

## Functional Skills Maths | Entry 2 | Handling Data | Going To The Gym

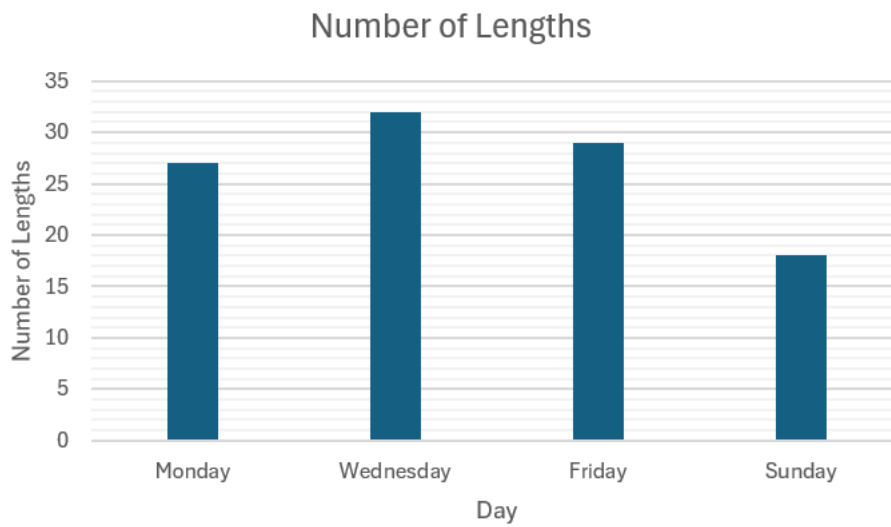


### Useful Vocabulary

This is a list of gym vocabulary for this handout.

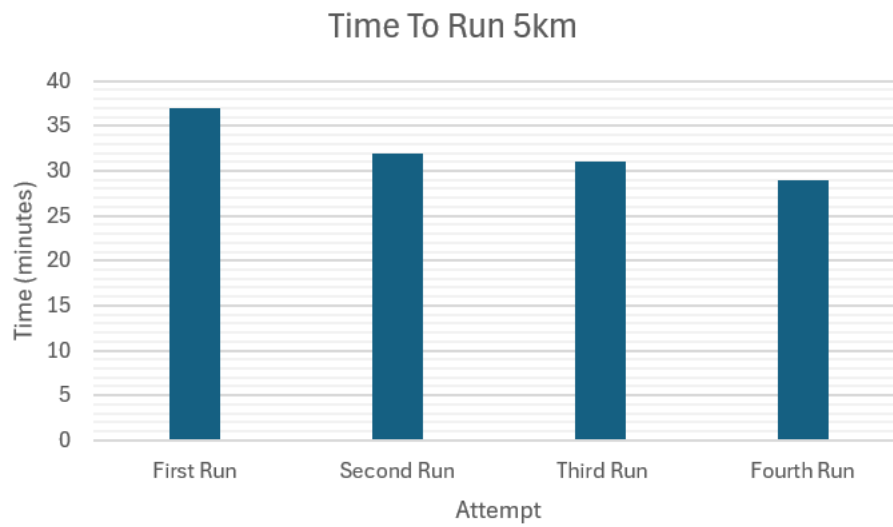
- Lengths
- Attempt
- Press Ups
- Pull Up Bar
- Sit Up
- Reps
- Maximum
- Leg Press

1. Jose keeps a record of the number of lengths he does at the swimming pool.



**What is the difference in the number of lengths between Wednesday and Sunday?**

2. Lucy is trying to improve her time for running 5 km.



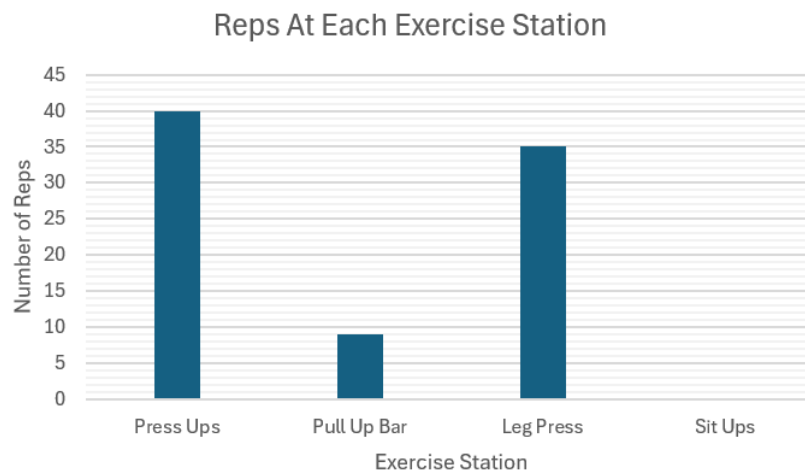
**How much faster is Lucy on her fourth attempt compared to her first attempt?**

3. Kwame works out in the gym. The table shows the number of reps he does at each exercise station.

Press Ups	40
Pull Up Bar	9
Leg Press	35
Sit Ups	12

Kwame draws a chart to show this information.

**Finish the chart for Kwame.**

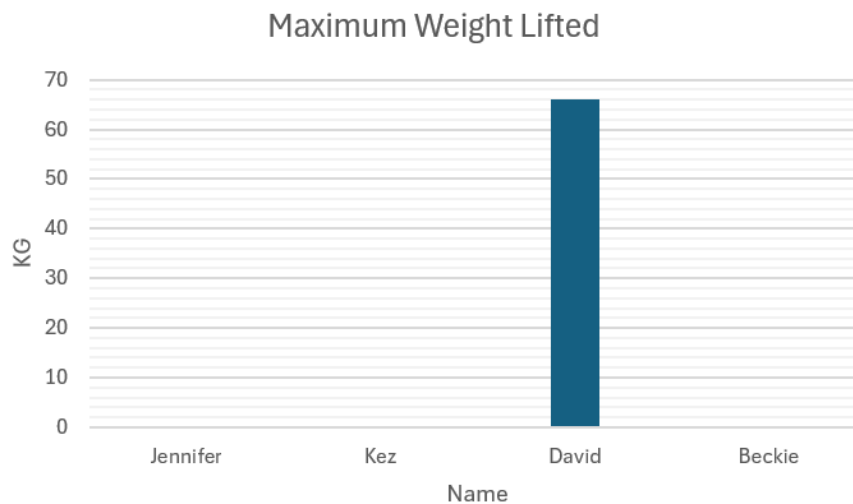


4. David has a list of the maximum weight he and his friends can lift.

Jennifer	57 kg
Kez	63 kg
David	65 kg
Beckie	69 kg

David draws a chart to show this information.

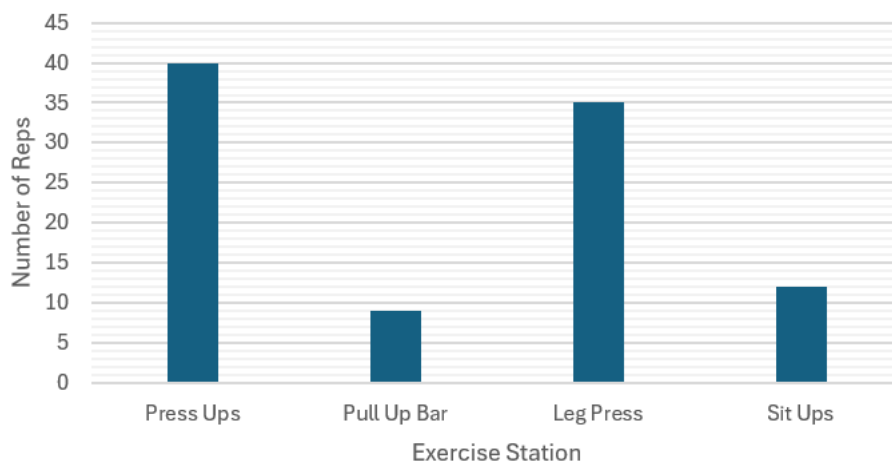
**Finish the chart for David.**



Answers

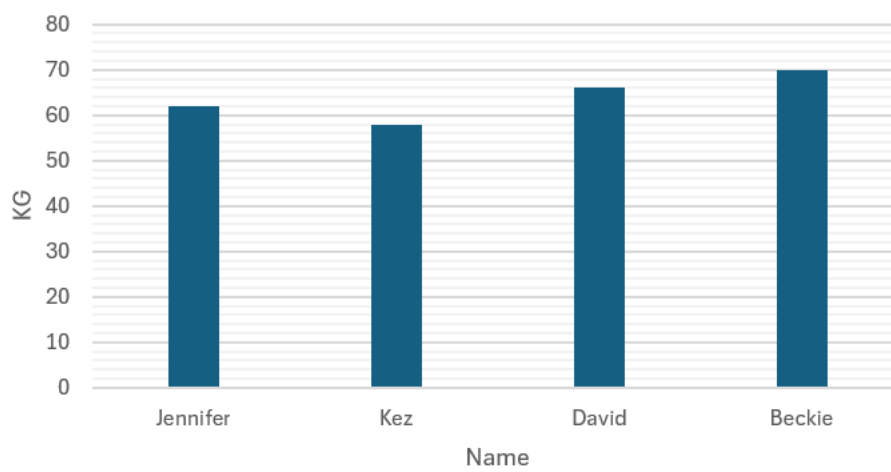
1. 14 (lengths)
2. 8 minutes

Reps At Each Exercise Station



3.

Maximum Weight Lifted



4.