

Dear sir/madam

I am writing to you today to display my thoughts on issues involving junk food. Junk food can create a multitude of issues for younger and older customers as it relinquishes individuals of their health, creating numerous health hazards including addiction. I strongly believe that if this crisis is not solved within the very near future, hundreds of children will perish at the hands of cheap, delicious snacks due to heart diseases and other forms of health hazard.

The costs of unhealthy junk foods like crisps and chocolate will persuade millions of customers to choose the cheaper option, this is obvious, but what is not obvious is the hysteria that will be caused by junk foods popularity. Shops are selling these disturbingly unhealthy products at cheaper prices than a pencil in some cases. The ramifications that Britain will encounter will shatter our reputation.

Furthermore healthy food on average costs about double the price of unhealthy food, so why choose the container of olives when I can purchase a delicious, yet disgusting bag of crisps? This must stop or chaos and corruption will spread all around



Britain faster than an epidemic. In addition to this junk food is also weakening our economy by disabling many otherwise normal citizens from working within our country. The fact that junk food can be compared to a scourge or contagion should surely show how dangerous the products really are, right? Wrong, stores all around the UK are advertising junk food like energy drinks, which are the embodiment of the grim reaper, coming to take your life, over products like a container of tomatoes which contain vitamins such as anti-oxidants because they do not care in the slightest about the health of our society.

Junk food is also easier to manufacture than most healthy foods because it does not require natural or fresh ingredients in order to make it. One way that individuals can exceed this malicious scheme made by the malignant master minds of money making is to create their own healthy products, for example a cake without sugar or butter which will also save them money in the process as well as cutting down on the obesity crisis that insues within Britain to this very day. Individuals will just be required to buy ingredients, like flour and eggs which will cost them a fraction of the price of <sup>buying</sup> making a



hand-made cake from a supermarket.

Furthermore, while this process of making a cake at home for a fraction of the price may sound good to some, it may not for others due to time requirements such as deadlines that must be met, therefore draining individuals of the time needed to make a cake. But what if there was a solution to this issue? Well there is and it is called organisation of time. You could bake the cake in the morning so that when you get home from work in the evening, you can eat a delicious and healthy cake for only a fraction of the price of buying a normal cake.

In conclusion I personally believe that junk food being sold at low prices shows the dawn of a time period in which obesity takes over, it's up to you to decide whether you choose health or money.

Yours faithfully

