

# Mark Scheme (Results)

Summer 2013

Health and Social Care (5HS01) Unit 1:  
Understanding Personal Development  
and Relationships

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## General Marking Guidance

- All candidates must receive the same treatment. Examiners must mark the first candidate in exactly the same way as they mark the last.
- Mark schemes should be applied positively. Candidates must be rewarded for what they have shown they can do rather than penalised for omissions.
- Examiners should mark according to the mark scheme not according to their perception of where the grade boundaries may lie.
- There is no ceiling on achievement. All marks on the mark scheme should be used appropriately.
- All the marks on the mark scheme are designed to be awarded. Examiners should always award full marks if deserved, i.e. if the answer matches the mark scheme. Examiners should also be prepared to award zero marks if the candidate's response is not worthy of credit according to the mark scheme.
- Where some judgement is required, mark schemes will provide the principles by which marks will be awarded and exemplification may be limited.
- When examiners are in doubt regarding the application of the mark scheme to a candidate's response, the team leader must be consulted.
- Crossed out work should be marked UNLESS the candidate has replaced it with an alternative response.

Question Number	Answer	Mark
<b>1</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>2</b>	C & D	<b>(1)</b>

Question Number	Answer	Mark
<b>3</b>	A	<b>(1)</b>

Question Number	Answer	Mark
<b>4</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>5</b>	A & B	<b>(1)</b>

Question Number	Answer	Mark
<b>6</b>	C	<b>(1)</b>

Question Number	Answer	Mark
<b>7</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>8</b>	A & D	<b>(1)</b>

Question Number	Answer	Mark
<b>9</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>10</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>11</b>	C	<b>(1)</b>

Question Number	Answer	Mark
<b>12</b>	D	<b>(1)</b>

Question Number	Answer	Mark
<b>13</b>	A	<b>(1)</b>

Question Number	Answer	Mark
<b>14</b>	B	<b>(1)</b>

Question Number	Answer	Mark
<b>15</b>	A	<b>(1)</b>

Question Number	Answer	Mark
<b>16(a)</b>	1 X 3 <ul style="list-style-type: none"> <li>• infancy</li> <li>• early childhood</li> <li>• adolescence</li> </ul>	<b>(3)</b>

Question Number	Answer	Mark
<b>16(b)</b>	<p>1 mark for correct identification</p> <ul style="list-style-type: none"> <li>• At university</li> <li>• Has friends and family who are supportive</li> <li>• Informed her family and friends of her sexual orientation</li> <li>• Has formed a relationship with Sheena</li> <li>• Family approval or acceptance of her sexual orientation</li> </ul> <p>Description</p> <ul style="list-style-type: none"> <li>• She is happy</li> <li>• It has raised her self-image</li> <li>• She is confident</li> <li>• She has a clearer sense of self</li> <li>• Fulfilling her career ambitions /accomplished</li> <li>• Feels good about herself</li> <li>• Knows she is loved /accepted</li> <li>• Feels supported by family and friends</li> <li>• Is not being judged</li> <li>• Comfortable with her relationship</li> <li>• Has no worries/stressed/ashamed</li> <li>• Values herself</li> </ul> <p>Be aware that this can be answered negatively</p> <p>Worked Example</p> <ul style="list-style-type: none"> <li>• Linda has a positive self esteem because her family have accepted her (1) and she is happy in her relationship (1) and therefore doesn't feel ashamed of who she is (1).</li> </ul>	<b>(3)</b>

Question Number	Indicative Content
<b>16(c)</b>	<ul style="list-style-type: none"> <li>• Less stress</li> <li>• Relieve</li> <li>• She feels accepted / not rejected</li> <li>• She is happier within herself / not unhappy/depressed/ anxious</li> <li>• Upset/angry/hurt</li> <li>• Feels discriminated/isolated/treated differently</li> <li>• She can talk openly about her relationship</li> <li>• She will be much more confident / self belief</li> <li>• Comfortable with self</li> <li>• Feels loved and wanted</li> <li>• Feels good about self</li> </ul> <p>Worked Example The importance on Linda's emotional wellbeing is that she feels loved (1) and therefore accepted (1). She will feel that she is not being treated differently (1) and will feel comfortable in herself (1)</p>

Question Number	Indicative Content	
<b>16(d)</b>	<ul style="list-style-type: none"> <li>• Physically the individual will be happy and less stressed, anxious or depressed, may affect her physical health</li> <li>• Socially individual will feel valued, identity is acknowledged, not withdrawn or isolated</li> <li>• Emotionally they will have a clear sense of self, not confused and trying to someone they are not, impact on self concept, self esteem and self image</li> <li>• Individual can form relationships more easily/ emotionally happier and confident</li> </ul> <p>Remember this is a discuss question so candidates can argue opposite of above points</p>	
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	This will be a weak brief response. There may be relevant points identified but the response is basically descriptive
2	<b>3-5</b>	This response will identify relevant points and there will be a good level of explanation, however, there may be some gaps in knowledge and discussion will be limited
3	<b>6-8</b>	Level of discussion will be excellent and well balanced – good knowledge and understanding shown Few gaps in knowledge if any.

Question Number		Indicative Content
<b>16(e)</b>		<ul style="list-style-type: none"> <li>• Can impact on self concept both positively and negatively</li> <li>• Clear insight into her future</li> <li>• Independence and freedom</li> <li>• Knows where she want to go</li> <li>• Has ambitions which she wants to pursue</li> <li>• She will intellectually grow as she experiences new things</li> <li>• She will not stagnate</li> <li>• It will keep her motivated</li> <li>• Proud of her achievements and being independent</li> <li>• Greater level of maturity</li> <li>• Can develop new skills</li> <li>• Experience new cultures e.g. Languages and food</li> <li>• Make new friends</li> <li>• May miss family and friends or loose contact with them</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-3</b>	This will be a weak brief response. There may be relevant points identified but the response is basically descriptive.
2	<b>4-6</b>	This response will identify relevant points and there will be a good level of explanation which will be accurate in content however the response will be one sided and will lack coherent argument with little examination of points.
3	<b>7-10</b>	For 7 marks the response will be one sided with a limited level of discussion. For 8-9 marks there will be a good level of examination, accurately written, relevant points identified, good use of vocabulary, grammar etc and for 10 marks a conclusion will be presented.

**Total for Question 16 – 28 marks**



Question Number	Answer	Mark
<b>17(a)</b>	1x1 economic – not much money, limited income 1x1 psychological – stress/arguments/unhappiness	<b>(2)</b>

Question Number	Answer	Mark
<b>17(b)</b>	<p>Health factors</p> <ul style="list-style-type: none"> <li>• poor physical health,</li> <li>• prone to illness,</li> <li>• increased morbidity</li> <li>• poor mental health because always ill</li> </ul> <p>Wellbeing factors</p> <ul style="list-style-type: none"> <li>• stress</li> <li>• arguments increase</li> <li>• self concept</li> <li>• self esteem</li> <li>• unhappiness</li> <li>• embarrassment</li> <li>• depression</li> </ul> <p>Worked Example</p> <p>Increased likelihood of illness (1) which may cause stress (1) and could result in depression (1)</p> <p>Increased illness (1) causes time off work (1) which may cause worry (1)</p>	<b>(3)</b>

Question Number		Indicative Content
<b>17(c)</b>		<ul style="list-style-type: none"> <li>• More arguments</li> <li>• Unappreciated</li> <li>• Devalued</li> <li>• Unhappy/depressed/lonely</li> <li>• Grow apart or become distant</li> <li>• Strain in the relationship</li> <li>• Increased stress</li> <li>• One or other may cheat</li> <li>• Distrust grows</li> <li>• Resentful or angry</li> <li>• Less time together</li> <li>• They may split up</li> <li>• Linda may find someone else</li> <li>• It may make them value their relationship more</li> <li>• They will learn to work things out</li> <li>• They will spend more quality time together when they are together</li> <li>• Stop communicating with each other</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	This will be a weak brief response. There may be relevant points identified but the response is basically descriptive
2	<b>3-4</b>	This response will identify relevant points and there will be a good level of explanation which will be accurate in content however the response will be one sided and will lack argument
3	<b>5-6</b>	For 5 marks the response will be one sided with a limited level of discussion. For 6 marks there will be a good level of explanation, a conclusion may be presented.

Question Number		Indicative Content
<b>17(d)</b>		<ul style="list-style-type: none"> <li>• Loose contact with their friends / anti-social</li> <li>• Socially isolated or lonely</li> <li>• Less socially confident</li> <li>• Lacks social support</li> <li>• Affect future social relationships</li> <li>• It make both of them unhappy</li> <li>• Their friends will forget about them</li> <li>• It may affect their communication skills</li> <li>• It would be harder for them later if they broke up to get back into circulation</li> </ul> <p>This question is about social development so answers with depressed or unwanted which are emotional factors are inaccurate.</p>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-2</b>	This will be a weak brief response. There may be relevant points identified but the response is basically descriptive
2	<b>3-4</b>	This response will identify relevant points and there will be a good level of explanation however the response will be one sided and will lack argument/discussion
3	<b>5-6</b>	For 5 marks the response will be one sided with a limited level of discussion. For 6 marks there will be a good level of discussion, a conclusion may be presented.

Question Number		Indicative Content
<b>17(e)</b>		<ul style="list-style-type: none"> <li>• They can build self-esteem and self-image</li> <li>• Provide practical assistance to individual</li> <li>• Depending on whether they were formal/informal support networks they may provide shoulder to cry on (informal)</li> <li>• Support networks help to develop coping strategies such as advice</li> <li>• They can help individuals build confidence</li> <li>• Promote a better self-concept/self esteem/self image</li> <li>• Without the support network the individual may feel more vulnerable stressed.</li> <li>• They may experience depression and/or anxiety.</li> <li>• Promotes reassurance</li> <li>• Promotes confidence</li> <li>• Promotes happiness</li> <li>• Promotes encouragement</li> <li>• Relieves the stress/burden</li> <li>• Feels respected</li> </ul>
Level	Mark	Descriptor
	<b>0</b>	No rewardable material
1	<b>1-3</b>	This will be a weak brief response. There may be relevant points identified but the response is basically descriptive
2	<b>4-6</b>	This response will identify relevant points and there will be a good level of explanation which will be accurate in content however the response will be one sided and will lack assessment of the importance of social networks
3	<b>7-10</b>	For 7 marks the response will be one sided with a limited level of assessment. For 8-9 marks there will be a good level of assessment, accurately written, relevant points identified, good use of vocabulary, grammar etc and for 10 marks a conclusion will be presented.

**Total for Question 17 – 22 marks**  
**Total for Paper – 60 marks**

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