

ESOL Skills for life

Speaking & Listening Level 1
Practice Test Paper - Set 2

Practice Test Paper

Speaking & Listening (Level 1)

PRACTICE



PERSONAL DETAILS AND MARKS FOR CANDIDATE

Candidate's Name:							
Registration Number:							

THE FOLLOWING SECTIONS TO BE COMPLETED BY THE ASSESSOR

Centre Name:	Assessor's Name:
Centre Number:	Signature:
	Date test taken:

THE FOLLOWING DETAILS CONFIRM THAT THE ASSESSOR HAS IN NO WAY INFLUENCED THE OUTCOME OF THE ASSESSMENT.

IF THIS CANDIDATE HAS HAD ANY ASSISTANCE DURING THIS TEST PLEASE STATE THE NATURE OF THE ASSISTANCE AND WHO PROVIDED IT.

IF THERE ARE ANY SPECIAL CIRCUMSTANCES THAT MAY HAVE HAD A NEGATIVE AFFECT ON THE CANDIDATE'S PERFORMANCE IN THIS TEST PLEASE GIVE DETAILS.

Internal Verifier's Name:				
Signature:	PART NUMBER	MARKS AVAILABLE	MARKS GIVEN	EXTERNAL VERIFIER USE ONLY
Date verified:	1	12		
	2	12		
	TOTAL	24		
	%	100%		
	Delete pass or fail as appropriate		PASS - FAIL	PASS - FAIL

Specific requirements for this paper:
 An audio or video recording is required to support the written record of a candidate's responses. Candidates should be instructed that if they wish, personal details in the actual test can be fictitious.

(Interlocutor speech is in bold).

(Interlocutor introduces self/assessor briefly and asks candidates their names).

(Interlocutor asks each candidate one or more of the following questions).

- *How long have you been learning English?*
- *How long have you been living in the UK?*
- *Could you tell me how long you've been studying here?*
- *Why are you taking this test today?*

Now I'd like you both to interview each other. You need to find out what your partner hopes to gain by taking this test, and about his/her possible plans for the future.

PRACTICE

Text 1 (for Candidate A)

Candidate A (*use name*): I am going to read something to you. You will hear this twice. The first time you hear it I want you to answer this question: is this mostly about research into a cure for obesity, a new diet or the effects of yo-yo dieting? Listen carefully.

(Read the text)

Researchers with the World Health Organisation estimate that there are about 300 million adults in the world who are severely overweight. The medical term for this is obesity. In the UK more than a fifth of the adult population is obese. Obesity is a major risk factor linked to heart disease, diabetes and premature death. Researchers have discovered that a hormone, 'Obestatin,' can be used to treat obesity. It works by making the patient feel less hungry, so that they eat less. The professor who made the discovery said, "It's too early to say whether it's going to be really effective, and people with obesity should not expect a cure yet."

Adapted from The Guardian, 11/11/05

Is this mostly about research into a cure for obesity, a new diet or the effects of yo-yo dieting?

CANDIDATE A - RESPONSES

I am now going to read this again. I will ask you to tell me three things about what you hear.

(Read the text again)

Can you tell me three things you remember?
(Candidate recalls three points)

CANDIDATE A - RESPONSES

Text 1 - main points

● There are about 300 million obese adults in the world. <input type="checkbox"/>	● Obese people risk heart disease, diabetes and premature death. <input type="checkbox"/>
● Obesity is the medical term for the severely overweight. <input type="checkbox"/>	● Obestatin is a hormone, which may help obese people by suppressing appetite. <input type="checkbox"/>
● More than a fifth of the adult population in the UK is obese. <input type="checkbox"/>	● Its effectiveness is not known and a cure is not yet available. <input type="checkbox"/>

ADDITIONAL POINTS

(Interlocutor records candidate responses and then asks further question)

Can you remember anything else about research into a cure for obesity?

[Marks Available: 12]

Text 2 (for Candidate B)

Candidate B (use name): I am going to read something to you. You will hear this twice. The first time you hear it I want you to answer this question: is this mostly about the effect of food on the way you feel, an exciting new diet or the side effects of yo-yo dieting? Listen carefully.

(Read the text)

Each year there are dozens of new diets but people who use 'yo-yo dieting' risk serious medical problems. Yo-yo dieting is the term for unhealthy starvation dieting followed by a period of eating far too much. This can change the way people feel, because eating too little causes low blood sugar and affects the way the body makes a brain chemical, called serotonin. This chemical is important in improving a person's mood. The repeated pattern of weight loss and gain in yo-yo dieting can also affect strength, lead to poor muscle tone and weak muscles. Some studies suggest that this kind of dieting may raise blood pressure, possibly leading to heart disease.

Adapted from The Daily Mail, 14/11/05

Is this mostly about the effect of food on the way you feel, an exciting new diet or the side effects of yo-yo dieting?

CANDIDATE B - RESPONSES

I am now going to read this again. I will ask you to tell me three things about what you hear.

(Read the text again)

Can you tell me three things you remember?

(Candidate recalls three points)

CANDIDATE B - RESPONSES

Text 2 - main points

- There are dozens of new diets each year.
- Starvation followed by eating too much is known as yo-yo dieting.
- Eating too little leads to low blood sugar, which affects the production of serotonin.
- Serotonin is a brain chemical, which affects mood.
- Continually losing and gaining weight can lead to weak muscles.
- Yo-yo dieting may raise blood pressure and lead to heart disease.

ADDITIONAL POINTS

Blank lines for additional points.

(Interlocutor records candidate responses and then asks further question)

Can you remember anything else about the side-effects of yo-yo dieting?

8 minutes

Do you eat healthy food? Do you think that some diets are good, or would you never diet? Does it matter if you are overweight? I'd like you to talk about this now with your partner. You might want to talk about what advice you would give to a friend who wants to lose weight.

Possible points

- *Diets can be good if used properly.*
- *If you always eat healthy food you never need to diet.*
- *Some diets are dangerous.*
- *It doesn't matter whether you are fat or thin.*
- *Obese people need help to lose weight safely.*
- *Too much fuss is made about body weight.*
- *Being too thin is a problem too.*

CANDIDATE A - RESPONSES

PRACTICE

CANDIDATE B - RESPONSES

End of practice test paper.

PRACTICE

Further copies of this publication are available from
Edexcel Publications, Adamsway, Mansfield, Notts, NG18 4FN

Telephone 01623 467467
Fax 01623 450481
Email: publications@linneydirect.com

For more information on Edexcel and BTEC qualifications please contact
Customer Services on 0870 240 9800
or <http://enquiries.edexcel.org.uk>
or visit our website: www.edexcel.org.uk

Edexcel Limited. Registered in England and Wales No. 4496750
Registered Office: One90 High Holborn, London WC1V 7BH

A PEARSON COMPANY

