

Write your name here

Surname

Other names

Centre Number

Candidate Number

Edexcel GCSE

Health and Social Care

Unit 1: Understanding Personal Development and Relationships

Wednesday 25 January 2012 – Afternoon
Time: 1 hour 15 minutes

Paper Reference

5HS01/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided – *there may be more space than you need.*

Information

- The total mark for this paper is 70.
- The marks for **each** question are shown in brackets – *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed – *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Keep an eye on the time.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Answer ALL questions. Write your answers in the space provided.

Section One

In Section One, questions must be answered with a cross in a box (☒). If you change your mind, put a line through the box (☒) and then indicate your new answer with a cross (☒).

1 Which of the following is **not** a life stage in human growth and development? (1)

- A Infancy
- B Early childhood
- C Puberty
- D Later adulthood

2 Which **two** of the following are examples of fine motor skills? (1)

- A Sewing
- B Pointing
- C Running
- D Kicking a ball
- A and B
- B and C
- C and D
- A and D

3 A physical environmental factor which could affect growth and development is: (1)

- A family
- B pollution
- C social class
- D wealth.



4 The definition of self-esteem is: (1)

- A how nice a person they are
- B what others think of them
- C how the individual sees themselves
- D how they value themselves.

5 Divorce is: (1)

- A an unexpected life event
- B a life stage event
- C an expected life event
- D a life course event.

6 Which **two** of the following factors are usually associated with later adulthood? (1)

- A Retirement
- B Being promoted
- C Having a baby
- D Loss of skin elasticity
- A and B
- B and C
- C and D
- A and D

7 Bonding and attachment is a characteristic of: (1)

- A emotional development
- B social development
- C physical development
- D intellectual development.



8 Stress is an example of: (1)

- A a social factor
- B an economic factor
- C a genetic factor
- D a psychological factor.

9 Which **two** of the following factors reflect an individual's cultural identity? (1)

- A Religion
- B Ethnicity
- C Wealth
- D Housing
- A and B
- B and C
- C and D
- A and D

10 In which life stage is the peer group usually most important? (1)

- A Infancy
- B Adolescence
- C Early adulthood
- D Later adulthood

11 Which of the following is an informal source of support? (1)

- A GP
- B Nurse
- C Minister
- D Friend



12 A person's social class is determined by:

(1)

- A gender
- B occupation
- C socialisation
- D age.

13 Menstruation is a physical characteristic of which life stage?

(1)

- A Infancy
- B Early childhood
- C Adolescence
- D Later adulthood

14 Being a lesbian is an example of an individual's:

(1)

- A occupation
- B sexual orientation
- C health status
- D religion.

15 Which of the following is an inherited characteristic?

(1)

- A Smoking
- B Culture
- C Blood group
- D Stress

TOTAL FOR SECTION ONE = 15 MARKS



Section Two

16 Read the following Case Study and answer all the questions that follow.

Sean works in a day centre for older people. He enjoys working with the service users in the arts, crafts and sensory rooms. In the crafts room they sew, knit and paint. The day centre provides a range of services including 'brunch and lunch' for its service users.

Sean enjoys interacting with and talking to the service users, particularly Noel and Eddie who are both 87 years of age. Both men fought in the Second World War and Sean enjoys listening to their stories, particularly as they get more adventurous each time they are told. Sean is studying for his Level 3 NVQ in Care Practice. His career ambition is to become a community mental health nurse.

(a) Identify and describe **one** way the day centre is promoting and maintaining service users' physical development.

(4)

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(b) Explain the difference between growth and development.

(4)

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(c) Noel and Eddie enjoy their time at the day centre.

Explain the benefits that attending the day centre may have on their development.

(6)

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*(d) Sean is progressing well with his NVQ, however he finds it both challenging and stressful.

Discuss the impact studying may have on Sean's intellectual development.

(10)

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(Total for Question 16 = 24 marks)



17 Read the following Case Study and answer all the questions that follow.

Noel and Eddie attend the day centre three times a week. They get a taxi to the day centre but walk home as they often stop at the local pub for a beer and a whisky.

Both men have travelled the world with their jobs and really enjoyed their work. Noel's wife died ten years ago and he still misses her, as he would say 'It's not the same any more'. Eddie never married although he has many male and female friends who he keeps in regular contact with. When Noel and Eddie meet up they reflect and reminisce about their careers and the friends they have lost.

(a) In their correct order, identify Noel and Eddie's **three** previous life stages.

(3)

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(b) Noel and Eddie have both travelled the world.

Describe how this might have affected their development.

(4)

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(c) Eddie has a positive self-image.

Explain why this might be the case.

(6)

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(d) Identify and explain **two** reasons why friendships are important in later adulthood.

(8)

A series of horizontal dotted lines for writing the answer.



***(e)** Eddie and Noel are very happy in their retirement.

Discuss why retirement is not a positive experience for some older people.

(10)

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(Total for Question 17 = 31 marks)

TOTAL FOR SECTION TWO = 55 MARKS
TOTAL FOR PAPER = 70 MARKS



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