

Write your name here

Surname

Other names

Centre Number

Candidate Number

Edexcel GCSE

Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Thursday 24 January 2013 – Afternoon
Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed – *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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PEARSON

Answer ALL questions.

Write your answers in the space provided.

Section One

In section one questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

1 How many life stages are there in human growth and development? (1)

- A** 3
- B** 4
- C** 5
- D** 6

2 Which **one** of the following is a fine motor skill? (1)

- A** Drawing
- B** Jumping
- C** Skipping
- D** Running

3 Which **one** of the following is a physical symptom of the menopause? (1)

- A** Hot flushes
- B** Mood swings
- C** Depression
- D** Weight gain



4 Which **two** of the following are emotional factors which could affect growth and development?

(1)

- A Illness
- B Depression
- C Stress
- D Work

- A and B
- B and C
- C and D
- A and C

5 **One** example of an unexpected life event is:

(1)

- A getting a job
- B starting school
- C going to prison
- D retiring from work

6 How a person sees themselves is known as:

(1)

- A body image
- B self-concept
- C self-esteem
- D self-image



- 7 Which **two** of the following reflect a person's social class? (1)
- A Income
 - B Gender
 - C Occupation
 - D Health
- A and B
- B and C
- C and D
- A and C
- 8 Bonding and attachment are likely to occur when an individual is in: (1)
- A pregnancy
 - B infancy
 - C childhood
 - D adolescence
- 9 The colour of a person's skin is an example of their: (1)
- A gender
 - B social class
 - C ethnicity
 - D age
- 10 **One** formal source of support is a: (1)
- A family member
 - B neighbour
 - C friend
 - D nurse



11 In which **two** life stages is primary socialisation most important?

(1)

- A Infancy
- B Childhood
- C Adolescence
- D Early adulthood
- A and B
- B and C
- C and D
- A and D

12 A peer group refers to a:

(1)

- A group of religious leaders
- B friendship group
- C family group
- D group of community leaders

13 A life event which is planned for and welcomed is referred to as an:

(1)

- A expected life event
- B unpredictable life event
- C unexpected life event
- D emotional reaction

14 Adolescence occurs between the ages of:

(1)

- A 8 and 18 years
- B 9 and 18 years
- C 10 and 18 years
- D 10 and 19 years



15 Learning to add and subtract is a feature of which area of development?

(1)

- A Physical development
- B Social development
- C Intellectual development
- D Emotional development

TOTAL FOR SECTION ONE = 15 MARKS



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Section Two

16 Read the following case study and answer all the questions that follow.

Heidi and Rose are both 15 years of age. They attend the local secondary school where they are making good progress. They have many friends who they chat to both in school and on the internet. Heidi and Rose like shopping at the nearby retail outlet and going to the cinema. Heidi has a boyfriend called Josh who she has been seeing for three months. Although Rose was happy about this, more recently she has begun to feel left out. She is upset that Heidi doesn't have the same time for her anymore.

(a) Identify, in their correct order, the **two** previous life stages Heidi and Rose have passed through. (2)

- 1
- 2

(b) Describe how Rose's emotional development is being affected by Heidi's relationship with Josh. (3)

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(c) Explain how the influence of friends may affect Heidi and Rose's behaviour.

(4)

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(d) Explain why Heidi may have a positive self-concept.

(6)

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*(e) Discuss the impact Heidi's relationship with Josh is having on her friendship with Rose.

(10)

A series of horizontal dotted lines for writing the answer.



(Total for Question 16 = 25 marks)



17 Read the following case study and answer all the questions that follow.

Josh is 16 years of age and attends college where he is studying to be a mechanic. He has a girlfriend called Heidi. Josh likes to play football and has been selected to play for the county under 18 football team. He has two friends, Luke and Jono, who attend the same college. They have missed a lot of lessons because they cannot be bothered to attend. Recently they have started to smoke and drink alcohol. A few weeks ago the police cautioned Luke and Jono for drinking in a public place. Josh is worried about his two friends and their current lifestyle.

(a) Identify **two** physical changes that occur in males during adolescence. (2)

1

2

(b) Describe the factors which might account for Josh having a high self-esteem. (4)

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(c) Explain the effect on Luke and Jono’s intellectual development of not attending college classes.

(6)

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*(d) Josh and Heidi have developed an intimate relationship.

Discuss the importance of intimate relationships during adolescence.

(8)

A series of horizontal dotted lines for writing the answer.



*(e) Assess the impact Luke and Jono's current lifestyle may have on their health and wellbeing.

(10)

Dotted lines for writing.

Question 17(e) continues on the next page.



(Total for Question 17 = 30 marks)

TOTAL FOR SECTION TWO = 55 MARKS

TOTAL FOR PAPER = 70 MARKS

