

May 2010

**Edexcel BTEC Level 3 Nationals in Sport (QCF) for first teaching from September 2010 - Unit 11: Sports Nutrition (H/502/5640)**

**Edexcel BTEC Level 3 Nationals in Sport and Exercise Sciences (QCF) for first teaching from September 2010 - Unit 12: Sports Nutrition (H/502/5640)**

The above unit has been amended to ensure compliance with the principles of the Qualifications and Credit Framework (QCF). Assessment Criteria P1 and P2 have been amended.

For P1, the assessment guidance states that learners must be familiar with the guidelines available from recommended public health sources. This has now been added as an assessment requirement for criterion P1.

**The new criteria are:**

**For P1:** *describe nutrition, including nutritional requirements using recommended guidelines from public health sources associated with nutrition.*

**For P2:** *describe the structure and function of the digestive system in terms of digestion, absorption and excretion.*