

Qualifications overview Sport and Sport and Exercise Science

Specialism	Below Level 2	Level 2	Level 3	Levels 4/5	
Sport, Sport and Exercise Science	Same level as GCSE		Same level as A Level	Same level as University Year 1/2	
	External Assessment	BTEC Level 1/2 First Award in Sport (2012 and 2018)* (for age 14-16+)		BTEC Level 3 Nationals in Sport (2016)* (for age 16+)	
		BTEC Level 1/2 Tech Award in Sport (2022)* (for age 14-16)		BTEC Level 3 Nationals in Sport and Exercise Science (2016 and 2018)* (for age 16+)	
	Mapped to Industry Standards	BTEC Level 1 Introductory in Sport (2016) (for age 16+)	BTEC Level 2 Sports Industry Skills (Instructing Circuit Training)	BTEC Level 3 Nationals in Sport and Outdoor Activities (2019) (for age 16+)	BTEC Level 4 and 5 Higher Nationals in Sport (2018) (for age 18+)
			BTEC Level 2 Sports Industry Skills (Instructing exercise in a Gym Environment)	BTEC Level 3 Nationals in Sport, Fitness and Personal Training (2019) (for age 16+)	
			BTEC Level 2 Sports Industry Skills (Leading Children's Sports Activities)	BTEC Level 3 Nationals in Sports Coaching and Development (for age 16+)	
			BTEC Level 2 Sports Industry Skills (Recreation Assistant)	BTEC Level 3 Nationals in Sporting Excellence and Performance (2019) (for age 16+)	
				BTEC Level 4 and 5 Higher Nationals in Sport and Exercise Science (2018) (for age 18+)	

Find out more about **Industry Standards**

Listen to **Sporting Goals**, our online webinar series.

For help and advice about teaching **BTECs in Sport** email TeachingPEandSport@pearson.com



Also available in the Welsh medium

Specialist, professional and NVQ qualifications
 In addition to our BTEC qualifications, Pearson also offer a range of Specialist, professional and NVQ qualifications.
 Including EPAO for Apprenticeship Standard - Level 4 Sport Coach
 Please [see website for full details](#).



* Included in performance tables in England – see web site for full details.
 (Dates in brackets denote first teaching date.)

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BTEC Level 1 Introductory Age 16+ learners

Purpose

Designed to offer skills-based learning for your Entry Level and Level 1 learners so they can build the essential personal, social and technical skills they will need in life and in the workplace.

These qualifications offer flexible delivery options including Personal and Social Development, sector specific study or wider vocational study where learners can experience working across several sectors.

Progression

- Further study at Level 1
- Level 2 qualifications such as Level 1/2 Tech Awards or GCSEs

BTEC Level 1/Level 2 Tech Awards Age 14+ learners

Purpose

BTEC Tech Awards have been specially designed to be taught alongside GCSEs in schools as part of a Key Stage 4 study programme.

They offer your 14-16 year old vocational learners a glimpse into a professional sector and the opportunity to develop transferable skills through practical assignments and tasks.

Progression

- Further Level 2 technical study such as BTEC L2 Sport Industry Skills
- A Levels
- Further vocational study at Level 3 e.g. BTEC Level 3 Nationals with a view to going on to employment, an apprenticeship or higher education

BTEC Level 1/Level 2 Firsts Age 14-16+ learners

Purpose

Designed to offer your learners a vocational alternative to traditional qualifications such as GCSEs.

BTEC Firsts are available in a range of sizes across a variety of sectors and offer learners a broad introduction to their chosen specialism.

Progression

- Further Level 2 technical study such as BTEC L2 Sport Industry Skills
- Level 3 study such as BTEC Level 3 Nationals or A Levels
- An apprenticeship
- Employment

BTEC L2 Sport industry skills Age 16+ learners

Purpose

BTEC Industry Skills are intermediate level 2 qualifications to help post-16 learners stand out from the crowd with the skills they need to start and succeed in their careers. Employers have helped us design BTEC Industry Skills qualifications, so you have the content and approach to prepare learners for wherever their next steps may lead. Your learners will have the confidence to:

build knowledge
master skills
apply learning in practice
This means your learners can be fully prepared to take their next step, be it into a job, apprenticeship, or further study at level 3.

Progression

- Further technical study at Level 3 such as BTEC Level 3 Nationals
- Apprenticeship
- Employment
- Recognised in a specified industry role

BTEC Nationals Age 16+ learners

Purpose

BTEC Level 3 Nationals are career-based qualifications designed to give learners the skills and practical knowledge they need to move on to higher education or go straight into employment.

They can be taught alongside other level 3 qualifications as part of a wider programme of study or as the main focus of study over two years.

Progression

- Higher education
- Apprenticeship
- Employment

BTEC Nationals (2019) Age 16+ learners

Purpose

BTEC Level 3 2019 Nationals are a career-focused suite of qualifications that give your learners the skills they need to directly enter employment.

These qualifications hold UCAS points and also enable progression to Higher Education.

Progression

- Higher education
- Apprenticeship
- Employment
- Recognised in a specified industry role

BTEC Higher Nationals Age 18+ learners

Purpose

Level 4 BTEC Higher Nationals Certificates (HNCs) and Level 5 BTEC Higher National Diplomas (HNDs) are professional, technical higher education qualifications, and offer specialist vocational pathways.

They are designed to equip learners with the professional skills, techniques and personal attributes they will need for the future.

Progression

- Level 4 HNC students can progress to further study at Level 5
- Level 5 HND students could progress to a higher education degree course
- Employment