

New Pearson BTEC Level 3 Nationals in Sporting Excellence and Performance

The new Sporting Excellence and Performance qualification has been designed for athletes on their journey to become professional sports performers.

The qualifications benefit from:

- ◆ **Mapped to the Sporting Excellence Professional apprenticeship standard**
- ◆ **Designed with the support of prestigious industry employers and professional bodies**
- ◆ **Simple structure and reduced administration**

100% internally assessed and eligible for UCAS points

Available in 360 Extended Certificate, 720 Diploma and 1080 Extended Diploma

Must comply with staffing requirements and CIMSPA practical assessment requirements for specific optional units

This qualification has restricted access and specific approval requirements are needed

How will my learners be assessed?

All evidence produced for assessment is based on knowledge, understanding and skills development.

Who is the course for?

These qualifications are intended to be taken by learners who are training with, or affiliated to, a recognised National Governing Body and/or have contract links with professional sports bodies,

where the programme of study involves performance in regular organised competitive sport, with

the intended purpose of progression to employment as an elite performer, or in elite performance.

* Learners must complete all mandatory assessment units for the relevant qualification size and achieve a Pass grade or above in each assessment criteria.

Unit (number and title) Unit size	Unit size (GLH)	Extended Certificate (360 GLH)	Diploma in Sports Coaching and Development (720 GLH)	Extended Diploma in Sports Coaching and Development (1080 GLH)
A Careers in the Sport and Active Leisure Industry	90	M	M	M
B Health, Wellbeing and Sport	90	M	M	M
C1 Developing Coaching Skills*	180			O
C2 Fitness Skills Development*	180			O
C3 Professional Sports Performer	180	M	M	M
D3 Applied Anatomy and Physiology for Professional Performance	180		M	M
E Research Project in Sport (Pearson-set)*	120		O	M
1 Sport Development	60		O	O
4 Nutrition for Physical Performance	60		M	M
7 Functional Sports Massage	60		O	O
11 Rules, Regulations and Officiating in Sport	60		O	O
13 Influence of Technology in Sport and Physical Activity	60		O	O
14 Organising Events in Sport and Physical Activities	60		O	O
15 Ethical and Current Issues in Sport	60		O	O
16 Marketing Communications	60			O
17 Corporate Social Responsibility in Sport	60			O
18 Sport and Leisure Facility Operations	60			O
19 Sports Tourism	60			O
20 School Sport Delivery	60		O	O
22 Sports Law and Legislation	60		O	O
23 Psychology for Professional Sports Performance	60		O	M

* Unit C1: Developing Coaching Skills, Unit C2: Fitness Skills Development and Unit E: Research Project in Sport can only be taken in the second year.

Key M Mandatory units O Optional units