

Write your name here

Surname

Other names

Pearson
Edexcel GCSE

Centre Number

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Candidate Number

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Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Monday 12 June 2017 – Afternoon

Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed – *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Answer ALL questions.

Write your answers in the spaces provided.

SECTION ONE

In Section One, questions must be answered with a cross . If you change your mind about an answer, put a line through the box and then mark your new answer with a cross .

1 Two examples of fine motor skills are:

- A** blinking
- B** running
- C** pointing
- D** knitting
- A and C**
- B and D**
- C and D**
- A and B**

(Total for Question 1 = 1 mark)

2 An individual's physical environment is influenced by:

- A** income
- B** social class
- C** noise
- D** family

(Total for Question 2 = 1 mark)

3 Self-esteem is defined as how:

- A** a person rates themselves
- B** an individual values themselves
- C** other people perceive you
- D** the individual sees themselves

(Total for Question 3 = 1 mark)

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4 Which of the following **two** are expected life events?

- A getting married
 - B redundancy
 - C sudden chronic illness
 - D getting a job
- A and B
- B and C
- C and D
- A and D

(Total for Question 4 = 1 mark)

5 Income is important in defining:

- A social development
- B social class
- C socialisation
- D social group

(Total for Question 5 = 1 mark)

6 Learning to read at school is an example of:

- A a physical development
- B a social development
- C an emotional development
- D an intellectual development

(Total for Question 6 = 1 mark)



7 **Two** psychological influences on development are:

- A educational experience
 - B pollution
 - C depression
 - D stress
- A and B
- B and C
- C and D
- A and D

(Total for Question 7 = 1 mark)

8 Informal support is provided by:

- A family
- B welfare workers
- C nurses
- D social workers

(Total for Question 8 = 1 mark)

9 The ability to complete a crossword is a characteristic of:

- A physical development
- B social development
- C intellectual development
- D emotional development

(Total for Question 9 = 1 mark)

10 Getting married usually occurs in which life stage?

- A infancy
- B adulthood
- C adolescence
- D later adulthood

(Total for Question 10 = 1 mark)



11 Adolescence is characterised by which of the following **two** features?

- A making friends
 - B growth spurt
 - C menstruation
 - D skin losing its elasticity
- D and A
- B and C
- B and D
- A and C

(Total for Question 11 = 1 mark)

12 Which of the following is **not** a life stage in human growth and development?

- A infancy
- B later adulthood
- C puberty
- D adulthood

(Total for Question 12 = 1 mark)

13 A characteristic of social development is:

- A occupation
- B health status
- C sexual orientation
- D socialisation

(Total for Question 13 = 1 mark)

14 A primary feature of early childhood is the ability to:

- A make friends
- B bond
- C grow rapidly
- D learn to talk

(Total for Question 14 = 1 mark)



15 Two examples of cultural influences are:

- A religion
- B ethnicity
- C occupation
- D sexual orientation

- A and D
- B and C
- A and B
- D and C

(Total for Question 15 = 1 mark)

TOTAL FOR SECTION ONE = 15 MARKS



SECTION TWO

16 Read the following case study and answer all the questions that follow.

Kaitlyn is 42 years of age and works as a District Nurse. She lives with her partner, Ian, who is a Head Teacher. Ian and Kaitlyn both work full-time and earn a high income, however Ian often has to work late and they don't spend much time together during the week.

Kaitlyn has recently discovered that she is expecting a baby, both she and Ian are excited about becoming parents.

(a) Explain how positive life events can affect an individual's growth and development.

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(b) Kaitlyn has recently discovered that she is expecting a baby.

Explain how this may affect her self-concept.

(6)

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(c) Discuss the impact the birth of a baby may have on Kaitlyn's relationship with Ian.

(6)

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(d) Ian is a Head Teacher and finds his role stressful at times.

Explain how increasing levels of stress may affect Ian's physical health.

(4)

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*(e) Kaitlyn and Ian earn a high income.

Assess the importance of having a high income for a family's wellbeing.

(8)

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(Total for Question 16 = 28 marks)



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17 Read the following case study and answer all the questions that follow.

Eva is 76 years of age and lives on her own. She is German and came to live in the United Kingdom 30 years ago. Eva's English is very poor and she rarely leaves her house.

Eva developed a severe chest infection that has left her confused and confined to her bed for two weeks. Alf, a neighbour, has been very supportive and helpful with daily routines such as cooking and cleaning.

As a District Nurse Kaitlyn also visits Eva to see how she is progressing and to ensure she is taking her medication. They often discuss how Eva is feeling emotionally.

(a) Identify three **physical** characteristics associated with Eva's life stage.

(3)

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(b) Ageing can sometimes affect an individual's self-image.

Define what is meant by **self-image**.

(2)

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(c) Eva is receiving a lot of support from her neighbour Alf and from Kaitlyn.

Explain the benefits of receiving support for growth and development.

(4)

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(d) Eva's English is very poor.

Discuss how this may have affected her ability to integrate into society.

(6)

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(e) Being confined to bed has left Eva feeling very depressed.

Apart from Kaitlyn, identify and describe **one** formal source of support Eva could use to help her feel better.

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*f) Assess how moving to the United Kingdom may have affected Eva's development.

(8)

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(Total for Question 17 = 27 marks)

TOTAL FOR SECTION TWO = 55 MARKS

TOTAL FOR PAPER = 70 MARKS

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