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Other names

Pearson
Edexcel GCSE

Centre Number

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Candidate Number

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Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Friday 12 June 2015 – Morning
Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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PEARSON

Answer ALL questions. Write your answers in the spaces provided.

Section One

In Section One, questions must be answered with a cross . If you change your mind about an answer, put a line through the box and then mark your new answer with a cross .

1 Which **two** of the following are examples of economic factors? (1)

- A Income
- B Stress
- C Pollution
- D Social class
- A and B
- B and C
- C and D
- A and D

2 A definition of self-esteem is: (1)

- A how nice you are
- B how you value yourself
- C what others think of you
- D how you see yourself

3 Which **two** of the following are examples of unexpected life events? (1)

- A Retirement
- B Illness
- C Losing your job
- D Marriage
- A and B
- B and C
- C and D
- A and D



4 A baby bonding with his/her mother is an example of: (1)

- A physical development
- B social development
- C emotional development
- D intellectual development

5 Which **two** of the following factors reflect an individual's cultural identity? (1)

- A Religion
- B Wealth
- C Occupation
- D Ethnicity

- A and B
- B and C
- C and D
- A and D

6 Which **one** of the following is an example of an informal source of support? (1)

- A Nurse
- B GP
- C Social worker
- D Neighbour

7 Loss of skin elasticity is a common physical feature of which life stage? (1)

- A Adolescence
- B Adulthood
- C Early adulthood
- D Later adulthood



8 During which life stage do friendships begin to develop? (1)

- A Infancy
- B Childhood
- C Early childhood
- D Adolescence

9 Which **two** of the following physical characteristics are girls most likely to experience during adolescence? (1)

- A Hot flushes
- B Menopause
- C Breast development
- D Menstruation
- A and B
- B and C
- C and D
- A and D

10 Primary socialisation takes place through the: (1)

- A media
- B school
- C family
- D church

11 The adolescent life stage occurs between the ages of: (1)

- A 3 and 8
- B 9 and 18
- C 14 and 25
- D 25 and 45



12 An example of a gross motor skill is:

(1)

- A** painting
- B** drawing
- C** reading
- D** skipping

13 Problem solving is an example of:

(1)

- A** an emotional skill
- B** a social skill
- C** an intellectual skill
- D** a physical skill

14 The relationship between a mother and daughter is an example of:

(1)

- A** a friendship relationship
- B** a family relationship
- C** an intimate and sexual relationship
- D** a work relationship

15 Noise is an example of:

(1)

- A** an economic factor
- B** a psychological factor
- C** an environmental factor
- D** a cultural factor

TOTAL FOR SECTION ONE = 15 MARKS



Section Two

16 Read the following case study and answer all the questions that follow.

Fraser is five years of age and lives with his mother and father. He attends the local primary school where he is making good progress. He is gifted in mathematics, which makes Fraser feel very special. He has two best friends, Atique and Ben. When they sit together in class they are talkative, rowdy and are often told to be quiet.

Fraser's mother has noticed a change in his behaviour and when he is naughty she has had to 'ground him'. This really upsets Fraser.

(a) Fraser's next life stage is adolescence.

Identify **two** physical characteristics that boys are likely to experience during this life stage.

(2)

1

2

(b) Using the case study, explain how school is shaping Fraser's behaviour.

(4)

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(c) Explain why it is important for Fraser to develop friendships during childhood.

(6)

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(d) Fraser is a happy child and has a positive self-concept.

Discuss the importance of a positive self-concept in childhood for future relationships.

(8)

A series of horizontal dotted lines provided for writing the answer to the question.



(e) Fraser's mother is concerned about his behaviour.

Assess the importance of family relationships in the socialisation process.

(8)

Area with horizontal dotted lines for writing the answer.

(Total for Question 16 = 28 marks)



17 Read the following case study and answer all the questions that follow.

Fraser's grandmother is called Lillie. She is 83 years of age and is in good health. She swims each morning, plays golf and can still drive her car. She has many male and female friends whom she meets regularly and every so often they go to her villa in Ibiza. She enjoys spoiling her grandson and likes to buy him presents.

(a) Identify, in the correct order, the last **three** life stages which Lillie has already passed through.

(3)

1

2

3

(b) Explain how leading an active life affects Lillie's physical health.

(6)

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(c) Discuss how Lillie's good physical health may affect her emotional development.

(8)

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(d) Lillie has few financial worries.

Assess why this is important in later adulthood.

(10)

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(Total for Question 17 = 27 marks)

TOTAL FOR SECTION TWO = 55 MARKS
TOTAL FOR PAPER = 70 MARKS



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