisation is most important in which **two** life stages?

- A Early adulthood
- B Infancy
- C Childhood
- D Adolescence
- A and B
- B and C
- B and D
- C and D

(Total for Question 14 = 1 mark)



15 An Accident and Emergency Nurse will work in which **one** of the following sectors?

- A Voluntary Sector
- B Independent Sector
- C Statutory Sector
- D Community Sector

(Total for Question 15 = 1 mark)

TOTAL FOR SECTION ONE = 15 MARKS

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SECTION TWO BEGINS ON THE NEXT PAGE.



SECTION TWO

Answer ALL questions. Write your answers in the spaces provided.

16 Read the following case study and answer all the questions that follow.

Rose is a district nurse and works primarily with patients who have long-term chronic conditions. She is working with a new patient called Eimear who is 67 years of age.

Eimear has a very rare condition that affects her muscles and mobility. Rose monitors Eimear's medication every day and is concerned about her mental health.

Eimear feels depressed because she knows that her condition will not get any better, and has started to talk of assisted suicide.

(a) Eimear can't dress or feed herself as her fine motor skills have deteriorated.

Explain how the loss of a motor skill may affect an individual's self-concept.

(4)

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(b) Eimear has not been out of her home for the past two years.

Explain how this might affect her social development.

(6)

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*(c) Discuss how Rose's daily visits to her patients may support the formation of relationships.

(8)

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*(d) Before becoming ill Eimear led a very physical and active life. She also had a very stressful but highly enjoyable job as a financial consultant.

Discuss how the life changes Eimear has experienced may affect her mental health.

(10)

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(Total for Question 16 = 28 marks)

TOTAL FOR SECTION TWO = 28 MARKS



SECTION THREE

Answer ALL questions. Write your answers in the spaces provided.

17 Read the following case study and answer all the questions that follow.

Chloe, who is 35 years of age, is a trained counsellor and works with people who have experienced life-changing situations.

Rose has asked her to speak to Eimear as she is concerned about her deteriorating mental health condition.

(a) State Chloe's current life stage. (1)

(b) As a counsellor, Chloe's role is to provide professional, formal support to her clients.

Explain the difference between formal and informal support. (6)

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(c) Chloe works with clients of all ages. Some of her younger clients have poor self-confidence as a result of peer group influences.

Explain how the peer group can affect self-confidence.

(4)

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(d) Eimear has lost contact with her family and has no relatives to support her.

Explain the benefits of family support particularly during times of difficulty.

(6)

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*(e) Discuss how Chloe's counselling might benefit Eimear's mental health condition.

(10)

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(Total for Question 17 = 27 marks)

TOTAL FOR SECTION THREE = 27 MARKS
TOTAL FOR PAPER = 70 MARKS

