

# **Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF level 4 (Scotland)**

## **Specification**

Pearson BTEC Specialist qualification

First teaching September 2013

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*All information in this specification is correct at time of publication.*

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## Purpose of this specification

The purpose of a specification as defined by SQA Accreditation is to set out:

- the qualification's objective
- any other qualification that a candidate must have completed before taking the qualification
- any prior knowledge, skills or understanding that the candidate is required to have before taking the qualification
- units that a candidate must have completed before the qualification will be awarded and any optional routes
- any other requirements that a candidate must have satisfied before they will be assessed or before the qualification will be awarded
- the knowledge, skills and understanding that will be assessed as part of the qualification (giving a clear indication of their coverage and depth)
- the method of any assessment and any associated requirements relating to it
- the criteria against which the candidate's level of attainment will be measured (such as assessment criteria)
- any specimen materials
- any specified levels of attainment.



# 1 Introducing Pearson BTEC Specialist qualifications

For more than 25 years, Pearson BTECs have earned their reputation as well-established, enduringly effective qualifications. They have a proven track record of improving motivation and achievement. Pearson BTECs also provide progression routes to the next stage of education or to employment.

## What are Pearson BTEC Specialist qualifications?

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Pearson BTEC Specialist qualifications are qualifications from Entry to Level 7 on the Scottish Credit and Qualifications Framework (SCQF). They are work-related qualifications and are available in a range of sectors. They give candidates the knowledge, understanding and skills they need to prepare for employment. They also provide career development opportunities for those already in work. These qualifications may be full-time or part-time courses in schools or colleges. Training centres and employers may also offer these qualifications.

Some Pearson BTEC Specialist qualifications are knowledge components in Modern Apprenticeship Frameworks, i.e. Technical Certificates.

Every unit and qualification in the SCQF has a credit value.

The credit value of a unit specifies the number of credits that will be awarded to a candidate who has achieved the learning outcomes of the unit.

The credit value of a unit is based on:

- one credit for every 10 hours of learning time
- learning time – defined as the time taken by candidates at the level of the unit, on average, to complete the learning outcomes to the standard determined by the assessment criteria.

## 2 Qualification summary and key information

<b>Qualification title</b>	<b>Pearson BTEC Level Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF Level 4 (SCQF)</b>
SCQF award code	R357 04
Qualification framework	Scottish Credit and Qualifications Framework (SCQF)
Accreditation start date	07/08/2013
Approved age ranges	14-16 16-18
SCQF Credit value	14-17
Assessment	Centre-devised assessment (internal assessment)
Guided learning hours	47-65.
Grading information	The qualification and units are at pass grade.
Entry requirements	For details of entry requirements see below. <b>Candidates must be actively participating in a uniformed youth organisation or youth organisation while working towards the qualification.</b> <i>Centres must also follow the Pearson Access and Recruitment policy (see Section 10 Access and recruitment)</i>

## **SQA award code number and qualification title**

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The qualification title, unit titles and SQA award code will appear on each candidate's final certificate. You should tell your candidates this when your centre recruits them and registers them with us. There is more information about certification in the *Edexcel Information Manual*, available on our website: [www.edexcel.com](http://www.edexcel.com)

## **Objective of the qualification**

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The Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF Level 4 (SCQF) is for candidates who want to prepare for employment or develop personal skills through participating in uniformed or non-uniformed organisations.

It gives candidates the opportunity to:

- develop their own personal growth and engagement in learning through the development of teamwork, personal skills and citizenship.
- develop knowledge, understanding and skills that support their personal and career interests
- develop the knowledge, understanding and skills they need to enter employment
- develop a range of skills and techniques, personal qualities and attitudes essential for successful performance in education and in working life
- achieve a nationally recognised SCQF Level 4 qualification
- receive certification for smaller blocks of learning through a personalised learning programme
- access programmes of study that can enable progression to higher level qualifications.

## **Relationship with previous qualifications**

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This is a new qualification and is not a direct replacement for any previous qualification.

## **Progression opportunities through Pearson qualifications**

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Candidates who have achieved the Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF Level 4 (SCQF) will have developed a range of skills and techniques, personal qualities and attitudes essential for successful performance in education and in working life. Candidates may progress into or within employment and/or continue their study in the vocational areas such as qualifications for uniformed and non-uniformed in the public services.

## Industry support and recognition

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This qualification is supported by Skills for Justice, the SSC for the Armed Services, Uniformed Public Services, legal Services and Local and Central Government.

The qualification is a collaborative development with CVQO, a charity that provides the opportunity for members of youth and voluntary organisations to gain internationally recognised qualifications.

For more information about CVQO's work, please visit [www.cvqo.org](http://www.cvqo.org).



### 3 Qualification structure

The Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations includes two pathways:

1. Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in **Uniformed** Youth Organisations at SCQF Level 4
2. Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF Level 4

The structures are set out below.

#### Pathway 1: Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Uniformed Youth Organisations at SCQF Level 4 (SCQF)

The candidate will need to meet the requirements outlined in the table below before Pearson can award the qualification.

To achieve the Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in **Uniformed** Youth Organisations candidates must achieve:

- The mandatory unit, which forms part of the citizenship unit skills set, therefore the unit in Optional Group A is an optional unit.
- Candidates must achieve at least one unit from each of the skills set – Citizenship, Personal Skills, and Teamwork Skills to achieve **a minimum overall credit of 14**.

Minimum number of credits that must be achieved	14
Number of mandatory credits that must be achieved	3
Number of optional credits that must be achieved	11

Unit	Unit code	Mandatory unit –Group A Citizenship	SCQF Level	Unit credit	Guided learning hours
1	UD90 04	Developing Citizenship Through a Uniformed Youth Organisation	4	3	12
Unit	Unit code	Optional units – Group A Citizenship	SCQF Level	Unit credit	Guided learning hours
3	UD92 04	Working as a Volunteer	4	2	10

Unit	Unit code	Optional units – Group B Personal Skills	SCQF Level	Unit credit	Guided learning hours
4	UD93 04	Maintaining Health and Wellbeing in the Field	5	4	14
5	UD94 04	Radio Communications	4	2	10
6	UD95 04	Improving Personal Exercise and Fitness	4	4	17
7	UD96 04	Navigating Using Topographic Maps	4	2	7
8	UD97 04	Working Towards Goals	4	2	8
9	UD98 04	Planning a Trip to a Visitor Attraction	4	4	11
10	UD99 04	Welcome Visitors	4	2	9
Unit	Unit code	Optional units – Group C Teamwork Skills	SCQF Level	Unit credit	Guided learning hours
11	UE01 04	Planning and Participating in an Event	4	4	13
12	UE02 04	Self-reliance in a Fieldcraft Environment	4	4	14
13	UE03 04	Preparing for Expeditions	4	3	15
14	UE04 04	Ceremonial Drill and Parade Training	4	4	16
15	UE04 05	Working as Part of a Group	5	2	9

## Pathway 2: Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations at SCQF Level 4 (SCQF)

The candidate will need to meet the requirements outlined in the table below before Pearson can award the qualification.

To achieve the Pearson BTEC Certificate in Teamwork, Personal Skills and Citizenship in Youth Organisations candidates must achieve:

- The mandatory unit, which forms part of the citizenship unit skills set, therefore the unit in Optional Group A is an optional unit.
- Candidates must achieve at least one unit from each of the skills set – Citizenship, Personal Skills, and Teamwork Skills to achieve a **minimum overall credit of 14**.

Candidates must achieve the mandatory unit, which forms part of the citizenship unit skills set, therefore the unit in Optional Group A is an option unit.

Candidates must achieve at least one unit from each of the skills set – Citizenship, Personal Skills, and Teamwork Skills.

Minimum number of credits that must be achieved	14
Number of mandatory credits that must be achieved	3
Number of optional credits that must be achieved	11

Unit	Unit code	Mandatory unit – Group A Citizenship	SCQF Level	Unit credit	Guided learning hours
2	UD91 04	Developing Citizenship Through a Youth Organisation	4	3	9
Unit	Unit code	Optional units – Group A Citizenship	SCQF Level	Unit credit	Guided learning hours
3	UD92 04	Working as a Volunteer	4	2	10
Unit	Unit code	Optional units – Group B Personal Skills	SCQF Level	Unit credit	Guided learning hours
4	UD93 04	Maintaining Health and Wellbeing in the Field	5	4	14
6	UD95 04	Improving Personal Exercise and Fitness	4	4	17

Unit	Unit code	Optional units – Group B Personal Skills (continued)	SCQF Level	Unit credit	Guided learning hours
7	UD96 04	Navigating Using Topographic Maps	4	2	7
8	UD97 04	Working Towards Goals	4	2	8
9	UD98 04	Planning a Trip to a Visitor Attraction	4	4	11
10	UD99 04	Welcome Visitors	4	2	9
Unit	Unit code	Optional units – Group C Teamwork Skills	SCQF Level	Unit credit	Guided learning hours
11	UE01 04	Planning and Participating in an Event	4	4	13
12	UE02 04	Self-reliance in a Fieldcraft Environment	4	4	14
13	UE03 04	Preparing for Expeditions	4	3	15
15	UE05 04	Working as Part of a Group	5	2	9

## 4 Assessment

The table below gives a summary of the assessment methods used in the qualification.

Units	Assessment method
All units	Centre-devised assessment

### Centre-devised assessment (internal assessment)

Each unit has specified learning outcomes and assessment criteria. To pass an internally assessed unit, candidates must meet all the learning outcomes. Centres may find it helpful if candidates index and reference their evidence to the relevant learning outcomes and assessment criteria.

Centres need to write assignment briefs for candidates to show what evidence is required. Assignment briefs should indicate clearly which assessment criteria are being targeted.

Assignment briefs and evidence produced by candidates must meet any additional requirements in the *Information for tutors* section of the unit.

Unless otherwise indicated in *Information for tutors*, the centre can decide the form of assessment evidence (for example, performance observation, presentations, projects, tests, extended writing) as long as the methods chosen allow candidates to produce valid, sufficient and reliable evidence of meeting the assessment criteria.

Centres are encouraged to give candidates realistic scenarios and maximise the use of practical activities in delivery and assessment.

To avoid over-assessment centres are encouraged to link delivery and assessment across units.

There is more guidance about internal assessment on our website. See Section 13. Further information and useful publications.

## 5 Recognising prior learning and achievement

### Recognition of Prior Learning

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Recognition of Prior Learning (RPL) is a method of assessment (leading to the award of credit) that considers whether a candidate can demonstrate that they can meet the assessment requirements for a unit through knowledge, understanding or skills they already possess and so do not need to develop through a course of learning.

Pearson encourages centres to recognise candidates' previous achievements and experiences in and outside the workplace, as well as in the classroom. RPL provides a route for the recognition of the achievements resulting from continuous learning.

RPL enables recognition of achievement from a range of activities using any valid assessment methodology. If the assessment requirements of a given unit or qualification have been met, the use of RPL is acceptable for accrediting a unit, units or a whole qualification. Evidence of learning must be sufficient, reliable and valid.

Further guidance is available in the policy document *Recognition of Prior Learning Policy*, which is on our website, [www.edexcel.com](http://www.edexcel.com).

## 6 Centre resource requirements

As part of the approval process, centres must make sure that the resources requirements below are in place before offering the qualification.

- Centres must have appropriate physical resources (for example, equipment, IT, learning materials, teaching rooms) to support the delivery and assessment of the qualification.
- Staff involved in the assessment process must have relevant expertise and occupational experience.
- There must be systems in place to ensure continuing professional development for staff delivering the qualification.
- Centres must have appropriate health and safety policies in place relating to the use of equipment by candidates.
- Centres must deliver the qualifications in accordance with current equality legislation. For further details on Pearson's commitment to the Equality Act 2010, please see *Section 10 Access and recruitment* and *Section 11 Access to qualifications for candidates with disabilities or specific needs*. For full details on the Equality Act 2010, please go to the Home Office website, [www.gov.uk/government/organisations/home-office](http://www.gov.uk/government/organisations/home-office)

## 7 Centre recognition and approval centre recognition

Centres that have not previously offered Pearson qualifications need to apply for, and be granted, centre recognition as part of the process for approval to offer individual qualifications.

Existing centres will be given 'automatic approval' for a new qualification if they are already approved for a qualification that is being replaced by a new qualification and the conditions for automatic approval are met.

Guidance on seeking approval to deliver Pearson BTEC qualifications is available at [www.edexcel.com](http://www.edexcel.com).

### **Approvals agreement**

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All centres are required to enter into an approval agreement that is a formal commitment by the head or principal of a centre to meet all the requirements of the specification and any associated codes, Conditions or regulations. Pearson will act to protect the integrity of the awarding of qualifications. If centres do not comply with the agreement, this could result in the suspension of certification or withdrawal of approval.

## 8 Quality assurance of centres

Quality assurance is at the heart of vocational qualifications. The centre assesses Pearson BTEC qualifications. The centre will use quality assurance to make sure that their managers, internal verifiers and assessors are standardised and supported. Pearson use quality assurance to check that all centres are working to national standards. It gives us the opportunity to identify and provide support, if needed, to safeguard certification. It also allows us to recognise and support good practice.

For the qualifications in this specification, the Pearson quality assurance model will follow one of the processes listed below.

- 1 Delivery of the qualification as part of a BTEC Modern Apprenticeship ('single click' registration):
  - an annual visit by a Standards Verifier to review centre-wide quality assurance systems and sampling of internal verification and assessor decisions
- 2 Delivery of the qualification outside the Modern Apprenticeship:
  - an annual visit to the centre by a Centre Quality Reviewer to review centre-wide quality assurance systems
  - Lead Internal Verifier accreditation. This involves online training and standardisation of Lead Internal Verifiers using our OSCA platform, accessed via Edexcel Online. Please note that not all qualifications will include Lead Internal Verifier accreditation. Where this is the case, we will annually allocate annually a Standards Verifier to conduct postal sampling of internal verification and assessor decisions for the Principal Subject Area.

For further details, go to the *UK BTEC Quality Assurance Handbook* on our website.

## 9 Programme delivery

Centres are free to offer the qualifications using any mode of delivery (for example full time, part time, evening only, and/or distance learning) that meets their candidates' needs. Whichever mode of delivery is used, centres must make sure that candidates have access to the resources identified in the specification and to the subject specialists delivering the units.

Those planning the programme should aim to enhance the vocational nature of the qualification by:

- liaising with employers to make sure a course is relevant to candidates' specific needs
- accessing and using non-confidential data and documents from candidates' workplaces
- developing up-to-date and relevant teaching materials that make use of scenarios that are relevant to the sector
- giving candidates the opportunity to apply their learning in practical activities
- including sponsoring employers in the delivery of the programme and, where appropriate, in the assessment
- making full use of the variety of experience of work and life that candidates bring to the programme.

Centres must make sure that any legislation taught is up to date.

## 10 Access and recruitment

Pearson's policy regarding access to our qualifications is that:

- they should be available to everyone who is capable of reaching the required standards
- they should be free from any barriers that restrict access and progression
- there should be equal opportunities for all those wishing to access the qualifications.

Centres are required to recruit candidates to Pearson BTEC Specialist qualifications with integrity.

Applicants will need relevant information and advice about the qualification to make sure it meets their needs.

Centres should review the applicant's prior qualifications and/or experience, considering whether this profile shows that they have the potential to achieve the qualification.

For candidates with disabilities and specific needs, this review will need to take account of the support available to the candidate during teaching and assessment of the qualification. The review must take account of the information and guidance in *Section 11 Access to qualifications for candidates with disabilities or specific needs*.

Candidates may be aged between 14 and 16 and therefore potentially vulnerable. Where candidates are required to spend time and be assessed in work settings, it is the centre's responsibility to ensure that the work environment they go into is safe.

## 11 Access to qualifications for candidates with disabilities or specific needs

Equality and fairness are central to our work. Pearson's Equality Policy requires all candidates to have equal opportunity to access our qualifications and assessments. It also requires our qualifications to be awarded in a way that is fair to every candidate.

We are committed to making sure that:

- candidates with a protected characteristic (as defined by the Equality Act 2010) are not, when they are undertaking one of our qualifications, disadvantaged in comparison to candidates who do not share that characteristic
- all candidates achieve the recognition they deserve from undertaking a qualification and that this achievement can be compared fairly to the achievement of their peers.

Candidates taking a qualification may be assessed in British sign language or Irish sign language where it is permitted for the purpose of reasonable adjustments.

Details on how to make adjustments for candidates with protected characteristics are given in the policy documents *Application of Reasonable Adjustment for BTEC and Edexcel NVQ Qualifications* and *Application for Special Consideration: BTEC and Edexcel NVQ Qualifications*.

The documents are on our website at [www.edexcel.com/policies](http://www.edexcel.com/policies)

## 12 Units

Units have the following sections.

### Unit title

The unit title will appear on the candidate's Notification of Performance (NOP).

### Unit code

Each unit is assigned a unit code that appears with the unit title on the SQA Register of Qualifications.

### SCQF level

All units and qualifications within the SCQF have a level assigned to them. There are 12 levels of achievement, from Level 1 to Level 12. The SCQF Level Descriptors inform the allocation of the level.

### Credit value

When a candidate achieves a unit, they gain the specified number of SCQF credits.

### Guided learning hours

Guided learning hours are the times when a tutor, trainer or facilitator is present to give specific guidance towards the learning aim for a programme. This definition covers lectures, tutorials and supervised study in, for example, open learning centres and learning workshops. It also includes assessment by staff where candidates are present. It does not include time spent by staff marking assignments or homework where the candidate is not present.

### Unit aim / Introduction

This gives a summary of what the unit aims to do.

### Essential resources

This section lists any specialist resources needed to deliver the unit. The centre will be asked to make sure that these resources are in place when it seeks approval from Pearson to offer the qualification.

### Learning outcomes

The learning outcomes of a unit set out what a candidate knows, understands or is able to do as the result of a process of learning.

## Assessment criteria

Assessment criteria specify the standard required by the candidate to achieve each learning outcome.

## Unit amplification

This section clarifies what a candidate needs to know to achieve a learning outcome.

## Information for tutors

This section gives tutors information on delivery and assessment. It contains the following subsections.

- *Delivery* – explains the content’s relationship to the learning outcomes and offers guidance on possible approaches to delivery.
- *Assessment* – gives information about the evidence that candidates must produce, together with any additional guidance if appropriate. This section should be read in conjunction with the assessment criteria.
- *Indicative resource materials* – lists resource materials that can be used to support the teaching of the unit, for example books, journals and websites.

# **Unit 1: Developing Citizenship through a Uniformed Youth Organisation**

<b>Unit code:</b>	<b>UD90 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>3</b>
<b>Guided learning hours:</b>	<b>12</b>

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## **Unit aim**

Candidates will gain knowledge of how being a member of a uniformed youth organisation can promote personal skills to become an effective citizen in the community.

## **Introduction**

This unit will introduce candidates to uniformed youth organisations and how these organisations help an individual to develop as a citizen within the wider community. Candidates will understand the importance of their uniform, basic drill and saluting. They will develop an understanding of how these activities develop citizenship and enable them to participate in their chosen uniformed youth organisation, develop personal skills and be good citizens by contributing to the life of their community.

## **Essential resources**

Candidates must be a member of a uniformed youth organisation to participate in this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know the structure of a uniformed youth organisation	1.1	Describe the origins of a chosen uniformed youth organisation	<ul style="list-style-type: none"> <li><i>Uniformed youth organisations:</i> eg Army Cadet Force, Air Training Corps, Sea Cadet Corps, Royal Marine Cadets, Scouts, Guides, Combined Cadet Force, Police Cadets , St John Ambulance Cadets, Fire Cadets, Boys Brigade, Girls Brigade</li> <li><i>Structure:</i> history, origins and key development; key dates and events; organisation and structure</li> </ul>
		1.2	Describe the structure of a local uniformed youth organisation	
2	Be able to use uniform correctly	2.1	Describe the uniform for a chosen youth organisation	<ul style="list-style-type: none"> <li><i>Uniform appropriate to service organisation:</i> eg parade dress, training dress</li> <li><i>Maintaining uniform correctly:</i> key elements and features of uniform; correct wearing and maintenance of uniform for specific purposes, eg field craft, adventure training, skill at arms, sailing, flying</li> </ul>
		2.2	Demonstrate how to maintain a uniform appropriately for specific purposes	
3	Understand how wearing a uniform can contribute to self-esteem	3.1	Explain how wearing a uniform can contribute to the development of self-esteem	<ul style="list-style-type: none"> <li><i>Contribution of uniform to personal esteem:</i> self-esteem, pride, purpose, motivation</li> </ul>
4	Be able to perform basic drill	4.1	Demonstrate the ability to undertake basic drill	<ul style="list-style-type: none"> <li><i>Performing basic drill:</i> purpose; correct method for performing drill and saluting; skills and attributes required for drill</li> <li><i>Saluting:</i> Performing saluting; procedures required</li> </ul>
		4.2	Demonstrate how to salute using procedures required by the chosen organisation	

Learning outcomes		Assessment criteria		Unit amplification
5	Know how a chosen local organisation contributes to the community	5.1	Describe how a local uniformed youth organisation has made a contribution to the community	<ul style="list-style-type: none"> <li>• <i>Contribution to the community</i>: community; citizenship; responsibility; how to make a contribution to the community; awareness; role of the chosen youth organisation in the community; encouraging youth participation in activities</li> </ul>
		5.2	Describe how membership of a uniformed youth organisation can contribute to the community	<ul style="list-style-type: none"> <li>• <i>How membership can contribute to the community</i>: sense of belonging, pride, cohesion</li> </ul>
6	Know how a uniformed youth organisation can contribute to personal citizenship development	6.1	Outline personal citizenship skills that are developed through a uniformed youth organisation membership	<ul style="list-style-type: none"> <li>• <i>Personal citizenship skills</i>: showing concern for others, teamwork, discipline, personal organisation, self-reliance</li> </ul>
		6.2	Give examples of how skills may enhance personal development	<ul style="list-style-type: none"> <li>• <i>Skills</i>: employability skills, ability to work with others, personal responsibility, discipline skills, time management</li> </ul>

## Information for tutors

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### Delivery

It is likely that this unit will be the first unit of the programme. It is, therefore, important that the unit is practical and that it encourages candidates to participate.

Tutors may wish to combine the delivery of learning outcomes 1, 5 and 6. For example, candidates could find out the origin and structure of their own organisation by talking to past members, inviting speakers to the group or carrying out online research.

Tutors may find it valuable to combine learning outcomes 2, 3 and 4. Demonstrations and practical exercises would help to reinforce learning.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.

### Suggested resource

#### Websites

[www.armycadets.com/](http://www.armycadets.com/)

[www.mkbartlett.co.uk/](http://www.mkbartlett.co.uk/)

[www.raf.mod.uk/aircadets/](http://www.raf.mod.uk/aircadets/)

[www.sccheadquarters.com/Training](http://www.sccheadquarters.com/Training)

[www.sea-cadets.org/](http://www.sea-cadets.org/)



## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know the role of youth organisations in citizenship development	1.1	Describe local youth organisations	<ul style="list-style-type: none"> <li>• <i>Local youth organisations</i>: eg local football teams, youth clubs, faith groups, charities, neighbourhood groups, school clubs and societies</li> <li>• <i>Role of youth organisation</i>: aim and purpose of youth organisation; importance of youth organisation; youth engagement, youth participation, promoting citizenship through working together, stronger community ties, promoting life skills</li> </ul>
		1.2	Describe the role of a youth organisation in citizenship development	
2	Understand how participation in a youth organisation can contribute to self-esteem	2.1	Explain how participation in a youth organisation contributes to the development of self-esteem	<ul style="list-style-type: none"> <li>• <i>Contribution of participation to personal esteem</i>: builds self-esteem, pride, purpose, motivation, sense of belonging, developing new skills, involvement in group activities</li> </ul>
3	Know how a youth organisation contributes to the community	3.1	Identify what a youth organisation contributes to the community	<ul style="list-style-type: none"> <li>• <i>Community contribution</i>: providing opportunities for young people, reducing antisocial behaviour, creating harmony, safer neighbourhoods, community cohesion</li> <li>• <i>Contribution to community</i>: improvement to environment, eg cleaning parks or graffiti, raising awareness for a cause, supporting community goals, financial contributions, eg fundraising</li> </ul>
		3.2	Identify how a youth organisation has made a contribution to the community	

Learning outcomes		Assessment criteria		Unit amplification
4	Know how a youth organisation can contribute to personal citizenship development	4.1	Outline the personal citizenship skills which are developed through youth organisation membership	<ul style="list-style-type: none"> <li>• <i>Personal citizenship skills</i>: showing concern for others, teamwork, discipline, personal organisation, self-reliance</li> </ul>
		4.2	Give examples of how citizenship skills enhance personal development	
5	Be able to demonstrate skills which contribute to community activities	5.1	Plan activities which contribute to a community	<ul style="list-style-type: none"> <li>• <i>Activities</i>: eg distributing information on safety, raising awareness for charities or groups, improving/restoring neighbourhood facilities, eg cleaning local parks, helping at local events, organising sporting events/tournaments</li> <li>• <i>Skills</i>: eg communication, teamwork, personal skills, punctuality, behavioural skills, problem solving, time management, personal organisation, discipline, self-reliance, teamwork, concern for others, planning, idea generation, making commitment</li> <li>• <i>Demonstrate skills contributing to community activities</i>: eg planning activities to raise funds for a cause, organisation skills to help at local events</li> </ul>
		5.2	Identify own skills which contribute to community activities	
		5.3	Demonstrate skills whilst contributing in a community activity	
6	Understand how participation in a youth organisation has effected personal citizenship	6.1	Explain how personal citizenship has been effected through participation in a youth organisation	<ul style="list-style-type: none"> <li>• <i>Effects on personal citizenship</i>: increase in citizenship, more engaged in community, community values</li> </ul>

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities. Candidates need to identify different youth organisations and the role they play in developing citizenship in communities. They also need to understand how the organisation can benefit individuals for example by developing self-esteem, and the wider community through promoting citizenship. Representatives from different youth organisations could speak about their organisations and the role they play in the wider community.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of candidate performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.

### Suggested resource

#### Websites

[www.sdyo.org.uk/](http://www.sdyo.org.uk/)

[www.youthscotland.org.uk/](http://www.youthscotland.org.uk/)

## **Unit 3: Working as a Volunteer**

**Unit code:** UD92 04

**SCQF level:** 4

**Credit value:** 2

**Guided learning hours:** 10

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### **Unit aim**

The aim of this unit is for candidates to develop an understanding of the role of volunteers and the skills required for different types of voluntary work. In this unit candidates apply for and participate in a voluntary work activity.

### **Unit introduction**

Working as a volunteer can be very rewarding and enjoyable. It is also a good way to meet people of different ages, cultural backgrounds and nationalities who have similar interests. Working as a volunteer can also give candidates the opportunity to gain new skills that are transferable to paid employment.

The focus of this unit is to help candidates understand the importance of volunteers in a range of situations, for example, working in a charity shop on a regular basis, helping-out at a local marathon or completing community involvement as part of the Duke Of Edinburgh's Award. In this unit, candidates will consider the areas where volunteers are used and the skills required by volunteers in different areas of voluntary work. Candidates will also have the opportunity to apply for an area of voluntary work that interests them.

### **Essential resources**

For this unit candidates must participate in some form of voluntary work. A specified time for the voluntary work is not given, but it must be sufficient to give them time to gain the knowledge and experience needed to meet the learning outcomes.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Understand the role volunteers play in different volunteering situations	1.1	Identify different situations where volunteers are used	<ul style="list-style-type: none"> <li><i>Volunteering situations:</i> volunteering roles, eg charity shops, conservation projects, animal sanctuaries, shelters for homeless people, youth clubs, lunch clubs, street collections to raise funds, emergency relief work, VSO</li> </ul>
		1.2	Explain why the role of volunteers is important in different volunteering situations	<ul style="list-style-type: none"> <li><i>Roles of volunteers in situations:</i> back office functions, eg sorting and pricing goods for a charity shop; customer facing functions, eg serving in a charity shop or working on a stall during fundraising events; specialist roles, eg cooking for a lunch club or homeless shelter, working as an adviser for a telephone advice line, emergency relief work</li> <li><i>Importance of volunteers:</i> to provide expertise; to provide time; to provide extra help; to provide new ideas; to respond in an emergency</li> </ul>
2	Be able to undertake voluntary work	2.1	Identify the skills required for different types of voluntary work	<ul style="list-style-type: none"> <li><i>Skills for voluntary work:</i> general skills, eg cheerfulness, empathy, reliability, punctuality; communication skills, eg verbal, written, team-working skills, receiving and giving instructions, confidentiality, being non-judgemental; specific skills or abilities needed for some types of voluntary work, eg driving, cooking, using a computer, being able to communicate using sign language, physical fitness</li> </ul>
		2.2	Apply for voluntary work, adhering to application requirements	<ul style="list-style-type: none"> <li><i>Apply to become a volunteer:</i> match skills and interests to voluntary work; different application methods, eg phone, email, letter, application form, visit</li> </ul>
		2.3	Complete a voluntary work activity according to a given brief	<ul style="list-style-type: none"> <li><i>Voluntary work:</i> suitable work which matches skills and interests, eg gardening for person who is disabled, helping at a youth club or Uniformed Youth Organisation, helping at an animal sanctuary, craft activity in a residential home for elderly people</li> </ul>

## Information for tutors

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### Delivery

The emphasis of this unit is to:

- make candidates aware of the importance of voluntary work to all those involved; and
- develop an understanding of the range of skills required to take part.

Delivery methods could include candidate-centred tasks such as group-work, research tasks and candidate-led presentations to explore a wide a range of volunteering situations. Case studies could help candidates understand the skills required by different volunteers.

Candidates could answer questions on a worksheet identifying the skills needed by the volunteer. They could work in pairs to determine which skills are common to all areas of voluntary work and which are specific to particular volunteering work, for example communication skills for visiting the elderly, physical skills and physical fitness for outdoor work, and then report back to the rest of the group. Candidates can design posters to show the generic skills and specific skills required by volunteers.

Centres should be able to cover learning outcome 2 through practical activities that could include completing real or simulated application forms for volunteering work, writing application letters and role-play telephone conversations.

Candidates must complete a brief period of voluntary work for learning outcome 2.

Tutorials will provide an opportunity for tutors to discuss the interests and skills of individual candidates in order to arrange a brief period of suitable voluntary work.

Tutors should provide candidates with guidance about the voluntary work, the skills required, timescale to complete the work and any supervision arrangements.

### Assessment

The centre will devise and mark the assessment for this unit.

Centres can use a series of structured tasks or assignments involving a mixture of theoretical and practical application.

To meet 1.1, the candidate must identify at least three situations where volunteers are used. For 1.2, the candidate must provide a short explanation of why volunteers are important for the three situations they identified in 1.1.

For 2.1, they must be able to identify the skills required for a range of types of voluntary work. Tutors may use one-to-one discussions to assess these criteria however; centres must record all responses for verification purposes.

A letter, record of a telephone call or completed application form for voluntary work could provide the evidence required for 2.2. The evidence must show that the candidate has understood and followed the appropriate guidelines in applying for the voluntary work.

The candidate could complete a log or diary to record the tasks completed in their voluntary work experience for 2.3. The supervisor of the voluntary work will verify the candidate's work.

Candidates must meet all assessment criteria to pass the unit.

## Suggested resource

### Websites

[www.scvo.org.uk/](http://www.scvo.org.uk/)

[www.vinspired.com](http://www.vinspired.com)

[www.voluntaryworker.co.uk](http://www.voluntaryworker.co.uk)

[www.volunteerscotland.org.uk/](http://www.volunteerscotland.org.uk/)

[www.vso.org.uk](http://www.vso.org.uk)

## **Unit 4: Maintaining Health and Wellbeing in the Field**

<b>Unit code:</b>	<b>UD93 04</b>
<b>SCQF level:</b>	<b>5</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>14</b>

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### **Unit aim**

The aim of this unit is to assess the candidate's ability to maintain their own health and wellbeing in the field.

### **Introduction**

Candidates will learn how to maintain personal wellbeing and maintain equipment needed to take part in living in the field. Candidates will develop skills in how to erect shelters and cook food when living in the field.

They will understand how to provide support for others when working and living under field conditions.

### **Essential resources**

Candidates must have the opportunity to participate in activities in the field. Centres are responsible for the supervision, safety and wellbeing of the candidate.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Be able to maintain wellbeing when living in the field	1.1	Identify hazards to personal wellbeing when living in the field	<ul style="list-style-type: none"> <li>• <i>Hazards</i>: weather, terrain, location, wild animals, fire</li> </ul>
		1.2	Describe how to reduce risks to personal wellbeing when living in the field	<ul style="list-style-type: none"> <li>• <i>Reducing risks</i>: obtaining weather forecasts, avoiding extreme conditions, choice of terrain appropriate to experience, considering factors when choosing a camp site, eg types of wild animals, precautions to safeguard people, food, equipment; safe use of naked flames in tents, safe use of stoves and refilling</li> </ul>
		1.3	demonstrate how to manage waste safely and ethically whilst living in the field	<ul style="list-style-type: none"> <li>• <i>Waste</i>: rubbish, human waste</li> <li>• <i>Safe and ethical management of waste</i>: non-solid waste management, eg distance from habitation, footpaths and water sources; solid waste management, eg distance from habitation, footpaths and water sources; burying waste, depth to be buried, alternatives to burying waste where required</li> </ul>
2	Be able to manage equipment when living in the field	2.1	Demonstrate how to pack essential equipment required for living in the field to make sure it remains dry and is not damaged	<ul style="list-style-type: none"> <li>• <i>Manage</i>: selection and packing of essential equipment and clothing; maintaining, cleaning, repairing and repacking equipment</li> </ul>
		2.2	Demonstrate how to manage equipment whilst living in the field	

Learning outcomes		Assessment criteria	Unit amplification
3	Be able to erect personal shelter when living in the field	3.1	Select a suitable small portable shelter for the field
		3.2	Select a suitable location for the shelter in the field
		3.3	Erect a small shelter suitable for living in, while in the field
4	Be able to cook food when living in the field	4.1	Select appropriate food for a set period of living in the field
		4.2	Select appropriate safe cooking methods suitable for use in the field
		4.3	Cook food in the field, whilst ensuring they and others remain healthy and safe
5	Know how to support colleagues when living in the field	5.1	State ways to support colleagues when living in the field
		5.2	Review personal effectiveness of supporting colleagues when living in the field

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.

# Unit 5: Radio Communications

**Unit code:** UD94 04

**SCQF level:** 4

**Credit value:** 2

**Guided learning hours:** 10

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## Unit aim

This unit introduces candidates to radio network operating procedures and the safe use of radio equipment. They will learn about the characteristics and effectiveness of types of radio equipment and procedures for the safe use of that equipment.

## Introduction

Throughout the delivery of this unit, candidates will have the opportunity to use a variety of different types of radio equipment to convey messages. They will learn different ways of communicating effectively including using the phonetic alphabet and following procedures. Candidates may have the opportunity to use radio equipment in different environments, including outdoors.

## Essential resources

Centres must give candidates access to two-way radio communication equipment when delivering this unit.

Candidates must be a member of a uniformed youth organisation to participate in this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes	Assessment criteria	Unit amplification
1 Know the types of radio equipment	1.1 State the main functions of different types of radio equipment	<ul style="list-style-type: none"> <li>• <i>Types of radio equipment:</i> eg range of radio equipment; types; functions; radio frequency, eg: UHF, VHF, HF</li> <li>• <i>Functions:</i> receive information, send information</li> </ul>
	1.2 State the characteristics of radio equipment used within radio networks	<ul style="list-style-type: none"> <li>• <i>Characteristics:</i> power, weight, power supply type and duration in use</li> </ul>
2 Know factors that affect radio equipment effectiveness	2.1 Outline how an antenna can enhance the range of radio transmissions	<ul style="list-style-type: none"> <li>• <i>Effectiveness of radio equipment:</i> limitations of VHF, HF and UHF; radio antenna types and their impact on radio transmissions</li> </ul>
	2.2 Outline the limitations of radio frequencies	<ul style="list-style-type: none"> <li>• <i>Limitations:</i> range due to location of transmission and ground features</li> </ul>
3 Be able to follow procedures for the safe use of radio	3.1 Describe the safe use of radio batteries	<ul style="list-style-type: none"> <li>• <i>Safe handling of batteries:</i> storage, charging and disposal</li> </ul>
	3.2 Demonstrate safety procedures used when using portable radio equipment	<ul style="list-style-type: none"> <li>• <i>Safety procedures:</i> minimum safe distances, radiation hazards</li> </ul>
	3.3 Identify health and safety issues associated with radio operations	<ul style="list-style-type: none"> <li>• <i>Possible health and safety risks when using radios:</i> radiation hazard (RadHaz) precautions</li> </ul>

Learning outcomes		Assessment criteria	Unit amplification
4	Be able to send a message on a radio network to convey a message	4.1 Identify the main features of a radio network	<ul style="list-style-type: none"> <li>• <i>Radio network features</i>: security, accuracy, discipline, call-sign system</li> </ul>
		4.2 Use the phonetic alphabet in a radio message	<ul style="list-style-type: none"> <li>• <i>Phonetic alphabet</i>: spelling, numbers</li> </ul>
		4.3 Carry out radio procedures to convey a message	<ul style="list-style-type: none"> <li>• <i>Radio procedures</i>: use of correct voice procedure, accuracy, clarity</li> </ul>

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.

# Unit 6: Improving Personal Exercise and Fitness

<b>Unit code:</b>	<b>UD95 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>17</b>

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## Unit aim

This unit aims to improve candidates' personal fitness levels. It also reviews the personal benefits of participating in fitness activities.

## Unit introduction

The unit starts by introducing the candidate to reasons for participating in exercise and fitness. Candidates will participate in a range of fitness tests and will be able to measure their levels of fitness through them. Candidates will then be able to plan a health-improvement programme.

Candidates will have varying levels of fitness before undertaking the unit. They will be able to build on their strengths and identify areas for development.

The fitness aspect of the programme will be based on their fitness test results and identify areas in which improvements can be made through regular exercise.

Candidates will review their results over a period of time and consider their progress.

## Essential resources

Access to the practical facilities, equipment required to administer and participate in fitness tests listed in the unit content is essential for this unit, for example access to appropriate sports hall, gym facilities and a tutor with a sport or physical activity qualification.

Candidates should also have access to relevant, up-to-date information; this should include the internet and trade journals.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria	Unit amplification
1	Know the considerations for taking part in exercise and fitness activities	1.1	Outline the main reasons for participating in exercise and fitness
		1.2	Identify venues/facilities for participating in exercise and fitness
		1.3	Identify health and safety requirements of participation in exercise and fitness
		1.4	Identify the different components of physical fitness
		1.5	Identify common fitness tests
			<ul style="list-style-type: none"> <li>• <i>Benefits of participation in exercise and fitness</i>: eg improved body composition, decreased risk of diabetes and heart disease</li> <li>• <i>Research exercise and fitness venues</i>: eg local papers, internet searches, posters, visits to local health and exercise facilities</li> <li>• <i>Health and safety requirements</i>: Physical Activity Readiness Questionnaire (PAR-Q), induction, correct clothing, correct technique, eg how to lift weights correctly, correct positions for stretching</li> <li>• <i>Components of physical fitness</i>: strength; muscular endurance; aerobic endurance; flexibility; speed; body composition</li> <li>• <i>Common of fitness tests</i>: multi-stage fitness test; sit and reach test; grip test; 40 m sprint; Cooper 12-minute run; one minute of press-up test; one minute of sit-up test</li> <li>• <i>Common unformed public services fitness tests</i>: eg army, eg Army Physical Fitness Test (APFT); police, eg Police Fitness Test (PFT); navy, eg Royal Navy Fitness Test (RNFT)</li> <li>• <i>Purpose of fitness test</i>: the component of fitness that each test measures, Body Mass Index</li> </ul>

Learning outcomes	Assessment criteria	Unit amplification
2	<p>2.1 Participate in personal fitness testing</p> <p>2.2 Record results from personal fitness testing</p> <p>2.3 Actively participate in exercise and fitness activities to improve own fitness levels</p> <p>2.4 Identify the main components of a fitness session</p> <p>2.5 Outline the main purpose for warming up and cooling down</p>	<ul style="list-style-type: none"> <li>• <i>Fitness testing:</i> participate in a range of fitness tests, eg multi-stage fitness test; sit and reach test; grip test; 40m sprint; Cooper 12-minute run; one minute of press-up test; one minute of sit-up test</li> <li>• <i>Fitness testing:</i> record results accurately, compare results to normative tables</li> <li>• <i>Active participation:</i> appropriate dress for the activity, following instructions provided by the activity leader, following health and safety guidelines before, during and after activities, take part in planned sessions, perform to best of ability</li> <li>• <i>Components of a fitness session:</i> warm up, main component, cool down</li> </ul>
3	<p>3.1 Review personal fitness testing results over time</p> <p>3.2 Identify personal benefits and/or effectiveness of following a fitness programme</p>	<ul style="list-style-type: none"> <li>• <i>Warm up:</i> structure of the warm up (mobility section, pulse raising section, stretching), reduce the risk of injury and prepare the body for exercise.</li> <li>• <i>Cool down:</i> structure (pulse lowering section, stretching), return the body to pre-exercise levels</li> <li>• <i>Review:</i> participation in fitness tests; self-evaluation; feedback from tutor; comparison against original results</li> <li>• <i>Personal benefits:</i> eg improved specific component(s) of fitness; reaching personal goals; positive changes in health, increased self-confidence, increased social benefits</li> </ul>

## Information for tutors

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### Delivery

This unit is practically based. Some theory can be included to start delivery with discussions on the benefits of participation in exercise and fitness, including a lower body fat composition and higher muscle mass. Reduced risks of chronic diseases should also be covered, including diabetes and coronary heart disease.

Candidates can carry out research on the internet and use local newspapers to find out about different exercise and fitness venues. Class visits to local facilities can be included so that candidates can see and, where possible, take part or use some of the vast range of exercise, fitness classes and equipment available.

When identifying the health and safety requirements, candidates could go to an exercise and fitness venue and take part in the induction process to use the venue's gym. They will need to complete a PAR-Q and the instructor can discuss the reasons why people need to complete this form including any other questionnaires the venue uses for their customers. This will help candidates to understand the correct procedures for using exercise and fitness equipment as well as basic health and safety policies.

The components of physical fitness can be taught in a practical way with candidates taking part in a circuit class with a station that exercises each of the components of fitness with an extended length of the station at the aerobic endurance (20 minutes or more). This will allow candidates to experience each component of fitness for themselves. At the end of the circuit, candidates can work out which station worked which component of fitness.

Candidates can then take part in each of the common fitness tests over a number of lessons. They will need to know the method required for each test and how to record the data from each test. Candidates working in pairs, where one of the pair helps to administer the test and record the results of their partner, can carry this out.

Candidates can take part in a fitness session so that they experience the different components, usually the warm up followed by the main component, which consists of the training method used to train a specific component of fitness. This is then followed by the cool down.

The warm ups and cool downs for each activity session can be taught by the tutor or exercise instructor with each part discussed, the reasons given for each section and the activities that should be included in each one. Candidates can then help to deliver the different sections of the warm up and cool down.

Candidates need to know about the different methods of fitness training and should take part in each of the training methods listed. These can be adapted so that some of the training methods can be incorporated into an exercise class, for example, flexibility training could be carried out in a yoga class, continuous training could take place in an aerobics or a fitness dance class etc. Candidates will need to know the meaning of each type of fitness training method and the component of fitness that it trains. Candidates will need to actively take part in regular fitness training methods so that they will improve their fitness levels in a specific component or components of fitness. These fitness-training sessions could take place in lesson time or during non-contact time. It is important that candidates take part in the activity sessions at an intensity to allow training to have a beneficial effect on their fitness levels. Fitness tests should be carried out again after a period of fitness training – usually a 6-week period or more should be sufficient to elicit a training response.

The results of subsequent fitness tests can then be compared to the first set of fitness test results so that, any improvements in fitness can be seen and personal fitness can be reviewed. The use of normative tables will help candidates to determine which components of fitness require further improvements and which components of fitness are in line with expectations. To complete the unit, candidates can use the data that they have obtained in the fitness tests and their knowledge of the benefits of regular exercise participation, to identify the health improvements that they may have achieved from taking part in the activity sessions.

## Assessment

The centre will devise and mark the assessment for this unit.

To meet the 1.1 assessment criterion candidates need to be able to outline a range of benefits that people can gain from taking part in regular exercise and fitness. Physical health benefits should be included in the evidence.

For 1.2, candidates need to be able to show that they know where they can go to take part in exercise and fitness, such as local facilities and venues or national chains can be included in the evidence presented.

For 1.3, candidates need to know the main health and safety requirements people should be aware of when they take part in exercise and fitness, including a health-screening questionnaire. Candidates should know which clothing and footwear is appropriate for selected exercise activities and be able to perform the correct techniques for specific exercise activities, such as correct stretching positions or how to lift weights correctly.

For 1.4, each of the components of fitness listed in the unit amplification should be identified, together with an outline or example of what each component means.

For 1.5, fitness tests for each component of fitness need to be identified.

For 2.1 and 2.2, candidates need to participate in a range of tests and the results need to be recorded.

For 2.3, candidates need to have taken part in regular exercise and fitness activities that provide a training effect, and act to improve their fitness levels; one or more components of fitness can be targeted. The amount of training will vary depending on which component has been targeted. Candidates are not expected to design a training programme, so guidance from the tutor will be required to ensure that they are taking part in sufficient bouts of exercise – around three times a week for most types of training methods will provide a training effect.

A logbook and witness statement/observation record can be used to provide evidence that candidates have met this assessment criterion.

For 2.4, the main components of a fitness session need to be identified, together with a brief outline of what is involved in each component.

For 2.5, candidates need to be able to know what types of exercises should be carried out in a warm up and a cool down, the reasons why each type of exercise is important and how it prepares the body for exercise or returns it to pre-exercise conditions. This can be assessed practically with candidates leading parts of the warm up and/or cool down in different exercise sessions, so that each component is covered at some stage in the assessment process, together with a verbal explanation of the purpose of the warm up and cool down.

For 3.1, candidates will need to review their personal fitness. To do this they will need to take part in fitness tests after having taken part in regular exercise activities so that they can compare their results and determine if their exercise participation has improved their personal fitness. Use of normative tables and comparison of own scores should be included in the review so that candidates are clear about their own levels of personal fitness in relation to benchmark data. They can also consider their performance in other sports or activities to help them to review their personal fitness levels and gain feedback from the tutor.

Candidates must meet all assessment criteria to pass the unit.

### Suggested resource

#### Textbooks

Adams M, Beashel P, Hancock J, Harris B, Phillippo P, Sergison A and Taylor I – *BTEC Level 2 First Sport Student Book* (Pearson, January 2010)

ISBN 9781846906220

Dalgleish J et al – *The Health & Fitness Handbook* (Longman, 2001)

ISBN 0582418798

Harris et al – *BTEC Introduction to Sport and Leisure* (Heinemann, 2005)

ISBN 0435460005

Sharkey B – *Fitness and Health* (Human Kinetics Europe Ltd, 2006)

ISBN 0736056149

#### Websites

[www.brianmac.co.uk](http://www.brianmac.co.uk)

[www.dofe.org/en/content/cms/doing-your-dofe/activities-sections/physical/](http://www.dofe.org/en/content/cms/doing-your-dofe/activities-sections/physical/)

[www.sportscoachuk.org](http://www.sportscoachuk.org)

[www.topendsports.com](http://www.topendsports.com)

# Unit 7: Navigating Using Topographic Maps

<b>Unit code:</b>	<b>UD96 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>2</b>
<b>Guided learning hours:</b>	<b>7</b>

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## Unit aim

The aim of this unit is to enable candidates to become familiar with topographic maps and apply the concepts to practical situations when using map.

## Unit introduction

In this unit, candidates will be introduced to the basics of maps and using maps for navigation purposes.

## Essential resources

Organisations offering this unit need access to the necessary resources such as topographic maps to deliver this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know the purpose of topographic map	1.1	Identify the purpose of the topographic map	<ul style="list-style-type: none"> <li>Range of different types of maps, eg sketch maps, topographic</li> <li>Purposes of the maps produced</li> </ul>
2	Know how to care for a topographic map	2.1	Outline how to care for a topographic map	<ul style="list-style-type: none"> <li>Looking after topographic maps for various activities: correct folding to minimise refolding in use; keeping the map weatherproof; map cases</li> </ul>
3	Know the features of topographic maps	3.1	State the use of scale on a topographic map	<ul style="list-style-type: none"> <li>Scales: eg representation of scales, graphic scale, words, representative fractions, map sheets</li> </ul>
		3.2	Identify the conventional signs on a topographic map	<ul style="list-style-type: none"> <li>Conventional signs: eg line symbols, buildings, trees and landscapes, water features, tourism, boundaries; use of the key to identify conventional signs</li> </ul>
4	Be able to orientate a topographic map	4.1	Orientate the map with a compass	<ul style="list-style-type: none"> <li>Orientating a map: purpose of orientating the map with features on the ground; method of orientating using a compass; method of using features on the ground to orientate the map</li> </ul>
		4.2	Orientate the map without a compass	<ul style="list-style-type: none"> <li>Orientating a map: purpose of orientating the map with features on the ground; method of orientating map without the use of a compass; method of using features on the ground to orientate the map</li> </ul>
5	Be able to use figure grid references	5.1	Demonstrate the use of the grid referencing system to locate a point on a topographic map	<ul style="list-style-type: none"> <li>Grid referencing system: the British grid system; giving and reading 4 and 6 figure grid references; eastings and northings</li> </ul>

Learning outcomes		Assessment criteria	Unit amplification
6	Be able to navigate using a topographic map	6.1 Identify features on the ground which aid navigation using a topographic map	<ul style="list-style-type: none"> <li>• <i>Features:</i> paths; handrails, what a handrail is and what it is used for; identifying handrails from the topographic map; using the handrail as an aid to navigation</li> </ul>
		6.2 Plan a route taking into consideration safety issues	<ul style="list-style-type: none"> <li>• <i>Plan a route:</i> use a basic route card, start, from/to, distance, time allowed, rests Understand the relationship between time and distance, estimate timings to complete a route</li> <li>• <i>Safety consideration:</i> possible hazards en route</li> </ul>
		6.3 Calculate the distance between two points on a topographic map	<ul style="list-style-type: none"> <li>• <i>Calculating distances:</i> eg grid lines, paper strips, measuring road distances, measuring path distances, judging distance by eye and confirming by map</li> </ul>

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.

### Suggested resource

#### Websites

[www.gridreferencefinder.com/](http://www.gridreferencefinder.com/)

[www.nnas.org.uk/](http://www.nnas.org.uk/)

[www.ordnancesurvey.co.uk/oswebsite/education-and-research/teaching-resources/index.html](http://www.ordnancesurvey.co.uk/oswebsite/education-and-research/teaching-resources/index.html)

## **Unit 8: Working Towards Goals**

**Unit code:** UD97 04

**SCQF level:** 4

**Credit value:** 2

**Guided learning hours:** 8

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### **Unit aim**

This unit aims to help candidates understand how to identify and work towards goals.

### **Unit introduction**

This unit will help candidates examine their strengths and weaknesses in relation to personal skills development. This is a practical unit designed to help candidates identify realistic goals and work towards meeting at least one. Candidates will explore and explain the benefits of achievement supported by a range of people to help them build on strengths and improve on weaknesses.

Candidates' current areas of weakness will be self-evaluated, and assessed by peers and tutors. Candidates will be guided in identifying a range of appropriate sources of support and will engage in structured activities that will lead to the success of a short-term goal, within a specific timescale. This will promote their independence in personal and working life.

In order to identify how effective candidates have been in following an agreed plan to achieve a short-term goal, candidates will be encouraged to prepare an action plan, regularly review their activity progress and amend it where necessary.

Completing this unit will contribute to candidates' overall personal development. It will foster skills necessary to become independent in decision-making and encourage candidates to take responsibility for planning, reviewing and achieve of short-term goals.

The first part of the unit concentrates on identifying goals, followed by setting and working towards goals. The second part of the unit looks into preparing an action plan. The final part of the unit is about reviewing progress towards set goals.

### **Essential resources**

There are no special resources needed for this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria	Unit amplification
1	Be able to identify and explain their goals	1.1	Describe own strengths and what they need to improve
		1.2	Identify at least one goal which is important for their development
		1.3	Explain why achieving this goal is important
		1.4	Agree the goal with an appropriate person
			<ul style="list-style-type: none"> <li><i>Strengths and weaknesses:</i> identifying personal skills and qualities gained from education, work experience and other life experiences eg computer skills, numeracy, literacy, ability to relate to others, assertiveness, communication skills, reliability, trustworthiness, patience, friendliness, team skills, punctuality, emotional responses, time management, organisation skills</li> <li><i>Goals:</i> types of goal eg improving numeracy, literacy, IT skills, improving punctuality at school/college/work, grades, changing negative behaviour, developing specific communication skills and social skills, following a healthier lifestyle, creating a CV, preparing for placement, preparing for paid or volunteer work, identifying if goals are achievable and measurable</li> <li><i>Importance of achieving goal:</i> different ways achieving a goal can be important eg improved life chances and opportunities, self-esteem, confidence, wider range of options in work, education and social life, improved health and wellbeing, improved earnings, build relationships, join new social groups</li> <li><i>Appropriate person to agree goal with:</i> appropriate person eg careers adviser, tutor, support staff, colleagues, employer, peer group, sports coach, dietician</li> </ul>

Learning outcomes		Assessment criteria	Unit amplification
2	Be able to prepare an action plan to meet their goal	2.1 Identify the activities needed to work towards the goal	<ul style="list-style-type: none"> <li>• <i>Activities:</i> types of activity eg attending training on offer by eg employer, job centre, college, school; joining healthy eating or lifestyle clubs eg diet group, self-help group, sports club or projects, attend study support; independent research eg building a CV, applying for paid or voluntary work; recording activities eg create an action plan with staff, keep a diary of events, peer and self-assessment, create a code of conduct and agree rights and responsibilities</li> <li>• <i>Timescales and deadlines:</i> realistic and measurable goal; specific timescale for short-term goal; duration of activities</li> <li>• <i>Resources:</i> people eg careers adviser, job centre, tutor, support staff, colleagues, employer, peer group, sports coach; multi-media eg internet, library books, leaflets from health centres, local newspapers</li> <li>• <i>Regularly review activities and outcomes:</i> reviewing completed tasks through discussion with peers and professionals; diary reflection; checklists and questionnaires; tutorial paperwork</li> </ul>
		2.2 Identify timescales and deadlines for the achievement of the goal	
		2.3 Identify the resources needed to support them in achieving the goal	
3	Be able to review progress towards achieving their goal	3.1 Follow the activities outlined in the action plan	
		3.2 Regularly review the activities and outcomes with an appropriate person	
		3.3 Identify what has been achieved and what still needs to be done	
		3.4 Amend the action plan to reflect their progress.	

## Information for tutors

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### Delivery

For learning outcome 1 candidates could be encouraged to examine their strengths and weaknesses in personal skills. Tutors could provide a SWOT (strengths, weaknesses, opportunities, threats) analysis form and devise a checklist of skills and qualities that candidates will complete in order to identify their own strengths and weaknesses.

Candidates could reflect on their skills gaps and describe one area they believe would benefit their development. This could relate to school, college, work or personal life. Candidates could use self, peer and tutor feedback, review paperwork, appraisal or supervision paperwork from workplace, if applicable, to support their description of areas which need development.

Once candidates have identified areas for improvement, they could be encouraged to set one realistic short-term goal and agree, with an appropriate person, a plan of working towards the achievement of the goal. Candidates should be supported to identify the difference between long-term and short-term goals. This can be achieved by examining a range of case studies (real-life stories of achievement in the media). The tutor could give specific goals and ask the candidates to produce a chart that outlines activities that are required in order to achieve the goal, for example hand out cards with a range of goals – for example, finding a job, creating a CV, planning a party.

Candidates could be encouraged, after this, to compare peers' goals and identify activities that will be required in order to achieve their own goal. Candidates could also be encouraged, through group discussion, to share their personal experiences of goal achievement, detailing the stages they had to go through in order to achieve the goal. The tutor must define the implied agreement and candidates should sign documentation to reflect agreement of their chosen short-term goal, with an appropriate person.

For learning outcome 2 candidates could begin to create an action plan that outlines their goal, lists activities planned, identifies resources needed and includes a proposed date of completion. Tutors could encourage candidates to identify what steps are required to achieve their specific goal. The use of case studies and recall of personal experiences can be used as a prompt for candidates to consider typical stages of goal development.

Candidates must be guided in selecting appropriate individuals and/or specific resources that could support them to achieve their goal, for example a dietician, sports coach, relevant textbooks, leaflets and websites. A list of resources should be created by the tutor and given to candidates so they can identify relevant sources of information to use independently.

Candidates should be made aware of the importance of allocating deadlines and working within specific timescales. They could be encouraged to consider the consequences of failing to meet deadlines through the use of case studies.

Candidates must estimate timescales for the achievement of their chosen goal and their action plan should reflect this. At this stage, candidates should be encouraged to start recording diary entries in order to view progress that links with learning outcome 3.

For learning outcome 3 candidates could follow the activities outlined in their action plan and amend appropriately wherever necessary. Monitoring of the candidates' progress will be necessary (tutors should identify at least two review dates with candidates in order to assess progress). Tutors should encourage candidates to reflect on their action plan, diary entries, checklist results and discussion with peers, tutors and other support, in order to identify what has been achieved.

## **Assessment**

The centre will devise and mark the assessment for this unit.

To meet the requirements of assessment criteria 1.1 and 1.4 candidates could complete a checklist showing ranges 1-5 (1 being weak, 5 being strong) of their personal and social skills, alongside a statement of their opinion on what areas need improvement, outlining the benefits of developing specific weaknesses. Candidates could use tutor review paperwork, appraisal/supervision paperwork from workplace, if applicable, as supporting evidence.

To meet 1.2 evidence of a discussion with the tutor outlining candidates' chosen short-term goals could be produced. To achieve 1.4 documentation that reflects an implied agreement of short-term goal between the candidate and tutor will be sufficient (documented evidence could include an informal contract or witness statement).

To meet the requirements of assessment criteria 2.1, 2.2 and 2.3 candidates could complete an action plan that lists activities they will undertake in order to achieve their goal, identifies sources of support they will be using and outlines proposed completion dates for each activity.

In order to meet 3.1 candidates could produce appropriate evidence that supports their action plan, to ascertain the activities that have been undertaken. This could be in the form of photographs, video footage, witness statements, employer feedback, review and tutorial paperwork.

To achieve criteria 3.2 and 3.3 documented evidence of candidates taking part in regular reviews with their tutor will be sufficient. To achieve criterion 3.4 an action plan, showing amendments made by the candidate or appropriate others, should be produced.

Candidates must meet all assessment criteria to pass the unit.



# Unit 9: Planning a Trip to a Visitor Attraction

<b>Unit code:</b>	<b>UD98 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>11</b>

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## Unit aim

In this unit, candidates will develop their knowledge of visitor attractions. They will also develop work-related skills by planning and costing a day trip to a visitor attraction, and presenting details of the trip to the customer.

## Unit introduction

In this unit, candidates will develop the skills needed to plan a day trip.

Candidates will need to research which attractions would be appropriate for particular visitors and will produce an itinerary for a planned visit, including transport and a schedule. They will also cost the visit. Candidates will be able to develop their planning skills when putting together a schedule for the trip, and will develop their numerical skills when costing the trip.

Once the itinerary has been completed, candidates will practise their communication skills by presenting the information. It can be presented in different ways, for example in writing, by email, on the telephone or face-to-face.

## Essential resources

Candidates will need access to visitor attraction leaflets and guides, and visitor attraction websites.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes	Assessment criteria	Unit amplification
1 Know the suitability of visitor attractions for a given visitor	1.1 Select the most suitable attraction for a given visitor giving reasons for your selection	<ul style="list-style-type: none"> <li>• <i>Suitability</i>: any given constraints, eg distance, journey time, opening times, cost, eg transport, entrance fee, number of visitors, indoor environment, outdoor environment, activities and facilities available, any special requirements</li> <li>• <i>Visitor profile</i>: visitor type, eg elderly, school/college groups, tourists, families; reason for visit, eg fun, educational, cultural</li> </ul>
2 Be able to plan and cost an itinerary for a day trip to a visitor attraction	2.1 Plan an itinerary schedule for a day trip	<ul style="list-style-type: none"> <li>• <i>Itinerary</i>: date; departure point; arrival point; times; transport; activities to be completed, eg guided tour, presentation, walks, rides, eating, free time; schedule to be followed; meal arrangements; constraints, eg distance, budget, date, number of people, departure and arrival point, any special requirements</li> </ul>
	2.2 Calculate the cost of the trip using whole numbers	<ul style="list-style-type: none"> <li>• <i>Costs</i>: individual components, eg transport, entry fee, group discount, total, deposit needed, balance required and by when; calculations, eg addition, subtraction, multiplication</li> </ul>
	2.3 Record the cost of the trip accurately	<ul style="list-style-type: none"> <li>• <i>Recording results</i>: clearly and accurately, cost-recording sheet</li> </ul>
3 Be able to present the itinerary	3.1 Present information about the itinerary demonstrating communication skills for a given customer	<ul style="list-style-type: none"> <li>• <i>Format</i>: types of format, eg slide presentation, written document, giving information over the telephone</li> <li>• <i>Information to be included</i>: date; departure point; destination; transport; timings; scheduled activities; meal arrangements; cost per person</li> <li>• <i>Communication skills</i>: clear; effective; appropriate for customer; accurate grammar, accurate spelling and punctuation (if written)</li> </ul>

## Information for tutors

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### Delivery

Candidates should carry out as much practical-based learning as possible. A wide range of delivery methods can be used, including tutorials, presentations, videos, worksheets and research using the internet.

For learning outcome 1, candidates need to access information about different visitor attractions. This could be completed by researching on the internet, collecting leaflets and by visiting the attraction or interviewing people who have visited. To save time and to generate ideas, the tutor could give candidates leaflets or information about a number of visitor attractions. Candidates will need to decide which attractions are most suitable for given visitor types and the use of case studies and/or role-play exercises, giving different scenarios might be useful in preparation for assessment.

For learning outcome 2, candidates should be issued with example itineraries and be allowed time to practise producing different itineraries and understand the different parts of an itinerary. Candidates should be able to build confidence in completing a range of itineraries for given scenarios. They could word process their itineraries to help them develop their IT skills. This will also enable them make changes to their itineraries as they go along.

Time should be allocated for the costing aspect and candidates should be able to practise costing a trip using given examples. The costing could be presented using a simple spreadsheet or another type of written format. Candidates will be able to understand and use addition, subtraction and multiplication and complete the calculations using whole numbers. Although some costs are available on the internet, tutors may need to supply certain costs, for example if coach hire is involved.

For learning outcome 3, candidates should present information on an itinerary for a day trip to a tourist attraction for a given customer. Candidates could look at examples of itineraries from brochures or websites. Candidates could choose to present the itinerary for the visit as a slide presentation or as a written document – both methods of presenting the information require candidates to communicate clearly and they may need some practice. For example, candidates should be given practice time to rehearse the presentation or role-play exercises could be used to allow candidates to practise giving the information over the telephone.

## Assessment

The centre will devise and mark the assessment for this unit.

For assessment criterion 1.1, candidates need to be able to suggest the most suitable attraction for a given visitor type. This could be based on pen portraits of different types of visitors provided by the tutor. At least two visitor types should be provided, for example a school group and an elderly couple. Candidates must choose the most suitable visitor attraction for each visitor type from a selection of visitor attractions provided by the tutor. They should indicate why the selected attraction is suitable for the given visitor type. Evidence can be in any suitable format including role-play, posters, a presentation, a written proforma or question and answer sessions carried out with the tutor. Observation records must be completed to support any verbal evidence.

For assessment criteria 2.1, 2.2 and 2.3, candidates need to be able to plan an itinerary showing details and costing, taking into account any constraints. This can be a hypothetical visit, for example based on one of the pen portraits provided by the tutor, with individual costs also provided by the tutor or it could be based on a real visit and real costs. Having completed practice examples and developed confidence candidates will be able to plan an itinerary schedule for 2.1, cost the itinerary for 2.2, and record the costs for 2.3. Candidates could be provided with proformas for this purpose to include the date, departure point, destination, type of transport, activities, meal arrangements and schedule with times. The costing exercise should be presented clearly to show where each calculation type has taken place. This could be presented on a spreadsheet with formulae or presented in other written formats.

For 3.1, candidates must be able to present the information from an itinerary – candidates could present this using verbal or written methods of communication, either in a one-to-one situation with the tutor or in front of the class. Evidence could include witness statements or observation records that will need to be retained for verification purposes. Alternatively, candidates can set the itinerary out in writing, for example in a letter or an email to a 'customer'.

Candidates must meet all assessment criteria to pass the unit.

## Suggested resource

### Textbooks

Laing F and Roberts I – *BTEC Introduction to Hospitality, Travel & Tourism* (Heinemann, 2005) ISBN 9780435446314

### Websites

[www.alva.org.uk](http://www.alva.org.uk)

[www.britainsfinest.co.uk/attractions](http://www.britainsfinest.co.uk/attractions)

[www.tourist-information-uk.com](http://www.tourist-information-uk.com)

[www.uk.visitor-attractions.com](http://www.uk.visitor-attractions.com)

[www.ukattraction.com](http://www.ukattraction.com)

[www.uktouristattractions.co.uk](http://www.uktouristattractions.co.uk) [www.visitbritain.com](http://www.visitbritain.com)

[www.visitscotland.com](http://www.visitscotland.com)

## **Unit 10: Welcome Visitors**

**Unit code:** UD99 04

**SCQF level:** 4

**Credit value:** 2

**Guided learning hours:** 9

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### **Unit aim**

This unit aims to develop candidates' knowledge, skills and understanding of how to welcome visitors in a warm and inviting way, whilst providing them with the necessary information about the venue.

### **Unit introduction**

Youth organisations will often invite visitors to attend their meetings. The visitor will want to feel welcomed and have relevant information about the venue, including health and safety details. Candidates completing this unit will find out how to communicate effectively with visitors and understand why it is important to provide a good impression.

They will find out why it is important to follow organisational procedures, such as asking questions to find out the purpose of the visit, to follow the venue's security procedures and carry out procedures such as signing in. Candidates also need to make sure that visitors feel welcome during any period of waiting.

Candidates need to present a good impression of their organisation. They will learn how their own verbal and body language can influence this.

### **Essential resources**

There are no special resources needed for this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes	Assessment criteria	Unit amplification
1 Be able to welcome visitors in a positive way	<p>1.1 welcome visitors and establish the purpose for their visit</p> <p>1.2 follow organisational procedures for receiving visitors</p> <p>1.3 answer routine questions</p> <p>1.4 make visitors feel welcome during any period of waiting</p> <p>1.5 use appropriate tone and language, including body language, when dealing with visitors</p>	<ul style="list-style-type: none"> <li>• <i>Welcome visitors</i>: types of visitors, eg members of the public, primary carers, other members of the organisation; new members, greeting visitors, eg manner, smile, politeness; establishing purpose of visit</li> <li>• Purpose of visit: different types of visit, eg to provide information, demonstrate skills; to request information</li> <li>• <i>Organisational procedures</i>: security procedures, eg signing in, visitor badges, health and safety, evacuation procedures; contacting appropriate person in organisation; giving directions if appropriate</li> <li>• <i>Routine questions</i>: types of routine question that may be asked, eg where facilities are; whether someone in the organisation is available; how long the visitor will need to wait; the need for polite, clear and accurate responses; contacting someone else when unsure of answer</li> <li>• <i>Waiting</i>: directing visitors to where they can wait, eg a seat in reception area; giving indication of how long the visitor may need to wait if appropriate; other factors eg offering tea/coffee</li> <li>• <i>Tone and language</i>: clarity of speech, politeness; friendly tone; body language, eg use of eye contact</li> </ul>

Learning outcomes	Assessment criteria		Unit amplification
2 Know why it is important to an organisation that visitors are made welcome	2.1	state how treating visitors politely and in a positive way benefits the organisation	<ul style="list-style-type: none"> <li>• <i>Benefits:</i> members of public or clients receive positive impression of organisation; may lead to, eg positive appointment or meeting</li> </ul>

## Information for tutors

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### Delivery

This is a practical unit. Candidates will need to be able to develop and practise the skills needed to welcome visitors, such as establishing the purpose of the visit and contacting the relevant person.

Candidates could find out who visits the organisation by observing more experienced members of the youth organisation. They could work in small groups to research the types of information different visitors are likely to need from the venue. The findings could be presented to the whole group for discussion.

Visits to different organisations can take place for candidates to see how people in work deal with customers. While politeness is always needed, reception in an office will have different types of customers for example, offices, and builders' merchants. A warehouse, for example, would have many visiting salespeople. Discussion should take place back at the centre of what has been observed before any role-play exercises take place. Videos of candidates practising role-play would help point out good and bad practice. Candidates also need to be made aware of differing organisational procedures.

Candidates could role-play greeting visitors to practise the required communication skills. Candidates could work in pairs to role-play different types of visitor and the receptionist. It is important that candidates understand that the receptionist represents the public face of the organisation and must always present a positive image to visitors, as well as to staff in the organisation.

### Assessment

The centre will devise and mark the assessment for this unit.

Most of the assessment criteria for learning outcome 1 could be evidenced through role-play scenarios, with evidence taking the form of witness statements or observation reports completed and signed by the tutor.

To achieve assessment criterion 1.1, candidates must demonstrate welcoming a visitor in an appropriate manner and asking simple questions to establish the purpose of the visit.

To achieve 1.2, candidates must demonstrate that they can follow at least two types of organisational procedure when welcoming visitors, for example contacting the correct person in the organisation and ensuring that visitors sign the visitor book.

To achieve 1.3, candidates need to answer at least two routine questions correctly and clearly.

To achieve 1.4, candidates need to make sure that the visitor feels welcome during a period of waiting, such as offering a place to sit or tea, coffee.

To achieve 1.5, candidates must be observed using appropriate tone, language and body language while dealing with the visitor.

Criterion 2.1 can be achieved through group discussions or through a one-to-one discussion or question and answer session with the tutor. Alternatively, it could be evidenced through a written statement. Candidates should give at least one benefit for the organisation of treating visitors positively and politely.

Candidates must meet all assessment criteria to pass the unit.

## Suggested resource

### Textbooks

Ashley V and Ashley S – *Student Handbook Level 1 (Business and Administration Standards)* (Council for Administration, 2006) ISBN 0955092027

### Websites

[www.cfa.uk.com](http://www.cfa.uk.com)

[www.hse.gov.uk](http://www.hse.gov.uk)



# **Unit 11: Planning and Participating in an Event**

<b>Unit code:</b>	<b>UE01 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>13</b>

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## **Unit aim**

This unit aims to give candidates the opportunity to work as a team in planning, participating in and reviewing the success of an event.

## **Unit introduction**

In this unit, candidates will investigate different aspects of planning events before planning their own event.

The event will be a small-scale, one-off event that requires planning and organisation over a period, as candidates will need to meet specific customer or client requirements. The type of event could be a charity or fundraising event, a trip, an end-of-term dance or a sporting event.

Candidates will participate in running the event and they will review its success, using information collected from all of those involved, including the team, tutor, customers and client.

Throughout the unit, candidates will be able to develop their individual roles as well as being part of a team. They will need to keep records, consider any problems that arise and suggest how to respond to them.

## **Essential resources**

There are no essential resources for this unit, although candidates may need guidance in finding out about and booking a suitable venue.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria	Unit amplification
1	Be able to plan for an event as a team member	1.1	<ul style="list-style-type: none"> <li><i>Planning process:</i> aims of the event, eg to raise money, celebration, educational; type of event; size of event, eg minimum and maximum numbers; location; target audience; date and timings; available resources, eg other team members, equipment; budget, eg costs, materials for displays; identifying roles and responsibilities; producing clear and accurate records; health and safety considerations</li> <li><i>Events:</i> type of event, eg charity or fundraising event, visit or day out, meal, dance, sporting event</li> <li><i>Team member:</i> eg respecting others, cooperating with and supporting others, negotiating/persuading, contributing to discussions, awareness of interdependence on others</li> <li><i>Plan:</i> type of event; aims; resources and budget available; date; times; location; to meet customer requirements; roles and responsibilities; how the event will be reviewed</li> <li><i>Risks and problems:</i> types of risk, eg weather; change in numbers within team; equipment or materials not available; identifying problem; making suggestions on how to solve problem; creative thinking</li> <li><i>Participation:</i> roles and responsibilities; team work; communication, eg discussing activities with colleagues, tutor; health and safety, eg safe use of equipment, setting up to minimise hazards; timekeeping, eg attendance; punctuality; setting up and taking down within agreed timeline; promotion of event, eg posters, financial, eg selling tickets, collecting money, paying in money; recording participation, eg logbook</li> </ul>
		1.2	
		1.3	
2	Be able to participate in the organisation of an event	2.1	

Learning outcomes	Assessment criteria		Unit amplification
3 Be able to contribute to the running of an event	3.1	Contribute to the running of a chosen event by undertaking a key role in the team	<ul style="list-style-type: none"> <li>• <i>Setting up:</i> signs; rooms; furniture; equipment, eg for stalls, displays; being aware of health and safety; dealing with problems, eg equipment not available or not working; allowing enough time to set up</li> <li>• <i>During event:</i> eg welcoming customers, listening to customers, responding to questions, ensuring customers complete feedback sheets, front of house, event management</li> <li>• <i>Clearing event:</i> eg disposing of waste, removing signs, clearing room, clearing equipment safely</li> </ul>
4 Be able to review the success of the event	4.1	Review the event using feedback received	<ul style="list-style-type: none"> <li>• <i>Review:</i> sources of feedback, eg customer feedback sheets, other team members, tutor</li> </ul>
	4.2	Outline the success of the event against the original plan	<ul style="list-style-type: none"> <li>• <i>Success:</i> against original plan</li> </ul>

## Information for tutors

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### Delivery

To achieve this unit, candidates must be given the opportunity of planning, organising and running an event of a suitable type. Although candidates will work in a group to achieve this, tutors must take care to ensure that each candidate produces sufficient individual evidence to meet the assessment criteria. Evidence is likely to take the form of checklists, observation records and witness statements.

This unit is predominantly practical in nature and should be delivered to give candidates maximum opportunities to take responsibility and ownership for the planning and running of an event. Before they embark on their event, candidates will need input on the processes involved in the planning of an event. The purpose of this unit is to develop candidates' planning and organisational skills by working as a team and taking individual responsibility for specific tasks. In planning the event, records of discussions and agreement of roles and responsibilities need to be identified.

Tutors could encourage candidates to investigate the planning of local events, for example summer fetes. Visits to local venues, such as hotels or conference centres, give a valuable insight into the planning involved in organising events. Visits to events may help candidates when investigating the requirements of the event-planning process. Guest speakers, such as event organisers, could be invited in to talk about the event planning process. Candidates can use this knowledge to help their own event planning and the running of their event.

For this unit, the event should be regarded as a one-off that requires planning. Examples of events are charity or fundraising and sporting events. To meet the learning outcomes, the tutor must provide a client brief for candidates to work from, detailing customer or client requirements.

The tutor must take overall responsibility for the event but candidates should take responsibility for their own roles and the individual responsibilities identified in the planning process. Risk assessments should be completed by the tutor but shared with candidates for compliance. Communication is vital in the event planning process and each candidate is expected to complete a log of the stages involved in the process.

Finally, candidates will need to review the success of the event in different ways. This may be by collecting feedback from customer comment cards designed by candidates or from other team members and their tutor, and comparing this against the aims for the event. The tutor should complete an observation record for individual candidates, based on their observed level of participation.

## Assessment

The centre will devise and mark the assessment for this unit.

To meet assessment criteria 1.1 and 1.2, candidates can be given a 'customer brief', from which they will work together to produce an outline plan for their chosen event. This plan must state the type of event, its aims, resources and budget available, date, time and location to meet customer requirements. The plan must include roles and responsibilities allocated to members of the team in setting up and running the event and also how the event will be reviewed afterwards. Evidence for 1.1 could be in the form of records of team meetings, discussions, observation records and a personal log. A pro forma could be provided to record the details of the plan for 1.2.

To meet 2.1, candidates must show evidence of their participation in the organisation of their event. This can be evidenced by means of an observation record signed by the tutor. To meet 2.2, the log should include the identification of at least one risk and one problem, with suggestions for how they might be overcome. Alternatively, the tutor could question candidates on possible risk, problems and record answers on the observation record.

To meet 3.1, candidates must produce evidence to show that they contributed to and participated in running the event. The evidence should include task sheets produced before the event, together with logbooks, witness statements and observation records showing that candidates have been involved at all stages of the event during setting up, during the event and during taking down and clearing away.

For 4.1, candidates must decide how they are going to review and evaluate their event and its success. They will need to have evidence of collecting feedback from customers, other team members and the tutor. They must also show evidence that they collected feedback following the event. For 4.2, they must measure the success of the event against the original plan. Evidence for this could be in the form of a discussion supported by observation records or in written format.

Candidates must meet all assessment criteria to pass the unit.

## Suggested resource

### Textbooks

Shone A and Parry B – *Successful Event Management, 2nd Edition* (Thompson Learning, 2004) ISBN 9781844800766

### Journals and/or magazines

*Event Magazine* (Haymarket Publications)

### Websites

The following websites give details of organisations that give support in organising professional events and may provide some ideas.

[www.event-management-uk.co.uk](http://www.event-management-uk.co.uk)

[www.eventsgroup.co.uk](http://www.eventsgroup.co.uk)

The following websites give ideas for team building:

[www.businessballs.com](http://www.businessballs.com)

[www.wilderdom.com/games/InitiativeGames.html](http://www.wilderdom.com/games/InitiativeGames.html)



# **Unit 12: Self-reliance in a Fieldcraft Environment**

<b>Unit code:</b>	<b>UE02 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>14</b>

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## **Unit aim**

The aim of this unit is for candidates to develop basic fieldcraft skills.

## **Unit introduction**

In this unit, candidates will develop basic fieldcraft skills and understand what fieldcraft is and why it is important.

Candidates will learn to move in the field, demonstrating the procedures used at night and in daylight in a simulated environment working in groups.

Candidates will develop the skills required of a sentry and learn how to survive in the field.

## **Essential resources**

Organisations offering this unit need access to the necessary resources required to deliver this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know the importance of fieldcraft when working in the field	1.1	Describe what is fieldcraft	<ul style="list-style-type: none"> <li>• <i>Fieldcraft</i>: definition of fieldcraft, technique involved in the field while remaining undetected; use of fieldcraft; importance of fieldcraft</li> </ul>
		1.2	Describe the importance of using fieldcraft	
2	Be able to move in the field using fieldcraft techniques at daytime	2.1	demonstrate fieldcraft techniques during the day to move without being seen	<ul style="list-style-type: none"> <li>• <i>Fieldcraft techniques</i>: eg camouflage, concealment</li> <li>• <i>Moving in the field at day time</i>: movement and observation skills; remaining unseen; crossing natural obstacles; health and safety precautions in day</li> </ul>
		2.2	Demonstrate how to cross natural obstacles whilst using fieldcraft techniques at daytime	
3	Be able to move in the field using fieldcraft techniques at night time	3.1	Demonstrate night-time fieldcraft techniques to move without being seen	<ul style="list-style-type: none"> <li>• <i>Moving in the field at night time</i>: movement and observation skills; remaining unseen; crossing natural obstacles; sounds at night; health and safety precautions at night</li> </ul>
		3.2	Demonstrate how to cross natural obstacles whilst using fieldcraft techniques at night	
4	Be able to perform the duties of a sentry	4.1	Carry out the duties of a sentry correctly making sure the area is kept safe	<ul style="list-style-type: none"> <li>• <i>Duties of sentry</i>: to be alert; understanding orders; areas of responsibility</li> <li>• <i>Guidelines</i>: three principles of sentry; correct positioning of a section, location of alarm posts, posting of sentries</li> <li>• <i>Challenge</i>: be able to make the appropriate challenge</li> <li>• <i>Report</i>: report any incidents, appropriate escalation of incidents</li> </ul>
		4.2	Follow guidelines accurately to challenge and report	

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis upon personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.



# **Unit 13: Preparing for Expeditions**

<b>Unit code:</b>	<b>UE03 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>3</b>
<b>Guided learning hours:</b>	<b>15</b>

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## **Unit aim**

The aim of this unit is for candidates to develop the basic knowledge required to plan and prepare for an expedition.

## **Unit Introduction**

In this unit, candidates will learn the features of siting a camp, the safety considerations needed when siting a camp and how to respond to emergency situations.

## **Essential resources**

Organisations offering this unit need access to the necessary resources required to deliver this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know how to prepare for an expedition	1.1	Identify the key factors to consider when planning an expedition	<ul style="list-style-type: none"> <li>• <i>Preparing for expedition</i>: factors to consider, eg weather, location, duration; route cards; expedition equipment, eg personal, group, care of equipment, packing; clothing and footwear; safety considerations</li> </ul>
		1.2	Outline the use of a route card	
		1.3	Select expedition equipment	
2	Be able to site a camp	2.1	Outline the essential features of siting a camp	<ul style="list-style-type: none"> <li>• <i>Features of siting a camp</i>: campcraft, siting camp, pitching camp, striking camp; location</li> <li>• <i>Safety considerations</i>: safety when cooking, waste management, soiled ground, wild animals</li> </ul>
		2.2	Identify the safety considerations when siting a camp	
3	Know how to respond to an emergency during an expedition	3.1	List potential emergency situations in an expeditions	<ul style="list-style-type: none"> <li>• <i>Emergency situations</i>: injuries; minor, major, evacuation</li> <li>• <i>Appropriate responses</i>: immediate response, eg reassure casualty, assess situation, seek help from qualified person; calling emergency services, methods of attracting attention, communication skills, eg transferring clear information on location, number of casualties, what has happened, state of casualty, casualty age and gender; listening to instructions; record incident following relevant procedures</li> </ul>
		3.2	Respond appropriately to a given emergency situation which can occur during an expedition	

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.



# **Unit 14: Ceremonial Drill and Parade Training**

<b>Unit code:</b>	<b>UE04 04</b>
<b>SCQF level:</b>	<b>4</b>
<b>Credit value:</b>	<b>4</b>
<b>Guided learning hours:</b>	<b>16</b>

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## **Unit aim**

This unit aims to teach candidates about the purpose of squad and ceremonial drill.

## **Unit introduction**

This unit introduces candidates to squad and ceremonial duties. Candidates learn about the reasons for drill, they then demonstrate performance of squad, drill and ceremonial duties.

## **Essential resources**

Candidates must be a member of a uniformed youth organisation to participate in this unit.

Organisations offering this unit need access to the necessary resources required to deliver this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria		Unit amplification
1	Know the reasons for drill	1.1	State how drill develops personal skills	<ul style="list-style-type: none"> <li><i>Reasons for drill</i>: parade training – falling in/out in single, two and three ranks, standing to attention, standing at ease and easy, dressing, left, right and about turn at the halt, on and off berets and caps</li> </ul>
		1.2	Identify the words of commands	
		1.3	Outline how drill enables formations to move	
2	Be able to perform foot drill	2.1	Demonstrate how to perform foot drill accurately	<ul style="list-style-type: none"> <li><i>Foot drill</i>: correct performance of squad drill; smartness; saluting; when and why compliments are paid, understanding words of command and acting on them</li> </ul>
3	Be able to demonstrate ceremonial drill	3.1	Carry out ceremonial drill accurately	<ul style="list-style-type: none"> <li><i>Ceremonial drill</i>: correct performance of drill; turnout and bearing, self-confidence; self-discipline</li> </ul>
		3.2	Demonstrate safety drills correctly	<ul style="list-style-type: none"> <li><i>Safety drills</i>: correct procedures followed; safety rules followed when marching in a formed body</li> </ul>
4	Be able to perform unit ceremonies	4.1	Outline the importance of unit ceremonies	<ul style="list-style-type: none"> <li><i>Importance of unit ceremonies</i>: enrolment, identity, team cohesion, participation in historic and community events</li> </ul>
		4.2	Demonstrate unit ceremony on a parade	

## Information for tutors

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### Delivery

The delivery of this unit should be practical and participative, with an emphasis on personal development and developing responsibility through structured activities.

### Assessment

The centre will devise and mark the assessment for this unit.

The emphasis is on assessment through recorded observation of performance and oral questioning. Assessment methods include:

- assessor observation of the demonstration of practical skills
- written and oral questioning
- portfolio-based evidence
- logbook recording.

Records of assessor observations must be available for verification purposes.

Candidates must meet all assessment criteria to pass the unit.



## Unit 15:

## Working as Part of a Group

<b>Unit code:</b>	<b>UE05 04</b>
<b>SCQF level:</b>	<b>5</b>
<b>Credit value:</b>	<b>2</b>
<b>Guided learning hours:</b>	<b>9</b>

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### Unit aim

The aim of this unit is to help candidates develop skills to become active contributors when working with others on group activities and to be able to review their own progress and skills development.

### Unit introduction

This unit will help candidates to develop the skills required for working in a group through involvement in a group work task. This includes being able to review the progress of the group and their own progress and skills development and to suggest ways they could improve. Candidates will gain skills that help to develop positive attitudes and are therefore very valuable in learning and employment.

In this unit, candidates will review their achievements as individuals and as a group and make suggestions for ways they could improve their group-work skills in a stress-free situation, providing opportunities for increased motivation and enhanced self-esteem.

The unit begins with candidates establishing the ground rules needed for group-work. There will be the opportunity for candidates to take part in planning the group-work task and the individual activities needed to complete the group task.

Candidates then participate in a group task where they will be able to demonstrate that they are able to work with others in a positive way to carry out individual tasks and achieve the aims of the group task. This includes making suggestions appropriately, dealing with instructions, dealing with feedback, supporting others and requesting support from others, when needed.

Candidates then appraise the progress made by the group and their own contribution. They review aspects of the task that went well and those that were less successful. Finally, they propose ways they could improve their skills in working with others.

### Essential resources

There are no special resources needed for this unit.

## Learning outcomes, assessment criteria and unit amplification

To pass this unit, the candidate needs to demonstrate that they can meet all the learning outcomes for the unit. The assessment criteria determine the standard required to achieve the unit.

Learning outcomes		Assessment criteria	Unit amplification
1	Understand how to contribute to working as part of a group in appropriate ways	1.1 Suggest appropriate ground rules for working with others	<ul style="list-style-type: none"> <li>Establishing ground rules for working as part of a group: clear goals eg ensuring everyone is listened to, respect others opinions and views, democratic decisions, sharing understanding of expected behaviour and attitudes, sharing tasks fairly, recognising individual strengths, taking ownership</li> </ul>
		1.2 Contribute to the planning of group and individual activities	<ul style="list-style-type: none"> <li>Recognising skills and strengths to plan activities: organising skills eg encouraging contributions from everyone, motivating others, punctuality, reliability, creativity, helping others, accepting help from others, accepting constructive criticism; practical skills eg computer literacy, honesty and openness, flexibility, maintaining confidentiality; individual activities, eg researching and finding out about resources, travel, timetables, opening times, booking travel tickets, providing food, drinks, taking notes at meetings</li> </ul>
2	Be able to work as an effective group member	2.1 Work with others in a positive way to carry out individual and group activities	<ul style="list-style-type: none"> <li>Respect others contribution: listening to ideas of other group members without interrupting; agreeing group decisions; following decisions of group</li> </ul>
		2.2 Make suggestions appropriately	<ul style="list-style-type: none"> <li>Contribute to group decisions: offering own ideas eg suggesting solutions to problems faced by group, suggesting a better way of doing something, offering practical skills</li> </ul>
		2.3 Deal with instructions appropriately	<ul style="list-style-type: none"> <li>Complete own task: following instructions for task eg completing agreed task on time, completing task to satisfactory standard</li> </ul>

Learning outcomes		Assessment criteria	Unit amplification
	2.4	Deal with feedback appropriately	<ul style="list-style-type: none"> <li>• <i>Respond to feedback from others</i>: accepting feedback positively eg listening carefully, asking for clarification, asking for suggestions of ways to improve</li> </ul>
	2.5	Support others and ask for support when required	<ul style="list-style-type: none"> <li>• <i>Support other group members</i>: asking other group members if they need help eg showing group members how to do something, helping group members to complete their task, completing task for absent group member</li> <li>• <i>Ask for support from others</i>: asking for help eg when instructions need explaining, when clarification needed, to complete aspects of task</li> </ul>
3	3.1	Review the progress the group has made in working together	<ul style="list-style-type: none"> <li>• <i>Group progress in working together</i>: group progress eg all members contributed, individual strengths recognised, communication skills developed, learnt to trust one another</li> </ul>
	3.2	Describe how they contributed to the work of the group	<ul style="list-style-type: none"> <li>• <i>Individual contribution to group task</i>: individual contribution eg contributed ideas to planning, asked advice from another group member, helped another group member to complete their task</li> </ul>
	3.3	Describe what went well and what went less well	<ul style="list-style-type: none"> <li>• <i>Successful aspects of group task</i>: successful aspects eg all aspects of task completed, timeframe met, group task met aim, completed to a good standard</li> <li>• <i>Less successful aspects of group task</i>: less successful aspects eg some group members were absent, some individuals did not follow agreed instructions</li> </ul>
	3.4	Suggest how they could improve their skills in working with others.	<ul style="list-style-type: none"> <li>• <i>Improving own skills in working with others</i>: improving own skills eg learning about responding positively to feedback</li> </ul>

## Information for tutors

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### Delivery

The emphasis in this unit is to help candidates develop skills for working as an effective member of a group through involvement in a practical group-work task.

To establish appropriate ground rules for group working, candidates could work in small groups to analyse case studies of different group-work tasks, some that were more successful than others were. A question and answer session could determine the reasons for the success in the group-work, for example, some people did not complete their tasks, and some group members did not follow the group agreements. From this, key points could be collated on a board or flipchart.

Candidates could produce posters of group-working ground rules to display in for reference throughout the unit.

Identification of the group-work task, the group members and the individual activities is required at this stage of the unit. Candidates could be involved in selecting the group task. Teams could be around four to seven people. In groups, candidates could discuss possibilities for appropriate tasks and report back to the whole class.

Candidates could develop a discussion to decide which group-work tasks are manageable, achievable and match the skills and interests of the group members in 'what if' scenarios.

The groups could work together to produce a clear plan to include all tasks involved in the group work, the roles and responsibilities of all individuals and timescales. The tutor will need to use prompts to help the group to develop this plan to ensure all activities and roles for each group member have been included. A mind map or a colour-coded flow chart could act as an aide memoire during completion of the group-work task.

For learning outcome 2, candidates need to implement the agreed group-work task. Candidates could work in groups to devise a checklist to log the group-work skills they demonstrate during the task.

Candidates should be encouraged to review their own performance in the group-work task for learning outcome 3 using evidence from their checklist. This needs to include:

- the effectiveness of their individual group-work skills; and
- how their individual contribution affected the success of the overall group-work task.

Ways for candidates to develop their group-working skills could be explored through tutorials or small group discussions.

## Assessment

The centre will devise and mark the assessment for this unit.

For assessment criterion 1.1, candidates will need to list at least two ground rules required for working with others. This may be evidenced in a number of different ways, for example a leaflet, presentation or poster.

For assessment criterion 1.2, candidates will need to play a part in the planning or the whole group-work task and the allocation of individual activities. This may be presented in the form of a record of group discussions. The contribution of individuals will need to be identified and assessed; this may be through witness statements, peer group assessment or by the tutor. To meet the requirements for 1.2, documentation will need to be retained for internal and external verification.

The evidence required for assessment criteria 2.1, 2.2, 2.3, 2.4 and 2.5 may be provided by a checklist completed by candidates during the task. The checklist may take a variety of formats and will need to be verified by the tutor. Alternative methods of evidencing may be used, for example an observation or video recording.

For assessment criterion 3.1, candidates need to assess how well the group worked together during planning and completing the group-work task. Candidates may use the checklist completed during the task to review their own group-working skills for 3.2 and 3.3.

For 3.1 candidates need to give brief detail about how they contributed to the work of the group.

For 3.3, candidates need to give brief detail about one aspect of their group-work task that went well and one aspect that was less successful.

For 3.4 candidates will need to give brief details of more than one way to develop their skills in working with others. This could be explored through one-to-one discussion with the tutor. Responses should be recorded for verification purposes.

Candidates must meet all assessment criteria to pass the unit.



## 13 Further information and useful publications

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- Pearson Edexcel: **[www.edexcel.com/contactus](http://www.edexcel.com/contactus)**
- Pearson BTEC: **[www.btec.co.uk/contactus](http://www.btec.co.uk/contactus)**
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- Books, software and online resources for UK schools and colleges:  
**[www.pearsonschools.co.uk/contactus](http://www.pearsonschools.co.uk/contactus)**

Other sources of information and publications available include:

- *Pearson Equality Policy*
- *Edexcel Information Manual* (updated annually)
- *Reasonable Adjustment and Special Considerations for BTEC and Edexcel NVQ Qualifications*
- *Recognition of Prior Learning Policy*
- *Quality Assurance Handbook* (updated annually)

Publications on the quality assurance of Pearson BTEC qualifications are available on our website at [www.edexcel.com/quals/BTEC/quality/Pages/documents.aspx](http://www.edexcel.com/quals/BTEC/quality/Pages/documents.aspx)

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### Additional resources

If you need further learning and teaching materials to support planning and delivery for your candidates, there is a wide range of BTEC resources available.

Any publisher can seek endorsement for their resources, and, if they are successful, we will list their BTEC resources on our website at: [www.edexcel.com/resources](http://www.edexcel.com/resources)

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