

Write your name here

Surname

Other names

Centre Number

Candidate Number

**Edexcel GCSE**

# Health and Social Care

## Unit 1: Understanding Personal Development and Relationships

Monday 17 June 2013 – Afternoon  
**Time: 1 hour 15 minutes**

Paper Reference  
**5HS01/01**

**You do not need any other materials.**

Total Marks

### Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

### Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (\*) are ones where the quality of your written communication will be assessed – *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

### Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

P41589A

©2013 Pearson Education Ltd.

1/1/1/1



**PEARSON**

**Answer ALL the questions.**

**Write your answers in the spaces provided.**

**Section One**

**In Section One, questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.**

**1** Which of the following is a fine motor skill? (1)

- A** Running
- B** Writing
- C** Skipping
- D** Watching TV

**2** Which **two** of the following are intellectual skills? (1)

- A** Walking
- B** Laughing
- C** Solving problems
- D** Reading
- A and B**
- B and C**
- C and D**
- A and D**

**3** Paul is overweight. This is: (1)

- A** a physical characteristic
- B** a social characteristic
- C** an emotional characteristic
- D** an intellectual characteristic



- 4 Linda lives in a damp and overcrowded house. This is an example of: (1)
- A a social factor
  - B a psychological factor
  - C an economic factor
  - D a physical environment factor
- 5 Which **two** physical characteristics will a female experience during adolescence? (1)
- A Breast development
  - B Menstruation
  - C Menopause
  - D Skin loses elasticity
- A and B
  - B and C
  - C and D
  - A and D
- 6 Starting a full-time job is normally associated with which life stage? (1)
- A Infancy
  - B Early childhood
  - C Early adulthood
  - D Later adulthood
- 7 An individual's culture is reflected by their: (1)
- A height
  - B income
  - C weight
  - D religion



**8** Which **two** of the following are economic factors which could affect individual growth and development? (1)

- A** Income
- B** Stress
- C** Noise
- D** Occupation

- A and B**
- B and C**
- C and D**
- A and D**

**9** How many life stages are there? (1)

- A** 3
- B** 4
- C** 5
- D** 6

**10** An example of an unexpected life event is: (1)

- A** getting a job
- B** having an accident
- C** getting married
- D** retiring from work

**11** Which of the following is a support network? (1)

- A** GP
- B** Employment market
- C** Partners, family and friends
- D** Labour market



**12** A physical characteristic of later adulthood is:

(1)

- A** menopause
- B** being able to walk
- C** menstruation
- D** skin losing its elasticity

**13** In which life stage is physical development most rapid?

(1)

- A** Infancy
- B** Childhood
- C** Adolescence
- D** Later adulthood

**14** A physical symptom of the menopause is:

(1)

- A** a mood swing
- B** a hot flush
- C** a temper tantrum
- D** depression

**15** Being heterosexual is an example of an individual's:

(1)

- A** sexual orientation
- D** occupation
- C** health status
- D** religion

---

**TOTAL FOR SECTION ONE = 15 MARKS**



**BLANK PAGE**



## Section Two

16 Read the following case study and answer all the questions that follow.

Linda is 20 years of age and is studying languages at university. She has recently told her family and friends that she is a lesbian. Everyone has been very supportive and she is happy with their reactions.

Linda's partner is called Sheena. When Linda finishes her degree they plan to travel before emigrating to Australia.

(a) Identify, in the correct order, the **three** life stages Linda has already passed through.

(3)

1 .....

2 .....

3 .....

(b) Linda has a positive self-esteem.

Identify and describe **one** possible factor which may have contributed to her positive self-esteem.

(3)

.....

.....

.....

.....

.....

.....



(c) Linda's family and friends have been very supportive.

Explain why this is important for Linda's emotional wellbeing.

(4)

.....

.....

.....

.....

.....

.....

.....

.....





\* (d) Linda is pleased that her family and friends have accepted her sexual orientation.

Discuss the importance of their acceptance for Linda's health and wellbeing.

(8)

Area for writing the answer, consisting of multiple horizontal dotted lines.



\* (e) Linda has plans to travel and emigrate when she finishes her studies.

Examine how these plans may impact on her self-concept.

(10)

A series of horizontal dotted lines for writing the answer.





17 Read the following case study and answer all the questions that follow.

Linda and Sheena have decided to move in together. However, their income is limited and the flat they rent is damp and needs a lot of repairs. They have decided to pool what money they have but there is little left to allow them to socialise with friends. This has caused stress and arguments.

Sheena already works full-time and has decided to work in a local pub in the evenings to earn extra money.

Linda is not happy as this means that she will see less of Sheena.

(a) Identify, from the case study, **one** economic and **one** psychological factor which are affecting Linda and Sheena at the moment.

(2)

Economic

.....

.....

Psychological

.....

.....

(b) Describe the impact housing conditions may have on health and wellbeing.

(3)

.....

.....

.....

.....

.....

.....





(d) Linda and Sheena's social life has also been affected negatively.

Discuss the impact this may have on their social development.

(6)

A series of horizontal dotted lines for writing the answer.



\* (e) Linda feels stressed and her university work is suffering. She discusses her problems with her family.

Assess the importance of support networks in dealing with life events.

(10)

Dotted lines for writing the answer.

**Question 17(e) continues on the next page.**



**(Total for Question 17 = 27 marks)**

---

**TOTAL FOR SECTION TWO = 55 MARKS**  
**TOTAL FOR PAPER = 70 MARKS**

